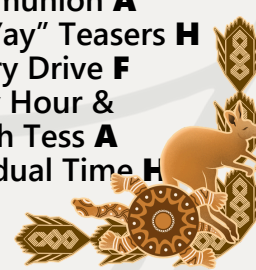


YALLAMBEE LIFESTYLE & WELLBEING ACTIVITY CALENDAR

July 2026



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
AC - ACACIA AT - ATRIUM BS - BILLS SHED F - FOYER G - GREVILLIA LOUNGE H - HOUSES L - LAUREL LOUNGE		01 09:45 Morning Chats H 10:15 House Meeting H 10:25 Exercises H 10:45 Word Games H 1:30 Bingo G 3:40 Individual Time H	02 09:45 Morning Chats H 10:15 Exercises H 10:45 Brain Teasers H 1:30 Bill Bishop G 3:40 Individual Time H 4:00 Bible Study G	03 ALICE IN WONDERLAND DAY 10:15 Exercises H 10:45 Fri "Yay" teasers H 10:45 Anglican Church G 1:30 Alice in Wonderland High Tea & Happy Hour G 	04 09:45 Morning Chats H 10:15 Exercises AT 10:45 Brain Teasers AT 1:30 Hoy G 3:40 Individual Time H	05 NAIDOC WEEK 09:45 Morning Chats H 10:15 Exercises AT 10:45 Brain Teasers AT 1:30 Bingo G 3:40 Individual Time H 
06 NAIDOC WEEK 09:45 Morning Chats H 10:15 Walking H 1:15 Coles F 1:30 NAIDOC Craft G 3:40 Individual Time H 4:00 Group Exercise AC 	07 WORLD CHOCOLATE DAY 09:45 Morning Chats H 10:15 Exercises H 10:45 Brain Teasers H 1:30 Chocolate Day G 2:30 Coffee Club Cafe 3:40 Individual Time H 	08 NAIDOC WEEK 09:45 Morning Chats H 10:15 House Meeting H 10:25 Exercises H 10:45 Word Games H 10:45 Community Church G 1:30 Bingo G 3:40 Individual Time H 	09 NAIDOC WEEK 09:45 Morning Chats H 10:15 Exercises H 10:45 Brain Teasers H 1:30 Memory Lane G 3:00 Food Appreciation T 3:40 Individual Time H 4:00 Bible Study G 	10 NAIDOC WEEK 10:15 Exercises H 10:30 Communion A 10:45 Fri "Yay" Teasers H 1:15 Mystery Drive F 1:30 Happy Hour & Singing with Tess A 3:40 Individual Time H 	11 NAIDOC WEEK 09:45 Morning Chats H 10:15 Exercises AT 10:45 Brain Teasers AT 1:30 Active Games G 3:40 Individual Time H 	12 09:45 Morning Chats H 10:15 Exercises AT 10:45 Brain Teasers AT 1:30 Bingo G 3:40 Individual Time H
13 09:45 Morning Chats H 10:15 Walking H 1:15 MidValley F 1:30 Golf G 3:40 Individual Time H 4:00 Group Exercise AC	14 09:45 Morning Chats H 10:15 Exercises H 10:45 Brain Teasers H 1:30 Knitter Natters G 2:30 Coffee Club Cafe 3:40 Individual Time H	15 09:45 Morning Chats H 10:15 House Meeting H 10:25 Exercises H 10:45 Word Games H 1:30 Bingo G 3:40 Individual Time H	16 09:45 Morning Chats H 10:15 Exercises H 10:45 Brain Teasers H 1:30 Glenn Lever G 3:40 Individual Time H 4:00 Bible Study G	17 09:45 Morning Chats H 10:15 Exercises H 10:45 Fri "Yay" Teasers H 1:15 Mystery Drive F 1:30 Bill, Dave & Friends at Happy Hour G 3:40 Individual Time H	18 09:15 Morning Chats H 10:15 Exercises AT 10:45 Brain Teasers AT 1:30 Golf G 3:40 Individual Time H	19 09:45 Morning Chats H 10:15 Exercises AT 10:45 Brain Teasers AT 1:30 Bingo G 3:40 Individual Time H
20 09:45 Morning Chats H 10:15 Walking H 11:30 Luncheon L 1:30 Active Games G 3:40 Individual Time H 4:00 Group Exercise AC	21 09:45 Morning Chats H 10:15 Exercises H 10:45 Brain Teasers H 10:45 Catholic Mass G 1:30 Carpet Bowls G 2:30 Coffee Club Cafe 3:40 Individual Time H	22 09:45 Morning Chats H 10:15 House Meeting H 10:25 Exercises H 10:45 Word Games H 1:30 Bingo G 3:40 Individual Time H	23 COMMONWEALTH GAMES 09:45 Morning Chats H 10:15 Games Round Robin Competition H 10:45 Brain Teasers H 1:30 Ukulele Band G 4:00 Bible Study G 	24 COWBOY DAY 09:45 Morning Chats H 10:15 Cowboy Day Themed Activities G 1:30 Cowboy Happy Hour & Singing with Tess AT 3:40 Individual Time H 	25 09:45 Morning Chats H 10:15 Exercises AT 10:45 Brain Teasers AT 1:30 Card Games G 3:40 Individual Time H	26 09:45 Morning Chats H 10:15 Exercises AT 10:45 Brain Teasers AT 1:30 Bingo G 3:40 Individual Time H
27 09:45 Morning Chats H 10:15 Walking H 1:15 MidValley F 1:30 Balloon Hockey G 3:40 Individual Time H 4:00 Group Exercise AC	28 09:45 Morning Chats H 10:15 House Meeting H 10:25 Games Round Robin Competition H 10:45 Brain Teasers H 1:30 Cooking A 2:30 Coffee Club Cafe 3:40 Individual Time H	29 CHAIRO YR 7/8 VISIT 09:15 Chairo School Visit G 1:30 Bingo G 3:00 R & R Meeting T 	30 09:45 Morning Chats H 10:15 Games Round Robin Competition H 10:45 Brain Teasers H 1:30 Songs of Praise G 3:40 Individual Time H 4:00 Bible Study G	31 09:45 Morning Chats H 10:15 Games Round Robin Competition H 10:45 Fri "Yay" Teasers H 1:15 Mystery Drive F 1:30 Anna & Phil at Happy Hour AT 3:40 Individual Time H		