SCLEROTHERAPY/GENTLEMAX VEIN TREATMENT POSTCARE INSTRUCTIONS

## WHAT SHOULD I EXPECT AFTER TREATMENT?:

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- You may experience redness and swelling immediately post-treatment along with the possibility of bruising, which may occur post-treatment and may last for 5-7 days.
- It is possible that blood trapping may occur which would cause redness, tenderness/pain, and swelling to a site treated. This may result in an ulcer forming or discoloration of the skin. *If this occurs, please contact the office at 206-539-0675.*

## WHAT SHOULD I DO FOR HOMECARE AFTER MY TREATMENT?:

- You should keep the compression pads, bandage, and stocking on continuously for 5 days.
- After this, you may remove the pads and bandage and then replace the stocking which should be worn for a further 7 days.
  - During these 7 days, you may remove the stocking to shower, and at night if you wish.
  - If you find the stocking comfortable and wish to wear it for longer, this may be helpful.
- You should do plenty of walking after treatment, however, avoid strenuous physical activities.
- It is unlikely that veins will improve after one treatment, you may need several treatments.
  - You will need to be seen again in a few weeks and further injections can be performed at that stage.
- Keep the area treated out of direct sunlight, however, if you must go out into the sun, please **apply a mineral-based sunscreen daily post-treatment.**