

Dr. P.R. Subas Chandran Ph.D., (Psy)

A non-clinical Psychologist, Freelance

Journalist, Motivational Speaker & Biographer,

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<https://twitter.com/subas1951> www.subaschandran.com



About me:






My passion lies in inspiring and motivating individuals to excel in life. Through engaging, interactive, and humorous speeches, I aim to break the barriers in people's minds and encourage them to embrace growth as their birthright. As a non-clinical psychologist, I have developed tailored educational programmes for teachers, civil service aspirants, students, and entrepreneurs.




It's wonderful to share that Professor William Pieratt, DO, FACP provided positive feedback regarding the programme's content and PPT presentation. As the Chief Academic Officer, Dean, and Executive Vice President of Academic Services at Burrell College of Osteopathic Medicine in New Mexico, USA, his satisfaction with the programme's effectiveness is truly heartening. In addition, his expressed desire to attend another programme is a testimony to my presentation.

In recognition of my services to the educational field, I am/was nominated to the following committees:


- Member : Senate, SNDT University, Mumbai, Maharashtra (2018-2023)
- Member : Faculty of Behavioural Science, National Forensic Sciences University, Ahmedabad, Gujarat (2021-2023)
- Member : Senate, Bharathiar University, Coimbatore, Tamil Nadu (2016-2019)
- Member : General Council, Damodaram Sanjivayya National Law University, Vishakapatnam, Andhra Pradesh (2013-2016)
- Member : Board of Studies in Social Work, Dr. B.R. Ambedkar University, Srikakulam, Andhra Pradesh (2015)
- Member : Board of Studies, Indira Gandhi National Tribal University, Amarkantak, Madhya Pradesh (2015)
- Member : Board of Studies in Journalism, Calicut University, Calicut, Kerala
- Member : Board of Management, EMRC Calicut University, Calicut, Kerala
- Member : Board of Management, Indira Gandhi National Tribal University, Amarkantak, Madhya Pradesh (2015)

-  Member : Board of Management, EMRC Pondicherry University, Pondicherry, TamilNadu (2012-2015)
-  Member : Strategic Communication Group (National Literacy Mission Authority), Ministry of Human Resource Development, New Delhi (2010-2013)
-  Member :Governing Board of Consortium for Educational Communication (CEC), an Inter-University Centre established under University Grants Commission (UGC), Government of India (2009-2012)
-  Member: Governing Body of Bharatiya Vidya Bhavan's New Science College, Hyderabad (2009-2012)

Present position:

-  Youtuber: **Subas TV**^R Telecasting dynamic content. A non-clinical Psychologist, Freelance writer, Motivational speaker & Shortfilmmaker




Media Accreditation Card No:

-  HDQSO (Issued by Government of Telangana) Valid up to **30-08-2024**


Contributed to:

-  Dinamani : Tamil newspaper from Tamil Nadu
-  The Indian Express : English Newspaper, published from Mumbai
-  Alive : English monthly, published from New Delhi
-  Woman's Era : English fortnightly, published from New Delhi
-  Deccan Chronicle : English daily, published from Hyderabad
-  Andhra Prabha : Telugu daily, published from Hyderabad
-  Vaartha : A Telugu daily, published from Hyderabad Hyderabad
-  Swati : Telugu weekly, published from Vijayawada
-  Swatantra Vaartha : Hindi daily, published from Hyderabad
-  Kumudam : Tamil weekly, published from Chennai
-  Nakkheeran : Tamil bi-weekly, published from Chennai
-  Dainik Statesman : Bengali daily, published from Kolkata
-  Tamil Lemuria : Published from Mumbai










Contributing to:

-  Online magazines-Trip Advisor & Quora
-  Google map with **40** million views
-  Swati Telugu weekly








Associations and Activities:

-  Resource Person - Career, guidance, and counselling for Department of Employment and Training, Government of Tamil Nadu **vide letter**


