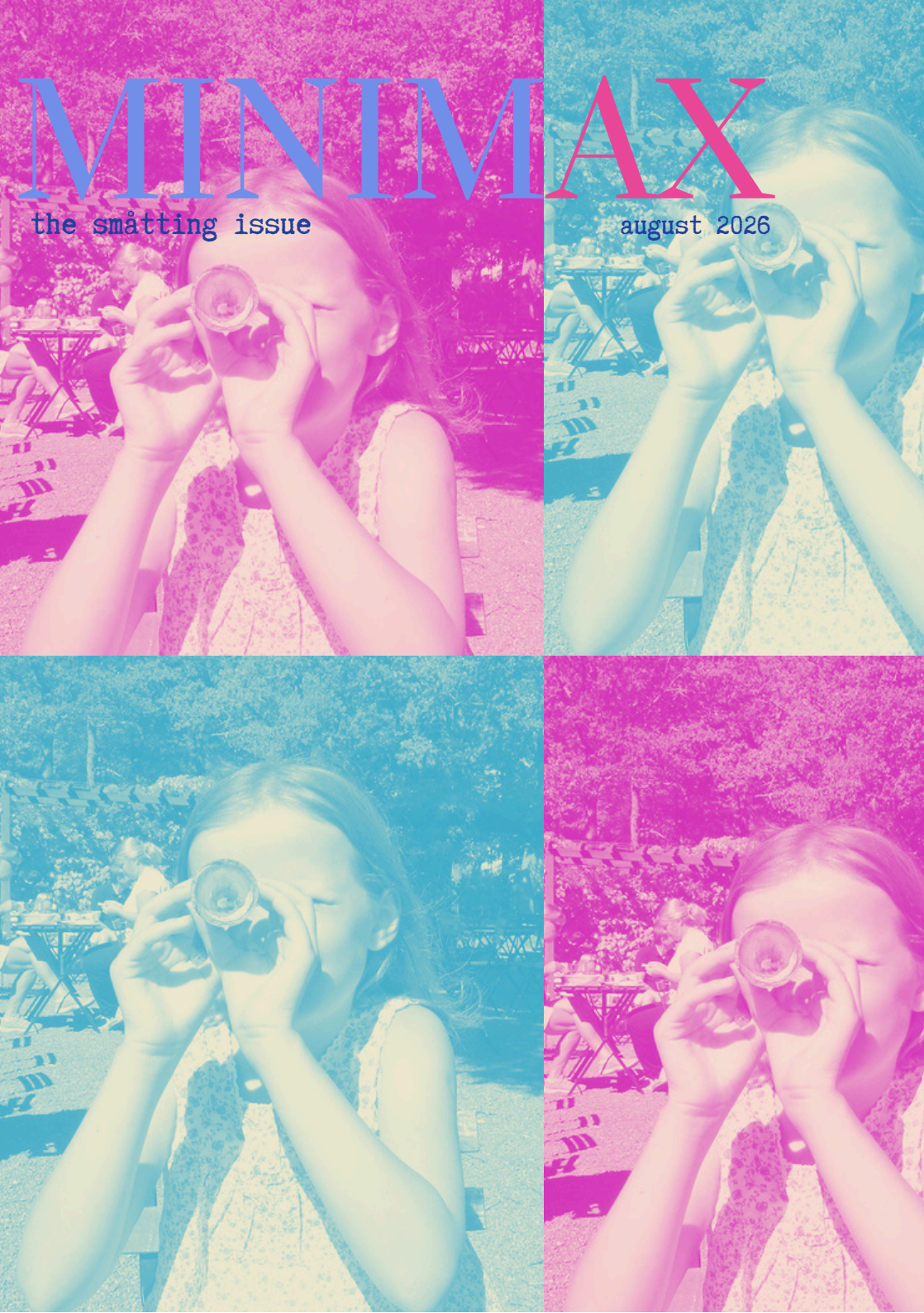




MINIMAX

the småtting issue

august 2026

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Change is always scary. Having to adjust to new environments, people, and routines is all but comfortable. Starting at university encompasses all of that, and more. We know, because we remember how we felt when starting SSE. Because of that, we have created this special edition of Minimax for you - the småtting issue. Hopefully, something in this issue can help you feel a little more safe in and excited about this new world that you're entering.

See you around!



