



Wine Bar | Restaurant | Pizzeria

ASIAN

S.No.	FOOD ITEM*	ALLERGENS	SERVING SIZE	ENERGY (KJ)**	PROTEIN (g)**	FAT (g)**	SATURATED FAT (g)**	TRANS FAT (g)**	CARBOHYDRATE (g)**	TOTAL SUGAR (g)**	ADDED SUGAR (g)**	TOTAL DIETARY FIBRE (g)**	CALCIUM (mg)	IRON (mg)	Na (mg)	
VEGETARIAN																
1	WOK TOSSED MUSHROOM, BABY CORN, CAULIFLOWER		100 G	206.39	3.48	12.86	2.17	-	19.33	6.28	0.91	4.82	38.61	739.00	1.60	
2	MUSHROOM, LOTUS STEAM CRISP STR FRY		100 G	117.57	1.43	8.07	0.14	-	7.71	1.35	1.04	2.49	24.52	357.79	0.66	
3	MIXED VEGETABLE DUMPLINGS IN MANCHURIAN SAUCE		100 G	98.52	2.77	0.24	0.01	-	21.25	6.11	-	3.39	49.38	728.36	1.47	
4	DRAGON VEGETABLE ROLLS WITH SWEET CHILI SAUCE		100 G	431.82	9.73	22.73	2.34	-	15.48	4.48	4.31	1.13	309.73	683.42	1.47	
5	CLASSIC MANCHOW SOUP VEG		100 ML	50.93	1.81	1.05	0.03	-	8.54	0.43	-	3.12	49.81	315.50	0.77	
6	SWEET CORN VEG SOUP	N/A	100 ML	39.81	1.20	0.94	0.03	-	6.80	1.12	0.70	2.82	42.48	132.07	0.64	
7	SZECHUAN STR FRY VEGETABLES	N/A	100 G	93.43	2.33	2.87	0.48	-	15.04	1.48	0.12	3.40	56.93	308.15	1.39	
8	THAI GREEN CURRY VEGETABLES WITH JASMINE STICKY RICE	N/A	100 G	140.22	4.12	4.36	0.64	-	21.68	0.95	0.08	2.00	77.39	340.20	3.75	
9	THAI RED CURRY VEGETABLES WITH STICKY JASMINE RICE	N/A	100 G	140.22	4.06	4.34	0.65	-	21.68	0.95	0.08	1.92	74.68	340.20	3.75	
10	AMERICAN CHOPSUY VEG		100 G	170.25	4.26	2.68	0.43	-	32.66	3.36	0.50	1.16	15.97	265.93	0.31	
11	KUNG PAO WITH MUSHROOM AND TOFU		100 G	112.19	0.97	7.16	0.79	-	6.39	2.41	0.94	2.79	15.85	126.55	0.72	
12	RICE VEG MANDARIN		100 G	141.11	2.20	3.84	0.76	-	20.99	0.23	0.23	0.92	22.70	233.80	1.15	
13	RICE VEG SZECHUAN	N/A	100 G	130.42	2.44	4.39	0.71	-	20.36	0.31	0.12	0.99	31.00	230.81	1.35	
14	SACE VEG BURNIT GARLIC		100 G	118.17	2.89	2.45	0.40	-	21.05	0.64	0.31	1.05	21.18	251.00	1.01	
15	RICE VEG THAI BASIL		100 G	122.25	2.78	2.63	0.44	-	22.35	1.45	0.03	1.77	70.49	242.15	3.11	
16	NOODLES VEG MANDARIN		100 G	133.31	3.86	2.43	0.40	-	24.18	0.47	0.26	1.64	24.51	269.58	0.53	
17	NOODLES VEG SZECHUAN		100 G	153.97	4.05	4.29	0.71	-	24.98	0.68	0.35	1.63	28.99	305.16	0.80	
18	NOODLES VEG BURNIT GARLIC		100 G	119.13	4.13	0.20	0.02	-	25.19	0.64	0.26	1.50	24.38	247.49	0.51	
19	NOODLES VEG THAI BASIL		100 G	168.38	3.96	4.88	0.82	-	27.42	2.36	0.03	1.45	20.57	294.01	0.47	
BEVERAGES																
MOCKTAILS																
20	LYCHEE LEMONADE (CONTAINS NON-CADAMIC SWEETENERS, THIS CONTAINS STEVIA, GLYCOSIDES)	N/A	238 ML	120.37	0.26	0.05	-	-	30.68	24.00	3.42	-	2.40	30.02	0.17	
21	BASIL COOLER	N/A	345 ML	122.83	1.03	0.24	-	-	29.28	7.25	10.13	1.21	35.78	54.04	0.49	