#Tho.Aa/15750/2021 dt. 24/08/2021

-  **Nominated as one of the committee members by the 1st Bench HC Madras to implement its directives in WP 17095/2018 dt 30-08-2022**
-  **Nominated as one of the Expert Committee Members by the 1st Bench HC Madras to assist the health department in WP30367/2015 (2017- till date)**
-  Member - **Managing Committee, Indian Red Cross Society**, Andhra Pradesh Chapter, Hyderabad (2004-2005)
-  Life Member - **Indian Red Cross Society**, Andhra Pradesh Chapter since 1999
-  **Freemason Morland** Lodge #25 Hyderabad 1992
-  Member - **Central Advisory Contract Labour Board**, Ministry of Labour, Government of India (1980-1990)
-  **Have filed 30+ PILs** in the High Courts of Tamil Nadu, Kerala, AP and Supreme Court of India with a visible contribution for the benefit of the public
-  **Have produced five short educational films in English** - two for EMMRC, EFLU, one for EMMRC, OU and two for Pondicherry University
-  A regular traveller to foreign countries to deliver programmes

Something to Quote:

-  Published 22 pocket-size books on Lifestyle (2023) (Free download from www.subaschandran.com)
-  Written more than 1,000 articles on human rights in Tamil, Telugu, Hindi and English, highlighting the problems faced by the underprivileged
-  Authored a compilation of info titled **“Why Modi Should Become PM?”** - a pre-election publication with a message from Mr. Narendra Modi (2015).
-  Authored **Aakaasameehaddu, a compilation of interviews of 72 women officers** in Swathi, Telugu weekly, featuring women bureaucrats, judges and entrepreneurs of Andhra Pradesh (2011)
-  The Telugu translation of the biography **“Naa Talaratha Rasindevuru”** was released on January 26, 2009, by (Late) Dr. Y.S. Rajasekhara Reddy, the Chief Minister of Andhra Pradesh.
-  **Who Wrote My Destiny”** is an authorised biography- included in the syllabus of a Ph.D. course at Kakatiya University in Warangal (2013)
-  Author of A Multi-lingual (English, Hindi, Tamil, Telugu and Urdu) authorised biography of Mr. Sushilkumar Shinde, the Union Minister for Home (2013)

Human Resource Development Programmes:

-  I hold a Postgraduate degree in Applied Psychology. I am also a certified practitioner of Neurolinguistic Programming from The National Federation of Neurolinguistic Psychology, USA. I have been conducting personality development programmes at various institutions and a few of them are: (to date more than **400**

programmes in India & Abroad)

Online Programmes:

- 🍏 CGST Commissionerate Kutch Gujarat (July 2024)
- 🍏 Employment & Training Govt. of Tamil Nadu - Coimbatore & Chennai, Tamil Nadu
- 🍏 CISF - Cochin Airport, Tirupathi, Coimbatore, Calicut, and Mangalore
- 🍏 Taj Green Cove Resort, Kovalam, Kerala
- 🍏 CISF – Thiruvananthapuram, Calicut, Tirupati, Visakapatnam Airports
- 🍏 TSHWCS LTD (TSCO) - Govt. of Telangana, Narayanaguda, Hyderabad Telangana
- 🍏 Meenakshi Mission Hospital and Research Center – Madurai, Tamil Nadu
- 🍏 Meenakshi Hospital – Thanjavur, Tamil Nadu
- 🍏 Maharashtra Industrial Development Corporation- Mumbai, Maharashtra
- 🍏 CGST Commissionerate - Chennai, Gujarat, Govt. of India
- 🍏 Mahatma Jyotiba Phule Andhra Pradesh Backward Classes Welfare Residential Educational Institutions Society (MJPAPBCWREIS) - Vijayawada, Andhra Pradesh
- 🍏 Raja Sarfogi, Govt. College - Thanjavur, Govt. of Tamil Nadu

Regular Programmes: Updated (till date 2024)

