

EDITION 29
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closer

THE HEART IS DRAWN
TO KINDNESS

*How Rasulullah ﷺ softened
even the hardest of hearts*

11 September 2025



Closer

by aa

your curated weekly spiritual booster delivered straight to your Inbox

*The heart is drawn
to kindness, and through
the boundless compassion
of Rasulullah ﷺ, even
the hardest hearts softened.*

Assalamualaikum my Champions,
(and a warm welcome to our Baby Champs!)

Through the different sessions we've been having about Rasulullah ﷺ, I've learned a very important lesson: that all hearts, especially the hardest of hearts, crave kindness, like a parched desert yearning for the first drops of rain. There are so many stories in the life of Rasulullah ﷺ where we find an endless spring of compassion that nourished every soul it touched.

His kindness, ﷺ, knew no bounds, because his kindness, ﷺ, did not discriminate - it flows freely to the rich and the poor, the friend and the foe, the believer and the cynic. His gentle presence, ﷺ, was a balm, a soft whisper of grace that could melt even the toughest of hearts. '

Allah SWT beautifully describes in the Qur'an, saying, **"And We have not sent you, [O Muhammad], except as a mercy to the worlds"** (Quran 21:107). This divine declaration captures the essence of Rasulullah ﷺ's mission: kindness that envelops every being, from a pebble to the mountains, and mercy that embraces the smallest creature to the vastness of the Universe.

Whether it was the neighbour who hurled insults or the stranger seeking aid, Rasulullah ﷺ met each heart with so much grace that it softened the edges of even the most stubborn souls. His words were gentle, his actions deliberate, each one a testament to the truth that **kindness is the key to unlocking humanity's deepest potential for good.**

In his presence, ﷺ, the brash softened, the angry found peace, and the lost discovered direction. He taught us that kindness is not weakness but a strength that reshapes the world, one heart at a time.

But most of all, I have learned that Rasulullah ﷺ's kindness is a reflection of the ***Rahmah*** (Mercy) and ***Rahim*** (Compassion) of Allah SWT Himself. And that Allah SWT's boundless Love, Mercy, and Gentleness surpasses all! **If Rasulullah ﷺ could embody such kindness, how much greater is the Mercy of the One who created him, ﷻ?**

Subhanallah. 🥺

Champs, I pray that in our daily lives, may we weave Rasulullah ﷺ's kindness into our every interaction. Let us pause before we speak, choosing words that heal rather than wound. Let us offer a smile to the stranger, patience to the frustrated, and generosity to those in need, knowing that our small acts of kindness echo the Sunnah of Rasulullah ﷺ.

Let us ***own*** and embrace the role, the honour, and the trust of being from the Ummah of Rasulullah ﷺ, who was sent only to be the mercy to all of the worlds.

a beautiful du'a

Ya Allah,
allow me to find
the blessings in
every test and be
aware of the tests
in every blessing.

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#abeautifuldua

I've been making this Du'a as a reminder to myself that this Dunia is not perfect. This prayer is also an invitation for us to peek at life through His Gentle Wisdom - to be aware that in every trial there is a hidden gift and for every blessing, a sweet reminder to stay humble. This Du'a has also been a nudge for me to always have trust in His perfect plans for us. May this be of benefit to you ladies as well. ❤️

gratitude garden



GRATEFUL FOR HONEY

My heart brims with gratitude for the golden gift of honey that soothes both body and soul. I am currently a little unwell, but I remembered this hadith where Rasulullah ﷺ once advised a man whose brother was suffering from abdominal pain, and Rasulullah ﷺ said, “Let him drink honey.” When the man returned for the second time, Rasulullah ﷺ repeated again, “Let him drink honey.” The man came again for the third time and again, Rasulullah ﷺ repeated, “Let him drink honey”.

Upon his 4th return, the man said, "I have done that ' so Rasulullah ﷺ then said, "Allah has said the truth, but your brother's abdomen has told a lie. Let him drink honey." So he made him drink honey, and his brother was cured. ([Bukhari](#)) Subhanallah! So with full Yaqeen, I have been sipping warm water with honey, lemon, and cloves, and through Allah SWT's Mercy, I am able to finish today's Closer email thanks to this divine remedy!

collective khatam



Super grateful to share that our 4th Collective Quran Khatam for this year is now open! Champs, if you can recite even a page, please put your name down and join us in this barakah-filled deed. Praying for our AA Plus family to always be a family of Quran, **Amin!** PS: More instructions and details are on the link below!

