
AÏCHA SACHA

PORTFOLIO

Paintings & drawings, 2019 – 2026

ABOUT

My paintings usually begin with chaos. Too many feelings, too many thoughts, nowhere to put them. I don't sit down with a clear concept or a message I want to communicate. I paint because something inside me asks for space, even when I don't yet understand what it is.

Painting gives me access to parts of myself that I can barely reach any other way. Many of my works begin long before I understand what they are really about. The process itself is what helps me understand.

When I paint, the mask gets in the way. I can't wear it and be honest at the same time. So I take it off. And for that time, I feel lighter.

Strong contrasts are central to my visual language. Black and white figures, vibrant colours and symbolic elements reflect the tensions, contradictions and complexities that shape my inner world.

I want to create a space where difficult emotions are allowed to exist freely and without judgment. Not just for myself, but for others too.



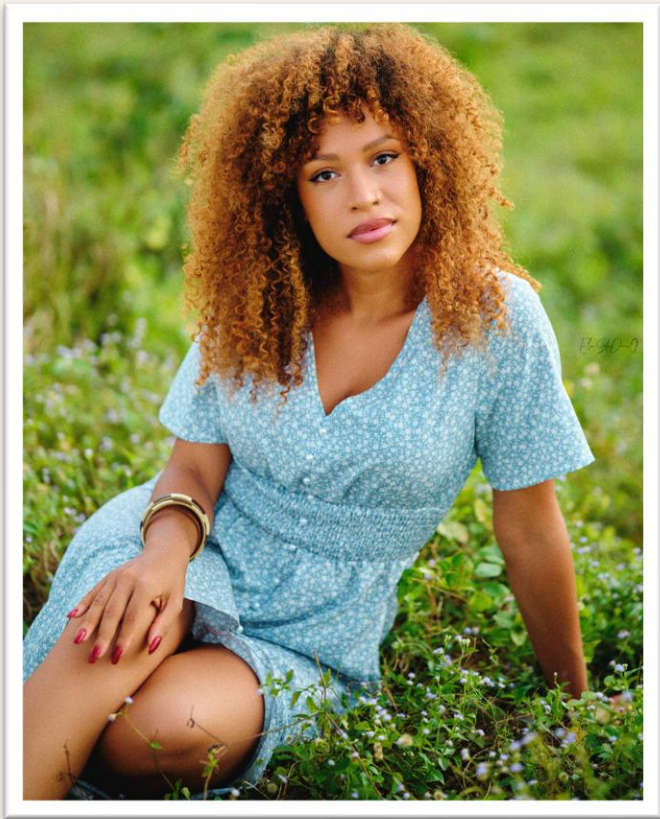
LOCATION

Abidjan, Côte d'Ivoire

LANGUAGES

English · Français · Deutsch

BIOGRAPHY



Aïcha Sacha is a Beninese-German self-taught artist based in Abidjan, Côte d'Ivoire.

As a child, she painted constantly. Experimenting with colour was always more important to her than creating a beautiful picture. Over the years, other things took over and she stopped. It was only after a deeply difficult period in her life that she returned to painting. This time with more urgency.

She began with graphite. Stark, black and white, unsparing. Gradually she moved into oil paint.

Today her practice is inseparable from her inner life. She paints to process, to understand, to access parts of herself that words cannot reach.

Her paintings are not illustrations of feelings. They are the process of finding them.

NEW SERIES — UNPUBLISHED

CE QUI NE SE DIT PAS

(What remains unsaid)

Some things resist language. Not because they are hidden.
But because words were never made for them.

Ce qui ne se dit pas is a journey through interior states that most people carry in silence: the fracture, the loss of self, the slow reconstruction, and what lies beyond.

Twenty paintings. Four passages. One continuous arc.

This series took over three years to complete. It is the work in which my visual language became fully my own.