- 🍏 Judicial officers, Tenkasi District Tamil Nadu (July 2024)
- 🍏 Dist Police Office Vijayanagara (2024)
- 🍏 MGIT College Davangere (2024)
- 🍏 Dist Police Office Davangere (2024)
- 🍏 CISF Mumbai Airport (2024)
- 🍏 Maha Genco Nagpur Koradi TPS (2024)
- 🍏 Radisson Hight Tech City, Gachibowli, Hyderabad (2024)
- 🍏 NITHM -National Institute of Tourism & Hospitality Management, Hyderabad, Govt Of Telagana (2024)
- 🍏 CISF – Tiruchi International Airport Tamil Nadu (2024)
- 🍏 CISF -High Court Madurai Bench, Tamil Nadu (2024)
- 🍏 Maharashtra Power Generation Company Ltd. Mumbai 2024
- 🍏 Taj Santacruz Mumbai Airport, Maharashtra 2024
- 🍏 Rotary Club of Lake District Moinabad Dist 3150 2024
- 🍏 CISF Coimbatore International Airport 2023
- 🍏 Govt. Thiruvarur Medical College, Tamil Nadu 2023
- 🍏 Courtyard by Marriott Aravali Resort, Faridabad, Haryana, 2023
- 🍏 Ibaraki Prefectural Tsuchiura First High School & Affiliated Junior High School Japan 2023
- 🍏 Meenakshi Nursing College, Kottakudi, Madurai, Tamil Nadu 2023
- 🍏 Police Commissionerate Greater Chennai Tamil Nadu 2023
- 🍏 Maruthu Pandiyar College, Thanjavur Tamil Nadu 2023
- 🍏 Telangana State Judicial Academy, Hyderabad 2023
- 🍏 CISF Hyderabad Airport 2023
- 🍏 Burrell College of Osteopathic Medicine, USA 2022
- 🍏

- IG West zone @ Coimbatore Tamil Nādu 2022
- 🍏 Tamil Nadu State Judicial Academy Chennai 2022
- 🍏 BESCOM - Bangalore, Govt. of Karnataka
- 🍏 APSRTC - Vijayawada, Govt. of Andhra Pradesh
- 🍏 CISF - Chennai Airport
- 🍏 Airport Authority of India - Chennai Airport, Chennai
- 🍏 MJPTBC - Welfare Hostel's Principal - Temple Road, Keesara, Hyderabad
- 🍏 CISF - Madurai
- 🍏 CISF – Thiruvanandapuram
- 🍏 Billroth Hospital - Chennai
- 🍏 CISF - Sivagangai
- 🍏 Monash Multicultural Indian Club - Monash University Melbourne, Australia
- 🍏 Sethupathi Women's College - Ramanathapuram, Tamil Nadu
- 🍏 Tamil Nadu Police Academy – Chennai
- 🍏 Andhra Pradesh Judicial Academy - Secunderabad
- 🍏 Air India Limited - Mumbai, Maharashtra
- 🍏 Meenakshi Mission Hospital & Research Centre - Madurai, Tamil Nadu
- 🍏 Central Industrial Security Force - Madras High Court, Chennai
- 🍏 Indira Gandhi National Tribal University - Amarkantak, Madhya Pradesh
- 🍏 Raj Bhavan Staff - Raj Bhavan Mumbai, Maharashtra
- 🍏 Gondwana University - Gadchiroli, Maharashtra
- 🍏 CISF - Calicut Airport, Calicut, Kerala
- 🍏 Raj Bhavan Staff - Raj Bhavan, Chennai, Tamil Nadu
- 🍏 Meenakshi Hospital - Thanjavur, Tamil Nadu
- 🍏 District Police Office - Nalgonda
- 🍏 Govt. Arts College - Melur, Madurai, Tamil Nadu
- 🍏 District Police Office - Tirunelveli, Tamil Nadu
- 🍏 CISF - Oil & Natural Gas Corporation, Mumbai, Maharashtra
- 🍏 The Heron Portico Hotels - Nairobi, Kenya
- 🍏 The Raintree Hotels - Chennai, Tamil Nadu
- 🍏 Care Hospital - Nampally, Hyderabad
- 🍏 Damodaram Sanjivayya National Law University - Visakhapatnam, Andhra Pradesh
- 🍏 Dr. B.R. Ambedkar University - Srikakulam, Andhra Pradesh
- 🍏 ITC Grand Chola - Chennai, Tamil Nadu
- 🍏 Police Department North Zone - @ Alanthur, Chennai, Tamil Nadu
- 🍏 District Police Office - Pudukottai, Tamil Nadu
- 🍏 National Forensic Sciences University - Gandhinagar, Gujarat
- 🍏 Preca Solutions Private Limited - Hyderabad
- 🍏 CISF - Raipur International Airport, Raipur, Chattisgarh