[Join our Collective Khatam Here!](#)

mindset shift

JEALOUSY
ISN'T JUST A
FEELING.
IT'S A CRACK
IN OUR TRUST
IN ALLAH.

aaplus

Jealousy slips into our hearts like a silent thief, robbing us of peace and sowing seeds of doubt about Allah's flawless plan. It's more than a fleeting emotion to brush aside; it's a subtle warning of a potential crack in our trust in Allah SWT. When we envy others, we inadvertently question the wisdom of Al-Adl, the Most Just, who declares in Surah An-Nisa: "And do not wish for that by which Allah has made some of you exceed others. For men is a share of what they have earned, and for women is a share of what they have earned. And ask Allah of His bounty. Indeed Allah is ever, of all things, Knowing." ([Quran 4:32](#)). So when envy creeps in, remind ourselves that every blessing is divinely ordained, tailored for each soul. May we mend that crack with gratitude and constant du'as, trusting that Allah's provision is always perfect, enough, and never has the "wrong address".

visual reminder

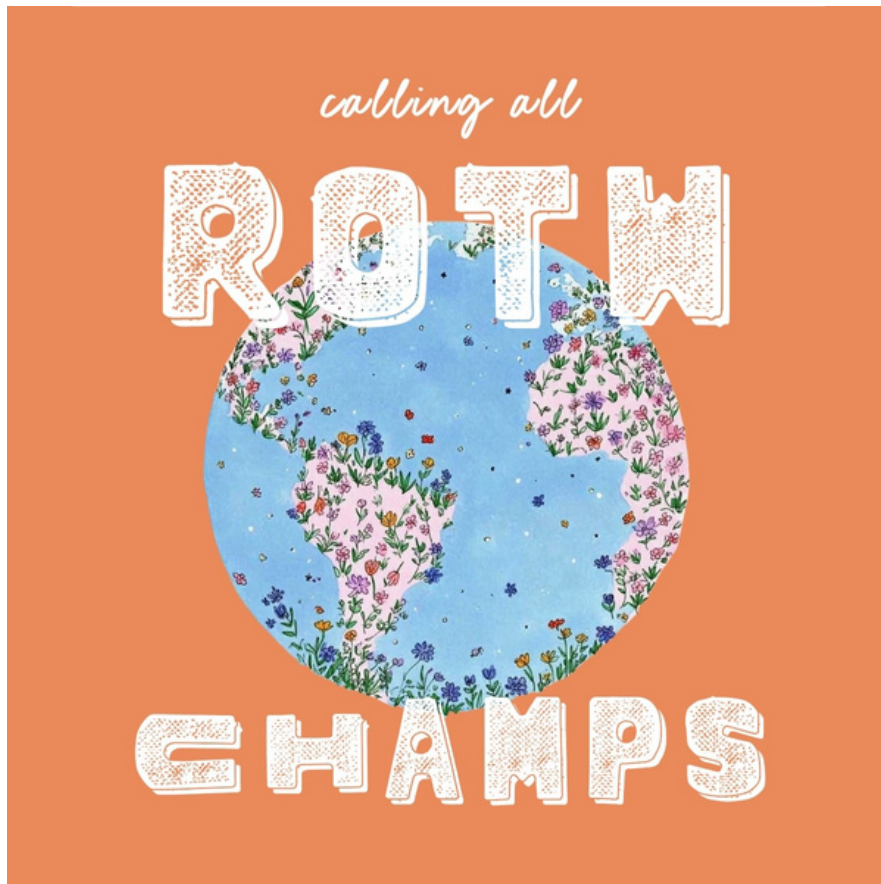


For our recent launch, [we crafted a special PDF](#) to introduce potential Champs to the vibrant world of AA Plus. I envisioned a cosy space gracing the cover - a perfect symbol of what AA Plus means to me: a cherished home. :) We designed a simple pastel house with blue windows and blooming flowers, featuring our beloved cats, Noor and Khair, lounging on the table, infusing a heartwarming, familiar touch.

A little backstory for our newest Champs: Noor and Khair were adopted around the same time AA Plus came to life, which explains why there are so many playful cat motifs sprinkled throughout our designs! 😊 Truly, these two reflect the growth and comfort our community has nurtured over the years, and I hope this wallpaper brings a smile to your face, just as it did to mine!

[Download Wallpaper Here!](#)

ps:



ROTW (Rest of the World) Champs, I am excited to share with you that we have been hosting some Community Sessions that are more ROTW timezone-friendly! So if you currently live OUTSIDE of Asia (eg: Middle East / US / Australia / Europe etc), but really want to join the intimate and not recorded Halaqah sessions, reply to this email and I'll share more!

FIN.
x
a