(Trude Elger, Editor-in-Chief)

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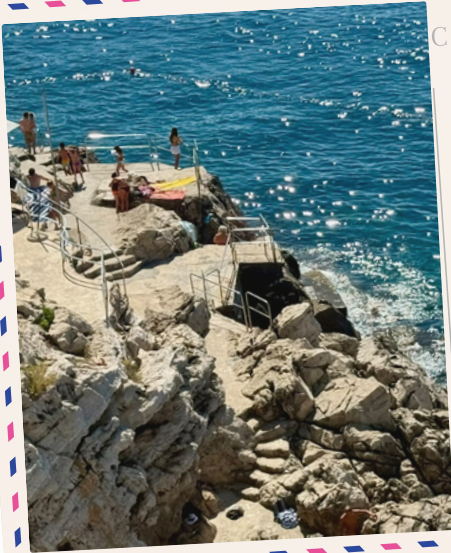
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CARD



This summer I spent mostly back in Lithuania catching up with family and friends I had missed while in Sweden. Also did some little travelling to bring you this view of Croatia. I can't believe summer is finishing up, but I'm so excited for the year ahead and hope all of the Småttingar are looking forward to many days of so much entertainment and enthusiasm!

-Saulė



I have had an amazing summer together with old and new friends! I went hiking in the Swedish mountains, I went to a techno festival, I went to London, and I of course attended Stockholm Pride alongside SASSE!

-Trude



This summer I solo
backpacked around Europe
with a skateboard and
flixbus, meeting SO many
cool and wonderful people.

-Jim



I got to spend a wonderful
summer split between four
countries! Filled my heart
with camp kids in England,
Chicago, family in Lithuania,
and stupidly fun nights in
Stockholm. Can't wait to come
back and see what this year
entails xoxo

-Goda



ARD

This summer I turned 20, yet
still felt like a teenage
girl. This summer I reunited
with loved ones back home,
yet missed my uni friends
dearly. This summer I fell in
love with Lanzarote, yet
appreciated the landscapes
back home the most. And
finally, I found peace and
quiet, but I am ready for the
rush of SSE again!

-Maja

A to Z – a guide to SSE

By: Trude and Saule

All of your class will gossip about the best seminar teachers. Listen! You will thank yourself later.

Bring lunch to school or get ready to become very familiar with every possible combination of the salad bar at coop.

Cutlery will be forgotten at home, but don't fret! Some nice wooden ones can be found in Expen for the humble price of 3 kr.

Don't commit class incest <3 You will have to face your one-time småtting makeout every day for the next three years.

Exam results? Within an appropriate amount of time after the exam? It might happen, it might not.

Free food and insights into industries you have barely even heard of. Sounds intriguing to you? Attend a lunch lecture!

Get used to having the same exact conversation 17 times a day for the first month. Try not to forget all of the names at once.

Hunger Games, the SSE version, will take place in the atrium every time there's a spons drop. For WFD, it's worth it.

If you soon find yourself to be in the Bunker, remember that it is the real inauguration to being an SSE student.

Jag kommer by Veronica Maggio is played at every single event that you is ever hosted at SSE. If you don't know it already, you will.

Keep as calm as possible while the piano tuner keeps hitting the same exact note for the seventy-ninth time. Yes, this might occur while you're writing an exam, and yes might be actively going insane. But he's just doing his job.

LinkedIn is tragically a mandate when you attend SSE. Start the grind immediately.

Menti will be used. Be mature about it.

No study spots in the library or the atrium? House of Innovation and the Retail building are your best shots at some undisturbed study time.

Overcommitting to group projects is a rookie mistake. Don't take on all the work yourself. Don't use up all of your time. Don't sacrifice your sleep. Remember that it's probably worth less than 10% of your grade.

Ponder at the intensity of inVESTment bank yearners around you, and evaluate how the quality of your life may change if you, too, had a designer vest.

Quarell with your project group members over what font fits the highest number of words on a page in the report. (Reduce the spacing and margins and hope the report won't be limited by word count.) (It will be.)

Reason with yourself that going on a trip every weekend before the Duggas is justifiable. Matter of fact, good for boosting morale.

Småttingsjukan is inevitable, but also important to recover from quickly due to the sheer amount of midterms in late September. Good luck with that.

The Reflection series is an insightful, perspective-driven, thought-provoking, and mandatory course. Sadly, its professors will probably have you seated reflecting on basic empathy for three hours straight when you're behind on your studies and have a five hour exam two days later.

Uwill not understand everything – Johan Båge.

Volunteer for Handelsdagarna if you can appreciate a banquet on sleep deprivation. The trauma bonding is profoundly deep.

Weekly meal planning is a complete waste of time. You will end up living on 7/11 sandwiches, butter pasta and nocco.