22	WATERMELON MINT COOLER	N/A	298 ML	125.02	0.89	0.74	-	-	28.27	0.20	16.87	1.69	51.00	68.52	20.28	
23	BERRY BATH		280 ML	147.81	8.53	19.16	6.35	0.20	60.25	0.83	44.82	-	192.87	1.50	-	
24	SOUTH SIDE	N/A	260 ML	99.23	0.49	0.05	-	-	47.56	7.38	35.50	-	-	63.20	-	
25	GUAVA MARY	N/A	268 ML	152.27	0.17	0.15	0.01	-	37.94	9.26	29.18	-	10.80	14.37	0.09	
26	MANGO DELIGHT	N/A	290 ML	408.70	6.04	18.88	12.89	0.27	54.96	7.55	33.09	0.14	-	33.29	-	
27	CARAMEL AND COCONUT FRAPE		264 ML	332.35	4.80	16.28	10.45	0.12	64.98	3.20	29.30	0.22	80.73	14.30	-	
28	RAZZ ROLLS		310 ML	519.18	9.65	22.37	8.41	0.26	69.68	0.99	52.00	-	191.14	0.78	-	
29	VIRGIN RASPBERRY MOJITO	N/A	223 ML	185.10	0.49	0.25	-	-	45.80	1.20	42.76	0.19	16.50	0.98	0.51	
30	SUMMER RAIN	N/A	232 ML	150.08	0.73	0.21	-	-	37.95	12.95	23.84	-	-	0.28	-	
31	VIRGIN PASSIONFRUIT MOJITO	N/A	233 ML	200.87	0.76	0.24	-	-	49.81	2.60	45.45	0.18	15.86	0.73	0.49	
32	VIRGIN FIG MOJITO	N/A	223 ML	156.88	0.32	0.16	-	-	39.30	12.27	24.18	0.19	16.43	0.24	0.50	
33	VIRGIN FALL	N/A	273 ML	158.94	0.41	0.02	-	-	38.84	7.26	30.93	0.19	6.00	26.70	0.47	
34	VIRGIN MOJITO	N/A	238 ML	124.57	0.49	0.32	-	-	30.78	-	28.45	0.21	29.53	0.27	0.60	
MILKSHAKES																
35	CHOCOLATE MILKSHAKE		287 ML	425.43	9.22	22.85	9.29	0.25	46.01	1.14	28.97	-	186.21	3.42	-	
36	VANILLA MILKSHAKE		287 ML	483.90	19.15	47.47	19.34	0.52	96.75	2.36	59.19	-	35.22	7.08	-	
37	STRAWBERRY MILKSHAKE		287 ML	432.16	9.36	23.21	9.46	0.25	46.75	1.15	28.94	-	188.34	3.46	-	
IMMUNE BOOSTERS																
38	ANTIOXIDANT	N/A	308 ML	95.79	0.86	0.96	-	-	20.79	-	-	-	4.89	39.00	82.60	17.10
39	GREEN DETOX	N/A	263 ML	94.86	1.86	0.93	0.17	-	18.81	12.99	-	-	6.60	48.80	15.96	2.00
40	ROOT KEBOT	N/A	335 ML	212.70	4.29	0.63	-	-	47.34	-	-	-	12.45	157.45	143.10	3.85
COLD BLENDED COFFEES																
41	COLD COFFEE (CONTAINS CAFFEINE)		237 ML	369.48	10.54	14.40	3.54	0.07	50.07	1.23	25.14	-	161.13	3.80	-	
42	NUTTY MILANO (CONTAINS CAFFEINE)		237 ML	434.28	10.54	14.37	3.53	0.07	65.86	1.38	40.90	-	161.13	3.97	-	
ICED TEAS																
43	LEMON ICED TEA	N/A	280 ML	105.39	0.20	0.18	-	-	46.51	-	24.29	-	14.00	0.24	0.05	
44	PEACH ICED TEA	N/A	285 ML	107.10	0.18	0.05	-	-	20.31	0.73	38.49	-	3.50	1.78	0.01	
45	GINGER AND HONEY ICED TEA	N/A	270 ML	116.26	0.27	0.09	-	-	28.60	-	-	-	0.30	6.23	-	
NON VEGETARIAN																
46	PUM SAUCE GLAZED TOFU SATAY		100 G	203.63	10.14	14.19	3.42	-	11.01	4.41	3.20	3.65	15.71	633.41	0.91	
47	HONEY GARLIC CHICKEN		100 G	273.66	11.38	18.66	2.45	-	15.45	1.09	0.74	1.92	25.44	549.04	1.36	
