



# Workshop Pricing Guide

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**To Book or Enquire, please complete the form here:**

<https://forms.cloud.microsoft/Pages/ResponsePage.aspx?id=uglA263uJkKBaiAp22EEOf2gFmzzmNplkpZiIkTMiG5UMUVUMzJUSkcxWkowTIZVSkxCTURDQUcyUi4u>

# INTEGRITY INITIATIVE

## Workshop Pricing Model

*Our workshops are not traditional training sessions. They are facilitated experiences grounded in lived experience, designed to shift how people think, feel, and act in relation to mental health. Highly customisable, always interactive, and unconventionally creative, they bring together storytelling, systemic insight, and practical reflection to support more human, safe, and effective approaches to mental health across communities, clinical settings, and workplaces.*

*All pricing is indicative. The exact cost of every workshop is determined in conversation with you based on duration, format, level of customisation, number of participants, and delivery requirements.*

### About Our Workshops

Integrity Initiative workshops are designed and delivered by people with lived experience of mental health challenges. Every session draws on real knowledge, real stories, and understanding of what it means to navigate the mental health system from the inside.

Workshops are highly customisable and built to meet the specific needs of each organisation, community, or workforce. No two sessions look exactly the same. What stays consistent is the quality, the humanity, and the intention behind the work.

<b>Lived experience-led</b> Created and facilitated entirely by people with lived experience of mental health challenges.	<b>Interactive &amp; creative</b> Never a plain slide deck in a dark room. Always participatory, always human.	<b>Genuinely customisable</b> We build around your context, your community, and your goals.
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### Pricing Guide

The following tiers provide a starting point for pricing conversations. All figures are in AUD and exclude GST unless otherwise stated.

<b>Short Session</b> <b>\$1,200 – \$2,600 AUD</b>
<i>60 – 90 minutes</i>
<b>What's included</b> <ul style="list-style-type: none"><li>• Light customisation of one core module</li></ul>

- Interactive discussion and reflection
- Post-session summary

**Suited for:** *Introductions, awareness sessions, or events*

## Standard Session

**\$2,000 – \$4,000 AUD**

*90 minutes – 3 hours*

### What's included

- Light customisation of one core module
- Deeper facilitated discussion
- Integration of practical reflection exercises
- Post-session summary

**Suited for:** *Team development or introductory training*

## Half Day

**\$2,500 – \$5,000 AUD**

*Approx. 3 – 4 hours*

### What's included

- Light customisation of one to three core modules
- Interactive exercises and group discussion
- Introduction to systems thinking and lived experience perspectives
- Opportunity for participant reflection and application
- Post-session summary

**Suited for:** *Team training, team building, community activation*

## Full Day

**\$3,000 – \$7,000 AUD**

*5 – 7 hours*

### What's included

- Extended facilitated workshop
- Deeper exploration of themes and systemic challenges
- Scenario-based discussions and case studies
- Increased level of customisation
- Optional pre-workshop consultation

- Post-session summary

**Suited for:** *Deeper team learning, conference day, community celebration or activation*

## Strategic Facilitation – Multi-Session \$5,000 – \$15,000 AUD depending on scope

*Multiple sessions over time*

### What's included

- Multiple workshops or sessions over time
- Strategic alignment to organisational goals
- Integration with internal initiatives or training programs
- Ongoing consultation and adaptive delivery

**Suited for:** *Sustained impact and culture change*

## Bespoke Pricing on application

*Fully custom scope*

### What's included

- Original workshop designed and developed specifically for your needs
- In-depth pre-consultation and co-design
- Fully customised content, resources, and delivery approach
- May include resource development, internal frameworks, or tailored tools

**Suited for:** *Organisations requiring something entirely original*

Optional additions	Variables that affect pricing
<ul style="list-style-type: none"> <li>• Resource packages (fixed price + cost per unit)</li> <li>• Pre-session consultation and tailoring</li> <li>• Post-session resources or extended reporting</li> <li>• Travel and accommodation (if required)</li> <li>• Venue hire support</li> <li>• Catering (optional)</li> </ul>	<ul style="list-style-type: none"> <li>• Duration and format (virtual or in-person)</li> <li>• Level of customisation and preparation required</li> <li>• Number of participants and audience type</li> <li>• Inclusion of additional resources or materials</li> <li>• Travel and delivery requirements</li> </ul>

- Event support (venue, catering, promotion)

## Access & Concession Pricing

*Integrity Initiative believes that lived experience education should be accessible to everyone, not only well-resourced organisations. If you are a community group, peer-led organisation, small NFP, or individual with limited budget, **please reach out**. We are committed to finding a way to make the work accessible, and we will never turn away a community that genuinely needs it.*

The following groups may be eligible for reduced, subsidised, or in-kind pricing:

- Community groups and grassroots organisations with limited budgets
- Peer-led and lived experience-led organisations
- Schools, youth services, and community health services in regional or under-resourced areas
- Individuals or groups with lived experience seeking to access workshops for personal development

***Please don't let budget be the reason you don't reach out. We'd rather have the conversation.***

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Every workshop begins with a conversation. Get in touch to discuss your needs, and we'll take it from there.

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