Xxx kiss when you can (but once again, not someone in your class, for you own well-being.)

Yearn for peace available only during the 4 days after exams. (Yes, that is the only break you get.)

Zoom through the hardships of your first year and see of how fast time passes. What's waiting for you is unique, despite the high pressure. Try to fill this year with your own authentic choices and find joy in the chaos.

A Warm Welcome to Handelsspexet (The Student Farce)

Since 1959, SSE students have been putting on a unique form of comedic theatre known as a Spex, part of a Swedish university tradition that is more than 200 years old. A Spex combines acting, dancing, and live music into a spectacular performance held once a year.

Handelsspexet is your home for traditional Swedish student life at SSE. Beyond keeping the Spex tradition alive, you will find a close community, memorable banquets, the legendary Spex weekend at Enoksro, and much more.

You do not have to be a performer to enjoy Handelsspexet. Our team includes musicians, party fixers, sponsorship coordinators, filmmakers, costume designers, and many more. We also welcome students from all years and programs, creating a unique mix of bachelor's and master's students.

Want to be part of our tight-knit team and help make the 2027 Spex better than ever? Keep an eye out for Handelsspexet during recruitment, or come talk to us anytime. We look forward to meeting you!

/ Agnes Bertilsdotter,
Birger von Schenck &
Julijsa Krumina,
Spexpresidium 2027





Design by Goda

StUU!dy tips

Starting university will be different than anything you have done before. Between your first SASSE interviews, your first banquet, and your first midterm, you will quickly realise that your first exam period is already upon you. To assist you during these stressful times, we have gathered our best studying tips in this guide. We hope they can be of use!

Erina Papathanasiou (UU president)

Sara Segergren (UU Head of Master Programs, Teaching Assistant)

- Find your own optimal study techniques. Some people study alone, others want company. Some learn better by reading, others by listening or speaking; and this may vary from course to course as well. Do not be afraid to try different things during your first year at SSE; studying is a skill to learn in itself.
- Be curious about what you are learning. Question assumptions, talk to the teacher during breaks, or look at explanations online. It will make you better prepared for exam questions later on.
- Study consistently. Help your future self by taking notes during lectures, writing down questions, and preparing for seminars. It will be much easier to start studying when exams approach if you have already organised your material along the way. You will be especially happy about this when you need to study three courses at the same time!
- Set concrete goals. Do not just study Microeconomics for two hours; study until you know how to solve optimisation problems without looking at the answer sheet.
- Study like you are about to teach it. Would you be able to explain concepts, problems, and methods to your friends? This is one of the best ways to see whether you really understand the material in depth.
- Study alone before studying in a group, and make group sessions useful. The best questions come when you have already gone through the exercises yourself and know exactly where you struggle. Studying together can truly be fun and help, but make sure it is worth your time. Ask each other meaningful questions, set timers, go through old exams. Also encourage each other to rest and reset your mind, do not drown in stress!
- REST! Studying is important, but what's more important is your health. It is easy to get caught in the excellence net, so make sure to take care of yourself. Grades are not everything.
- Look at past exams. What questions typically show up? Which models seem to matter most, and what kinds of problems should you be able to solve? Also, read the solutions backwards. Start from the final answer and work your way up: why was this step necessary? What was required to get there? Recognise patterns so that you can apply them in different contexts, instead of simply memorising them.

- Collect your mistakes and find where you went wrong. Understand what you tend to struggle with, and study those parts in particular.
- When you write an exam, remember that your answer sheet is one among many. Make sure to be clear, reason, and justify. Read the questions carefully and answer each part. Spend more time on the questions that are worth the most points. Your grade is often decided by the small points you can gather throughout the exam.
- Be kind to yourself! You don't always need to aim for an Excellent. Other parts of university life are just as important.

But the most important thing is not to let studying take over your entire time at SSE. Go to the banquet, join that SASSE project, have coffee with your friends, and enjoy every moment between lectures and seminars. University is about so much more than grades (and you probably study better because of it).

SSE students' best memories from last year





SPEX trip!

media week banquet of
COURSE

spexxx!

The fabulous SSG fashion
show!!!

meeting all of my beautiful friends

the gasque!!!

Exam fika!

Barcelona with Cheer
and IDU!