48	STIR FRIED CHILLI CHICKEN		100 G	262.41	11.72	18.98	2.51	0.00	11.31	1.80	0.03	3.26	29.90	622.33	1.65	
49	DAGKANGIONG KOREAN STIR FRY SWEET CRISPY CHICKEN WINGS		100 G	232.90	11.72	15.61	1.05	-	6.98	4.06	3.76	1.84	34.51	630.19	1.62	
50	SINGAPOREAN CRISPY FRIED CHICKEN ROLLS WITH SWEET CHILI SAUCE		100 G	202.73	4.68	4.94	0.23	0.00	24.76	6.17	5.11	2.42	33.75	752.66	0.60	
51	WOK TOSSED THAI BASIL CHICKEN		100 G	177.06	11.35	9.12	0.81	0.00	12.22	3.17	1.00	1.89	27.23	718.18	1.34	
52	ASIAN STYLE BEEF WITH SESAME MUSHROOMS AND BOK CHOI		100 G	121.35	15.08	3.85	0.05	-	6.40	3.14	0.41	1.75	26.14	103.50	0.98	
53	CLASSIC MANCHOW SOUP CHICKEN		100 ML	77.94	4.09	3.10	0.10	-	8.42	0.42	WALUTE	3.01	54.68	130.53	1.02	
54	SWEET CORN CHICKEN SOUP		100 ML	61.19	3.81	2.67	0.14	-	5.55	1.12	0.69	0.50	14.05	253.28	0.50	
55	SZECHUAN STR FRY CHICKEN	N/A	100 G	156.23	9.12	8.66	0.87	-	10.63	0.45	0.12	1.84	43.07	325.46	1.53	
56	THAI GREEN CURRY CHICKEN WITH JASMINE RICE	N/A	100 G	194.31	9.30	8.94	4.00	-	19.68	0.93	0.08	1.34	30.74	365.93	1.33	
57	THAI RED CURRY CHICKEN WITH JASMINE RICE	N/A	100 G	194.58	9.23	8.92	4.00	-	19.68	0.93	0.08	1.26	28.03	358.53	1.29	
58	THAI GREEN CURRY PRAWNS WITH JASMINE RICE		100 G	146.84	6.72	4.40	3.69	-	19.68	0.93	0.08	1.34	42.74	360.72	1.19	
59	THAI RED CURRY PRAWNS WITH JASMINE RICE		100 G	146.91	6.66	4.38	3.69	-	19.68	0.93	0.08	1.26	40.03	358.12	1.15	
60	NOODLE PRAWNS THAI BASIL		100 G	190.26	8.29	6.19	0.83	-	24.77	2.19	0.02	0.78	32.54	374.14	0.73	
61	AMERICAN CHOPSUY CHICKEN		100 G	208.25	8.36	6.25	0.70	-	30.26	2.93	0.50	0.35	9.86	280.25	0.42	
62	RICE CHICKEN MANDARIN		100 G	193.84	8.21	11.57	1.00	-	14.41	0.23	0.23	0.26	21.26	259.83	1.38	
63	RICE PRAWNS MANDARIN		100 G	165.21	7.08	8.88	0.84	-	14.41	0.23	0.23	0.26	32.08	242.65	1.33	
64	RICE CHICKEN SZECHUAN		100 G	170.17	7.24	8.51	0.91	-	15.61	0.31	0.12	0.60	29.28	266.70	1.51	
65	RICE PRAWNS SZECHUAN		100 G	141.54	6.11	5.82	0.75	-	15.61	0.31	0.12	0.60	40.11	247.52	1.46	
66	RICE CHICKEN BURNIT GARLIC		100 G	157.78	7.65	6.89	0.64	-	16.27	0.64	0.31	0.65	19.26	261.88	1.20	
67	RICE PRAWNS BURNIT GARLIC		100 G	129.15	6.51	3.90	0.44	-	16.27	0.64	0.31	0.65	30.29	264.80	1.14	
68	RICE CHICKEN THAI BASIL		100 G	162.00	7.58	7.05	0.68	-	17.59	1.45	0.03	1.38	68.57	272.96	3.27	
69	RICE PRAWNS THAI BASIL		100 G	133.37	6.45	4.06	0.48	-	17.59	1.45	0.03	1.38	79.60	275.87	3.22	
70	NOODLES CHICKEN MANDARIN		100 G	182.04	8.60	6.65	0.61	-	22.19	0.35	0.25	0.75	20.69	254.20	0.74	
71	NOODLES PRAWNS MANDARIN		100 G	155.74	7.54	3.78	0.43	-	22.34	0.34	0.26	0.72	31.32			