

Kara Barnes

Founder + Ops Nerd · Backstage Ops

Helping high-performing thought leaders design sustainable, profitable businesses behind the scenes — so they can stay in the spotlight.



Empower your audience to operationalize their brilliance.

NOW BOOKING ONLINE AND ONSITE PROGRAMS

SIGNATURE SESSIONS

01

Built to Book

Organizing your operations to attract the right opportunities

Master the backstage of a growing business. Identify your growth phase, align systems with your revenue goals, automate the manual work, and reclaim the mental margin to lead.

02

The Second-in-Command

Finding the right-fit right-hand partner

Stop being Chief of Everything. Design and hire your ideal second-in-command, audit the bottlenecks slowing delivery, and install management rhythms that free you to lead the vision.

03

The AI-Powered Practice

Designing your future workforce

Move past the hype. Audit operations, restructure roles for digital labor, and add capacity without headcount — blending human brilliance with machine efficiency and automation.

STAGES + STORIES



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I've spent tens of thousands on systems that didn't move the needle. Kara's clarity and tailored approach were refreshing — and frankly, a relief.

“

She takes what could be a very abstract concept and turns it into something people can actually understand — then gives you actionable steps. That's the perfect combination.

“

Kara is the answer for so many of us who feel stretched too thin and unsure how we should be spending time, energy, and resources in our business.

BOOK KARA

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