Visiting the national
museum for free jazz
performances with the art
division :)

Cooking Time: ~25 mins

- Level: Beginner
- Cooking Time: ~25 mins
- Servings: 2-4 person



Ingredients

1. 500g pasta of your choice (Rec: Farfelle or Pipe/Lumache Rigate)
2. Oil
3. Salt
4. ~400g minced beef (or meat of your choice)
5. Seasoning of your choice (Rec: Black pepper, cumin, paprika, oregano)

Yoghurt Sauce

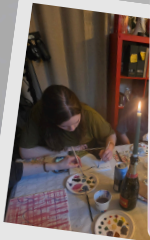
1. Yoghurt
2. Garlic (Optional)
3. Salt (Optional)

Toppings

1. Butter (or oil of your choice)
2. Paprika
3. Dried Mint

For a vegetarian alternative:

You can swap meat with tofu or skip it entirely, it will taste good either way, so trust your taste buds and senses!



Design by Goda



"Student Recipe: Pasta with a Turkish Twist" By Irmak Öztüfenk

1. Boil some water in a pot.

2. Put some salt to bring the water's boiling temperature higher as pasta loves the heat.

3. Put some oil to prevent your pasta from sticking to the pot or each other. I prefer using olive oil because I like how it smells whilst the pasta is cooking, but any oil should work.

If you have a non-stick pot, you can choose to skip this step or still add some as it enhances the taste, too.

4. Finally, put in your pasta, though, be careful not to throw a huge chunk at once

so that you do not spill hot water around or onto you.

5. Cook your pasta until it suits your tastes, whether you like it al dente or cooked until soft.

You can lower the stove temperature slightly but make sure that the water is high enough

for the pasta. My trick is to avoid covering the pot with a lid at this step because the trapped heat and starch causes water to foam and make a big mess.



6. Turn off the heat for the pasta, drain it, set it aside, and move onto the meat part.

7. You can use your pasta pot if you wish or grab a pan. First, put some oil and let it heat for a minute or so. Then, put the minced meat, the spices of your choice, and a clove of minced garlic if you are not on a date. Do not forget to stir it while cooking.

8. Cook until the meat changes colour and does not stick together as before. Usually, minced meat takes about 10 minutes, so be careful not to burn it. The amount of oil you use will impact the dryness of meat so try finding the "lagom" for you.

9. Turn off the heat for the meat and move onto the yoghurt sauce. Traditionally, the yoghurt is mixed with some salt, minced garlic, and just a splash of water in a bowl. However, if you like your yoghurt the way it is or are short on time, you can just use it alone.

10. Assemble pasta, meat, and the yoghurt sauce in a plate in the order of your choice. My go-to is pasta at the bottom followed by meat and yoghurt sauce on top. This way it feels just like the traditional mantı (aka Turkish dumplings/ravioli).



