

	Positive Motion Rehabilitation Infection Prevention and Control Policy and Procedure	Implementation Date	17/11/2025
		Date for Review/Update	17/11/2026
		Recent Update	17/11/2025
		Version	1.1

Infection Prevention and Control Policy and Procedure

1. Purpose

To prevent and control the spread of infections among patients, staff, volunteers, and visitors, ensuring a safe environment in compliance with the Aged Care Act 2024 and ACT public health requirements.

2. Scope

This policy applies to all staff, volunteers, contractors, patients, and visitors within Positive Motion Rehab.

3. Definitions

- **Infection:** The invasion and multiplication of microorganisms in body tissues, causing illness or disease.
- **Standard Precautions:** Basic infection prevention practices applied to all individuals, regardless of infection status.
- **Transmission-Based Precautions:** Additional practices used when standard precautions are insufficient to prevent transmission.

4. Policy Statement

- Positive Motion Rehab is committed to minimising infection risks through evidence-based practices, education, and compliance with legislation and guidelines.
- All staff must adhere to infection prevention and control procedures at all times.

5. Procedure

5.1 Standard Precautions

- Perform hand hygiene before and after all resident contact, after removing gloves, and after contact with potentially contaminated surfaces.
- Use personal protective equipment (PPE) such as gloves, masks, gowns, and eye protection as appropriate.

- Practice respiratory hygiene and cough etiquette.
- Clean and disinfect equipment and surfaces regularly.
- Safely handle and dispose of sharps and clinical waste.

5.2 Transmission-Based Precautions

- Implement contact, droplet, or airborne precautions as required for specific infections (e.g., gastroenteritis, influenza, COVID-19).
- Notify relevant health authorities of notifiable diseases as required by ACT law.

5.3 Outbreak Management

- Identify and report outbreaks promptly to management and public health authorities.
- Follow outbreak management plans, including enhanced cleaning, cohorting, and visitor restrictions.
- Communicate with patients, visitors, and staff about outbreak status and control measures.

5.4 Staff Health and Immunisation

- Ensure staff are immunised in accordance with current recommendations (e.g., influenza, COVID-19, hepatitis B).
- Exclude staff from work if they are unwell or have a communicable disease.

5.5 Education and Training

- Provide infection prevention and control training at induction and annually for all staff and volunteers.
- Update training in response to emerging risks or changes in guidelines.

5.6 Monitoring and Continuous Improvement

- Conduct regular audits of infection control practices.
- Review and update policies and procedures in line with legislative or guideline changes.
- Investigate and respond to infection control breaches or incidents.

6. Responsibilities

- All staff are responsible for adhering to infection prevention and control procedures.
- Managers are responsible for ensuring compliance, providing resources, and supporting staff.

7. References

- Aged Care Act 2024
- Aged Care Quality Standards
- [Australian Guidelines for the Prevention and Control of Infection in Healthcare](#)