- 🍏 Universal Hospitals -Abu Dhabi, United Arab Emirates
- 🍏 Radisson HITEC City - Gachibowli, Hyderabad
- 🍏 District Police Office - Nagapattinam, Tamil Nadu
- 🍏 The Gateway Taj Hotels - Madurai, Tamil Nadu
- 🍏 Global Multinational Corporation - Manila, Philippine
- 🍏 Green Park Hotel - Vishakapatnam, Andhra Pradesh
- 🍏 District Police Office - Thanjavur, Tamil Nadu
- 🍏 National Institute of Technology – Warangal
- 🍏 54 Infantry Division - General Officer Commanding Head Quarters, Secunderabad
- 🍏 Samasthah Private Limited - Singapore
- 🍏 Aditya Park in Hotel - Ameerpet, Hyderabad
- 🍏 National Mineral Development Corporation Limited, Masab Tank, Hyderabad
- 🍏 Center Training College - Central Reserve Police Force, Mudkhed, Maharashtra
- 🍏 AVOWS Technologies - Kualalumpur, Malaysia
- 🍏 CISF - Rajiv Gandhi International Airport, Hyderabad
- 🍏 National Industrial Security Academy, Hyderabad
- 🍏 Northeastern Electric Power Corporation Limited - Shillong, Meghalaya
- 🍏 Birla Institute of Technology & Science - Pilani, Hyderabad
- 🍏 Home Guards of Andhra Pradesh - Hyderabad City Police, Hyderabad
- 🍏 CISF - Visakhapatnam Airport, Andhra Pradesh
- 🍏 Dr. Y.S.R. National Institute of Tourism & Hospitality Management,Hyderabad
- 🍏 Anti-Corruption Bureau Head Quarters - Banjara Hills, Hyderabad
- 🍏 Dr. Manthana Satyanarayana Aarogyalayam - Vijayawada, Andhra Pradesh
- 🍏 District Police Office - Thiruvallur, Tamil Nadu
- 🍏 Assam Rifles - HQ 26 Sector, Pallel, Manipur
- 🍏 Cyberabad Police Commissionerate - Gachibowli, Hyderabad
- 🍏 Sarva Shiksha Abhiyan - Department of Education, Govt. of Manipur
- 🍏 Police Training College - Government of Tamil Nadu, Chennai
- 🍏 District Court - Sangareddy, Medak District, Hyderabad
- 🍏 Regional Passport Office - Secunderabad, Hyderabad
- 🍏 Rashtriya Madhyamik Shiksha Abhiyan - Department of Education, Government of Manipur, Imphal, Manipur
- 🍏 Andhra Pradesh Police Academy - Hyderabad
- 🍏 Pondicherry University Offshore Campus - Port Blair, Andaman & Nicobar Islands
- 🍏 87th Foundation Course for Central Civil Services and IFS - @ Dr. Marri Channa Reddy Human Resource Development (MCR HRD) Institute of Andhra Pradesh, Hyderabad
- 🍏 V. V. M Sri Pushpam College - Poondi, Thanjavur, Tamil Nadu
- 🍏 University of Calicut - Govt. of Kerala
- 🍏 Telangana University – Nizamabad