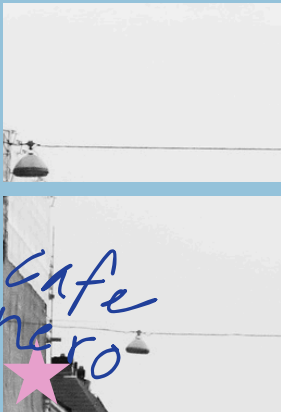


bar
etton



pascal

SSE



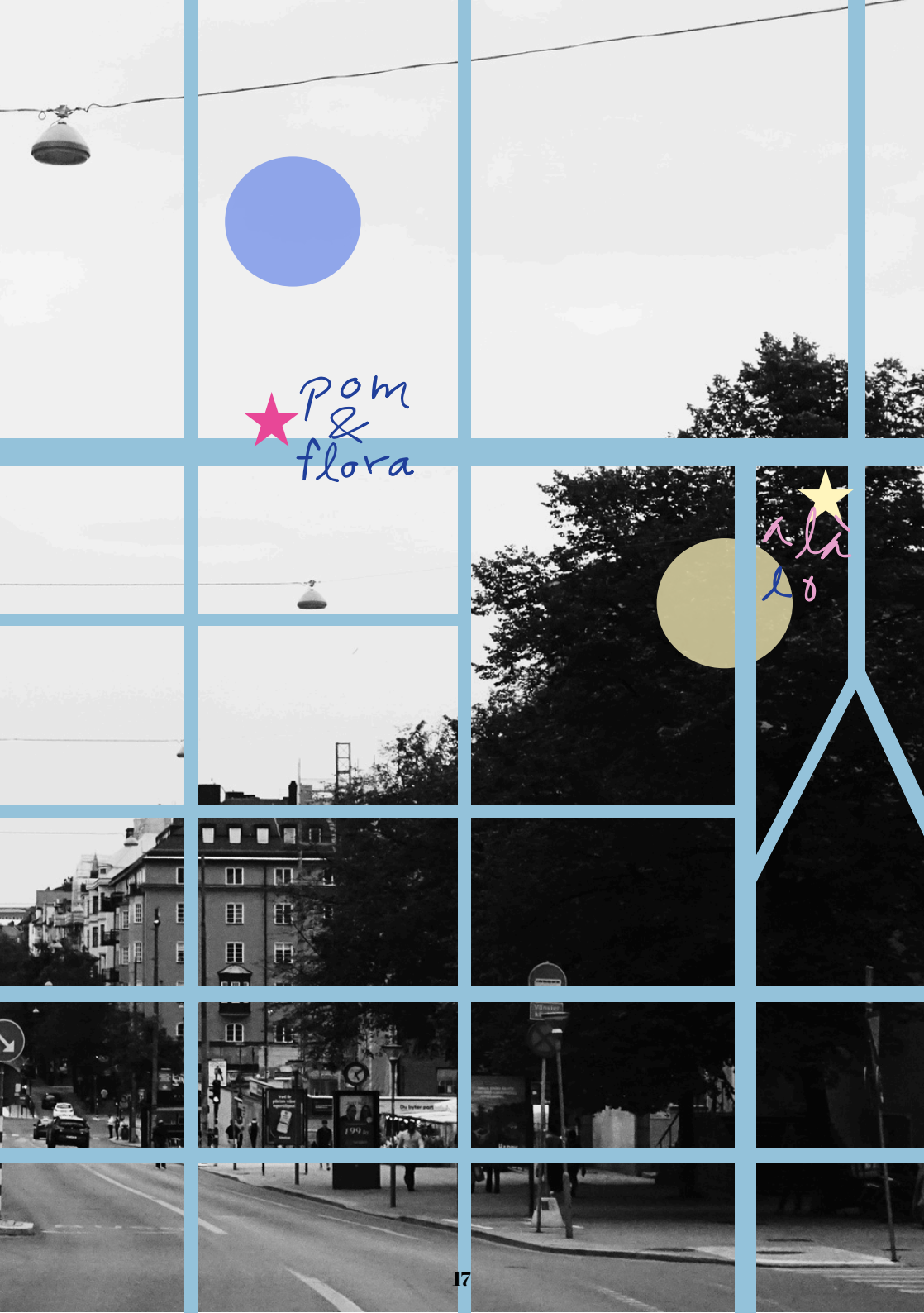
Cafe
hero



caffetteria
italiana

Stockholm is a big city with many opportunities to have a nice afternoon fika with your friends. Here are some of my favorite cafes close to uni.

By Trude



★ pom
&
flora

★ ala
lo

QUIZ! Which committee should you join?

Ah committees, committees... perhaps the most notorious aspect of SSE student life. Very soon, you will be roped into endless introductions in questionable rooms, and perhaps even subject yourself to a long and constantly growing list of interviews. But which committee is the perfect one for you? May this quiz be a helping hand in figuring that out...

By: Trude and Saule

What are your main goals for your time at SSE?

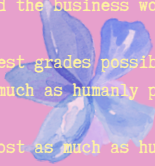
- a) To understand the business world better and have enough opportunities to show off all of my finest suits.
- b) To get the best grades possible.
- c) To party as much as humanly possible and maybe trash a few places...but then clean it all up nicely.
- d) To party almost as much as humanly possible, but only at Östermalm.
- e) I don't know.
- f) To keep feeding into my creative side alongside my not so creative studies.
- g) To get in shape and go on an absurd amount of trips for obscure tournaments where four teams in total compete.
- h) To meet many different kinds of people and learn about their cultures and lives!

Who are you in class?

- a) The one with a way too overpacked schedule.
- b) The nerd.
- c) The life of the party.
- d) The life of the party (preferably in Östermalm).
- e) The laid-back one.
- f) The creative one!
- g) The one who brings a card deck to the bar and a football to the picnic.
- h) The one who somehow knows everybody.

When was the last time you used a physical pen?

- a) Like for signatures? Almost every day.
- b) A pen? Today. A pencil? Also today. A marker? Also today. A whiteboard pen? Also today.
- c) Maybe when I signed for my apartment.
- d) Maybe when I signed for my apartment in Östermalm.
- e) Does an iPad pen count?
- f) Today or yesterday.
- g) I don't own one of those.
- h) My notes are digital, ryanair is strict with sharp objects.





The committee common rooms are places where one might spend some time, if one joins a committee. What aspects are most important to you when it comes to a room?

