



## FRESH START 2020

FAMILY SERVICES & FOODBANK INC

### MESSAGE FROM THE CHAIR & KAIWHAKAHAERE

We are honoured to share this message with you as we reflect on the triumphs and unwavering commitment of our Committee, Staff, Volunteers, Alliances, and Partnerships. As we reflect on the past year, we are filled with gratitude and optimism for the future of our people, our children.

Our theme for this year's report, "Change the Statistics," encapsulates the heart of our mission – transforming the numbers that define hunger and food insecurity in our community. Hunger statistics are stark and sobering.

In Te Hiku many families struggle daily to access nutritious food. However, together we have the power to change them, and with your support, we are making significant strides. Together we have worked to meet the need. Enduring the impact of the rising inflation, the end of the critical pandemic and the increased fuel utilities and food costs. These hardships intensified the demand for our services placing even greater pressure on our organisation to do more for those in need.

Food is a connection uniting us at a communal table and serving as a reminder of our community humanitarian.

This year, we have focused on innovative solutions to address hunger and food insecurity. By breaking down barriers and creating supportive environments, we are feeding more families and fostering hope for a brighter future. Our commitment to changing the statistics extends beyond providing food. Throughout the year, we have concentrated on advocacy, community engagement, and supplier partnerships, that empower those we serve.

The stories of those we support are a testament to our collective impact and the transformative power of our efforts.

"Lots of things happen, sometimes out of our control and getting help - food - is such a lightening thing".

"I have always worked, my hours have been cut recently due to funding cuts, so I can't afford a lot of food. Thanks to the foodbank for making a difference in my local community".

"My benefit has been stopped and it's a real problem for me waiting to be re-instated- Thank you for your help".

"We were overwhelmed and delighted with the food you supplied- gave us 6 weeks respite from worrying where the next meal is coming from, gave us breathing space, helped us get on top of everything".

"Our cupboards are full we keep going in the kitchen to open the doors and look"

This year's report reflects our theme, a remarkable milestone marking a significant impact that community engagement, collaboration, and fostered partnership ensures that our people get access to nutritious meals more than ever before. Our staunch commitment propelled us all to meet the evolving needs of our communities. These outcomes have attributed to improving the overall access, contributing to improving the overall health and well-being of the individuals and families experiencing severe food insecurity.

As we look ahead, we stay dedicated to changing the statistics and creating a healthier, more equitable Te Hiku.

Thank you for your firm support and commitment to our cause. Together, we have made a lasting difference.

The statistical data for the FY24 13,181 people (a 158% increase on FY23) relied on our collective services to interrupt, intervene, reduce the severe food insecurity crisis and build community resilience, distributing over 836kg of recovered and rescued , fruit and vegetables, 920kg of donated meat, 550 loaves of bread, 140kg of milk powder and other goods to local marae, health provider, kohanga daycares, schools, and into the homes of the people in and around Te Hiku.

This is the stark and sobering reality of the need in our communities.

From 01 April to 30 September 2024 (6 months) we have provided food, personal care and other goods and products to 13,830 people – (6,182 Adults and 7,648 Children).

The need has intensified.

#### **The Team for FY23-24**

**Chair** - Julie Rickit

**Secretary / Treasurer** - Janine Baker

**Kaiwhakahaere** - Sophie Smith-Cressy

**Assistant to Kaiwhakahaere / Member** - Floella Simeon

**Reception / Food Bank Support** - Cinda Farrington

**Work Experience Placement** – Cinda Farrington, Steve

**Members** - Jean Beazley, Shane Timmerman, Cheryl Hoek, Rosemary Anderson, Vincent Rudolph, Craig Hobson, Vanessa Susich- Copeland

**Volunteers** - Shane P, Shane, Lizzie, Jane, Annie T, Annie R, John, Michael, Sarah

#### **FY24 Performance Report**

##### **The Performance Report reflects the Entity's Outputs Pg 7-8.**

As mentioned above we have seen a 158% increase on the number of people (Adults and Children who presented food insecure.

##### **The Statement of Receipts and Payments Pg 9.**

The organisation maintained an adequate level of cash to meet our ongoing operational requirements.

##### **Employee Loans**

Given to a staff member to purchase a laptop for her studies. The Loan was repaid in full 3 months after balance date.

##### **Related Party Transactions**

The organisation acknowledges the working relationship between the Executive and its Kaiwhakahaere. A one-off non-taxable annual fee is paid in lieu of their duties for the organisation.



## **Acknowledgements:**

A full list can be found in our FY24 Performance Report and on our website: [www.freshstart2020inc.org.nz](http://www.freshstart2020inc.org.nz)

Thank you to all who helped power community-based solutions to address the severe food insecurity crisis we have had to endure over this last period.

It goes without saying to,

- The many households, whanau, individuals, who have openly shared and provided insights into the challenges they face daily and provided feedback
- Ministry of Social Development, Trust Grants, Philanthropic funding organizations and individual donors
- Our network of supply Partners, and local community organisation

None of the success to reduce hunger, build community resilience, resourcing of rescued and/or recovered goods and increase food access to the isolated communities would be possible without your generosity and belief in our organisation. Your overwhelming support for this community is unbelievable.

Thank you for your commitment and kindness.

## **Key Changes**

Before 5<sup>th</sup> April 2026 we will need to re-register our organisation under the Incorporated Societies Act 2022 and provide a constitution that is compliant with the New Act 2022.

## **Going Forward**

As we look to FY25 we recognise that the financial climate will remain challenging in the year ahead.

- We need to look at long-term funding which aligns with our purpose to plan for the future.
- Funding support that provides stability, and certainty allowing us to focus on our effectiveness and extending the impact we have in communities of need.
- To achieve equitable food access for all where every person can realise the right to food.

There are a couple more important pieces of our journey that we want to bring to your attention to where we hope, you our supporters, donors and our community networks may be able to assist.

We are looking for:

- Shelving for the additional non-perishable food storage allowing us to warehouse more shelf stable foods and;
- A chiller for non-perishable foods.

A lot of non-perishable / perishable goods are donated through food rescued / recovered donors.

Nga Mihi



Julie Rickit  
Chairperson



Sophie Smith-Cressy  
Kaiwhakahaere