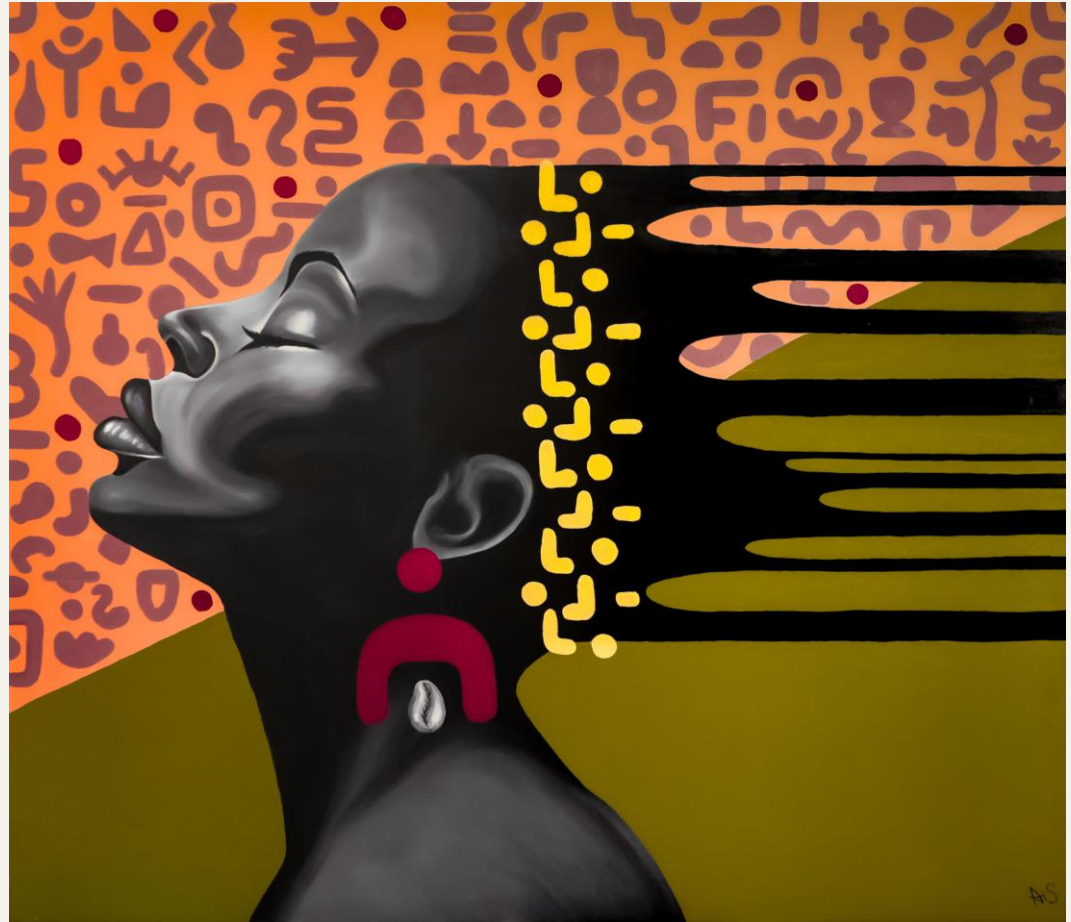
First public presentation — not yet exhibited.