- a) It should be very tiny and not have a very weird smell.
- b) It should be located very close to the SASSE president, so that they know I'm following all the rules and can check on me at any point.
- c) If it's a little disgusting, I don't really mind. You get used to weird smells with time.
- d) It has to have a very long sofa and a lot of pink.
- e) A gamer mancave. Bonus points if there is an extra - but tiny - Gamer mancave inside the first gamer mancave.
- f) It has to be big! I need space for a large table, chairs, a bookshelf, some monitors, a sofa, two PS5's, a TV, a bar, and a massage chair. Otherwise I don't want it.
- g) It would be lovely if it had a sort of weird loft as a storage unit. And it should smell a bit off as well.
- h) A middle sized room with no windows in the basement, close to where all the shipments come in. I like a cozy bunker feel.

What single item would you bring to a deserted island?

- a) A fridge filled with energy drinks.
- b) My notes (I have an exam in a month).
- c) A speaker.
- d) Some kanelbullar
- e) A PS5. Might as well be entertained while I await potential doom.
- f) A camera or some art supplies.
- g) A football.
- h) A giant turkey.



What do you like to do with your time off from studies and work?

- a) Time off from work? What do you mean? Why would I take time off from work?
- b) I like to read. Only non-fiction though.
- c) I like to party.
- d) I like to party. At Östermalm.
- e) I don't know.
- f) I like anything that allows me to express myself: writing, drawing, photographing etc.
- g) Gym. Sailing. Golf. Football. Gym.
- h) I like seeing new places and meeting new people.

If you could only attend one of the following events during your first year, which one would it be?

- a) London Investment Banking week.
- b) Do lectures count?
- c) Intro banquet!
- d) Gasque!
- e) Tech days
- f) Minimax release parties!
- g) Any fun tournament.
- h) Oktoberfest!!



results on the next page...

Results...



a) NU / Business committee: You will fit right in with the ones dressed in the finest suits in the atrium, the ones who always have somewhere important to be. They run Women's Finance Day, London Investment Week, and about a dozen other things, and are so (not) mysteriously more employed than the rest of us. Corporate baddies at heart, and also the ones covering half the school's lunch bill during their (almost) daily lunch lectures.

c) PU / Entertainment Committee: The oldest committee at SASSE, running since 1921, but with an unwaveringly youthful spirit. They're the reason the Rotunda has seen, heard, and smelled things that can never be spoken of. Loud, chaotic energy they bring to SASSE may occasionally be hard on the eardrums, but they are the ones responsible for the nights you'll actually remember from your time here, and be someone to blame for the rough mornings after.

e) TechU / Tech committee: Maybe the most mysterious committee of SASSE. Aside from the famous techdays, few people know of what actually goes down in the weirdly halloween-themed committee room where pizza sometimes appears... But they seem to have fun, so why not try it out?

g) IDU / Sports committee: If you become active here, your calendar is already filled. Sports that you never heard of have training sessions every other day, and the amount of tournaments all over Europe seem to be endless. Everyone's a little jealous of them every time they head off on these sport trips - at least until Dugga retake season hits...

b) UU! / Education committee: Get ready to join the committee that is (probably) the most known and loved. The most locked-in academics of us all host study sessions with the best seminar teachers, they make sure everyone gets their studying done as effectively as possible, and they are always your first line of defence when an exam feels borderline illegal. Somehow they balance that seriousness in a committee room plastered wall-to-wall with Minttu, which tells you everything about the range of these people.

d) SU / Social committee: Welcome to PU's calmer sibling. Or so you'd think, until you get a blank stare from your interviewer after humbling yourself in front of 20 people. But they are also the ones that give you smättingar the warmest welcome possible to this humble university, and they are the ones showing up during the exam periods with fika when you're a redbull away from a generational breakdown over python.

f) MedU / Media Committee: You seem to belong at the harbour for all of the creative projects of SASSE: Minimax, TEDx, Fokus, Handels TV, Music and Business, and many more. If you enjoy using a camera, a mic or simply expressing a creative side, or an opinion, this is the committee for you. (Also has the best committee room in the building, mainly because of its size and incredible massage chair.)

h) INTU / International committee : Welcome to the committee where anyone will feel at home! In this mixed group of internationals and Swedish people, everyone can find something they like. Not only do they host amazing banquets for everyone and events for exchange students, they also let you join them on embassy visits, if that's more your thing.



MINIMAX BOARD 2026/2027

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we recruit! We're looking
forward to meeting you.

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