

Daily Care Log

One page for today.
What happened, when, and who was there.

Caring for _____ Date _____ Logged by _____

MEDICATIONS

Time	Medication	Dose	Given
			☐
			☐
			☐
			☐
			☐

VITALS

Blood pressure	Pulse	Temperature	Oxygen	Blood sugar	Weight

MEALS AND FLUIDS

Note what, and about how much

Breakfast _____	Lunch _____
Dinner _____	Snacks _____

Fluids, check one box per glass ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐

DAILY CARE

☐ Bathing _____	☐ Dressing, grooming _____
☐ Toileting _____	☐ Mobility _____
☐ Sleep _____	☐ Skin, wound care _____
☐ Social time _____	☐ Household _____
☐ Errands, transport _____	

MOOD, THINKING AND PAIN

Mood _____ Thinking ☐ Clear ☐ Some confusion ☐ Very confused

Pain, circle one ☐ 0 ☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 ☐ 6 ☐ 7 ☐ 8 ☐ 9 ☐ 10 Where _____

CONCERNS AND NOTES

Anything different from usual today?

☐ **Fall or near fall** When and what happened _____



Did you know you can log care on your phone?

The Carespondence app keeps a record of care in one place. Tap to record care as it happens, then share an update with family or the care team.

Scan to try it free for 7 days, or visit carespondence.com/log