- 🍏 Visakhapatnam Steel Plant - Visakhapatnam, Andhra Pradesh
- 🍏 Kakatiya University - Warangal
- 🍏 Chennai Police Commissionerate - Adayar, Chennai, Tamil Nadu
- 🍏 Educational Multimedia Research Centre - Anna University, Chennai, Tamil Nadu
- 🍏 Power Finance Corporation Limited - Govt. of India, New Delhi
- 🍏 National Institute for Micro - Small and Medium Enterprises, Ministry of Micro, Government of India, Hyderabad
- 🍏 Dravidian University - Kuppam, Andhra Pradesh
- 🍏 Integra Eduventure - Nagpur, Maharashtra in association with Aura – The Finishing School, Malaysia and India at Nagpur
- 🍏 Maulana Azad National Urdu University - Hyderabad
- 🍏 Krishna Teja Group of Institutions - Tirupati, Andhra Pradesh
- 🍏 Dayananda Sagar Institutions - Bangalore, Karnataka
- 🍏 RBVRR Reddy Women's College – Hyderabad
- 🍏 National Informatics Centre, Govt. of India, Hyderabad
- 🍏 Andhra Pradesh Forest Academy - Govt. of Andhra Pradesh, Hyderabad
- 🍏 Centre for Electronic Media - Pondicherry University, Pondicherry, Tamil Nadu
- 🍏 Andhra Pradesh State Road Transport Corporation - Hyderabad
- 🍏 G.H. Rasoni Academy for Administrative Services - Nagpur, Maharashtra
- 🍏 Nizam's Institute of Medical Sciences (NIMS) - Hyderabad
- 🍏 Institute of Health Systems - An institutional partner of the Alliance for Health Policy and Systems Research (AHPSR), World Health Organization (WHO) - Hyderabad
- 🍏 Bharatidasan University College for Women - Thanjavur, Tamil Nadu
- 🍏 Vignan Bharati Institute of Technology - Hyderabad
- 🍏 Consortium for Educational Communication - New Delhi
- 🍏 Post Graduate College of Science - Osmania University, Hyderabad
- 🍏 Police Training College - Anantapur, Andhra Pradesh
- 🍏 Centre for English Language and Training - Osmania University, Hyderabad
- 🍏 S.V.K.P. and Dr. K.S. Raju Arts & Science College, Penugonda, West Godavari, Andhra Pradesh 2004
- 🍏 Andhra Pradesh Study Circle for Backward Classes - Govt. of Andhra Pradesh, Abbas Nagar, Kurnool
- 🍏 Andhra Pradesh Study Circle for Backward Classes - Govt. of Andhra Pradesh, Hyderabad



Conferences/Seminars Attended:

- 📄 ***Delivered keynote address- Stressed out and exhausted? You Investigate yourself- at Investicon, India's first health sector hybrid green conference-10th October, 2023- Thanjavur, Tamil Nadu***
- 📄 ***National conference on Resuscitation India Summit,2023 and Beyond from 19th-21st May organised by The Indian College of Emergency Medicine @ MMHRC Madurai***





Tamil Nadu

-  **Mind Matters in Indian Community on 20th May 2017** - A mental health awareness programme by Agency for Integrated Care, **Singapore**
-  **National Symposium on Emergency Medicine 2016** - Organized by Meenakshi Mission Hospital & Research Centre, Madurai on 13th February 2016 in Madurai, **Tamil Nadu**
-  **Media Co-Ordinator for International Convention on Virtual Education - 'Issues, Challenges and Prospects, organized by Consortium for Educational Communications, University Grants Commission held on 24th & 25th of February 2012**
-  **Conference on 'Envisioning of CEC's objectives and goals and realigning in the context of Higher Education Policies on ICT and e-Learning'** - Held on 16th & 17th November 2011 at Magnolia Hall, India Habitat Centre, Lodhi Road, New Delhi
-  **International Literacy Day and Conference on 'Women's Literacy for Inclusive and Sustainable Development,'** jointly organised by the **Ministry of Human Resource Development, Government of India and UNESCO, Paris** - on 8th to 10th September 2011 in New Delhi
-  **National Workshop on 'Saakshar Bharat, Belem Framework and Literacy Initiatives for Empowerment (LIFE)'** - on 27th & 28th June 2011 in Bangalore

Personal Profile:

-  Father's Name : (Late) P. Raju Naidu
-  Date of Birth : 30th July 1951

Languages known:

-  Speak : English, Tamil, Malayalam, Hindi and Telugu
-  Read : English and Tamil
-  Write : English and Tamil
-  Address for correspondence : Plot No. 146, G6-22
Swaminarayana Nagar Colony
B. N. Reddy Nagar
Gurramguda
Hyderabad – 501510
Telangana, India

Something Special: I have written a will to harvest organs and donate my cadaver to the medical college while my property would go to charity.