

DIARY STUDY

DESIGN ICEBERG COMPANION / Record evidence and assumptions separately. Name the decision and date your version.

RESEARCH QUESTION

Which repeated experience and decision matter?

PARTICIPANTS & DURATION

Who, which period and why this coverage?

TRIGGER & ENTRY PROMPT

When should someone respond? What should they record?

ACCESS & RECORDING CHOICES

Format, privacy, consent and manageable effort.

PILOT & SUPPORT

Check the burden; agree reminders and pause options.

INTERPRETATION PLAN

How will episodes, changes and missing entries be reviewed?

BELOW THE SURFACE

Review the interpretation before acting. Preserve the evidence, uncertainty and reasoning behind the next decision.

EPISODE & TIMESTAMP

When did the event happen and when was it recorded?

PARTICIPANT ACCOUNT

Preserve the account and relevant context.

RESEARCHER INTERPRETATION

What might it mean? Keep inference separate.

GAP OR RECORDING CONDITION

What is missing or may have shaped the entry?

FOLLOW UP QUESTION

What needs neutral clarification?

DESIGN IMPLICATION & LIMIT

What can this episode inform, and what cannot it establish?