CE QUI NE SE DIT PAS



Verdrehung (Distortion) 2023

Oil on canvas · 80 × 100 cm



Königin des Geistes (Queen of the Mind), 2025

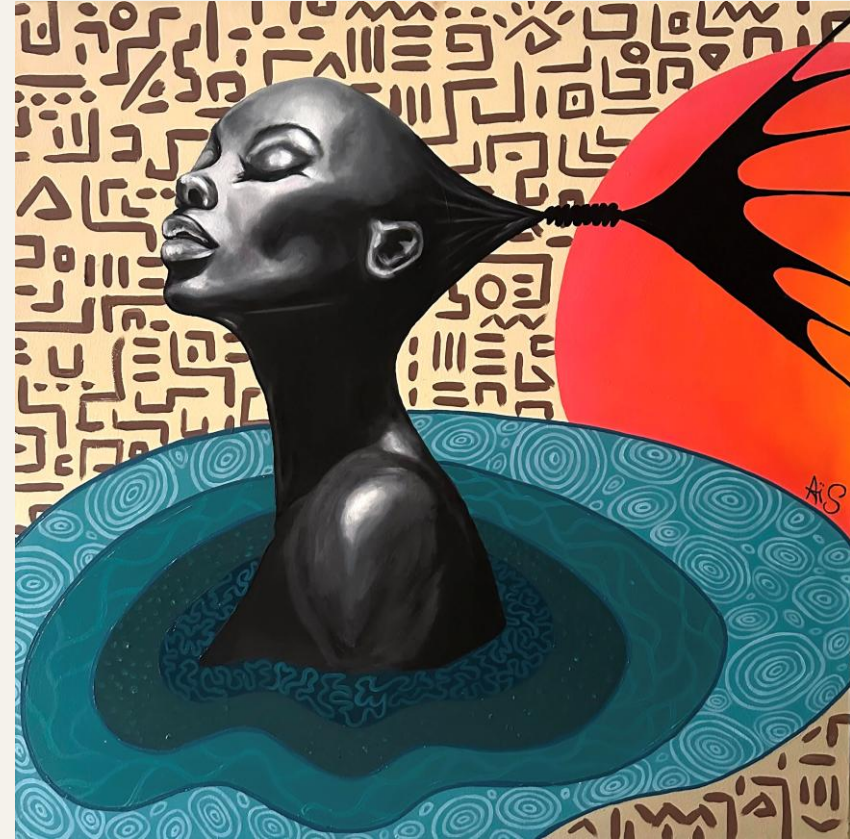
Oil on canvas · 150 × 130 cm

CE QUI NE SE DIT PAS



Fragments (Fragments), 2025

Oil on canvas · 150 × 130 cm

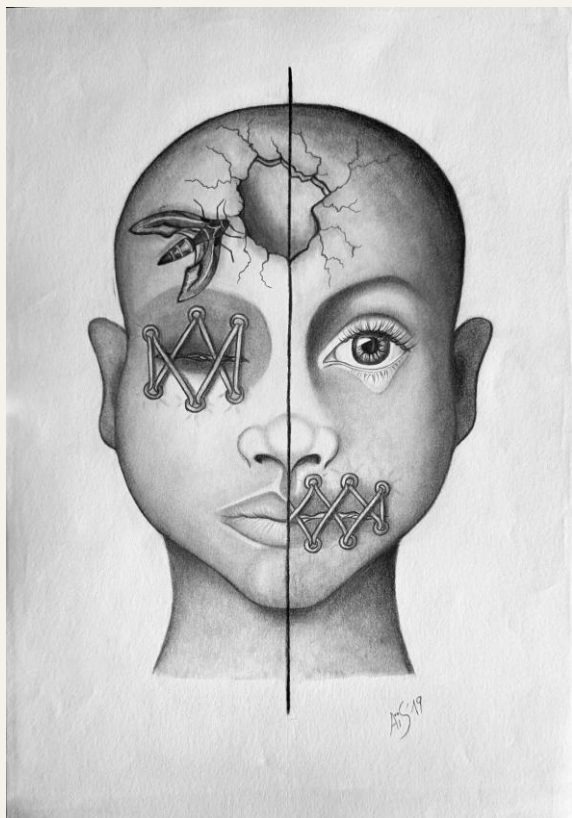


Erneuerung (Renewal), 2024

Oil on canvas · 100 × 100 cm

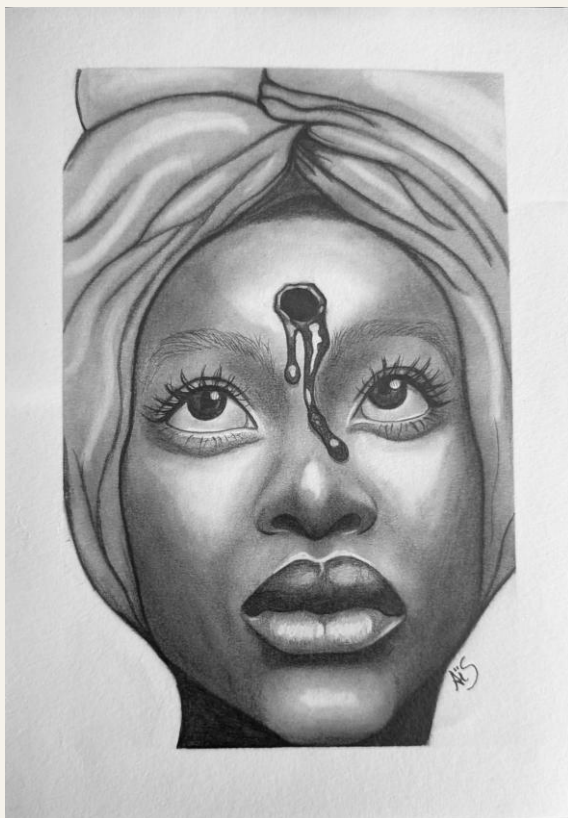
EARLIER WORKS — GRAPHITE

Before colour, there was line. These drawings are where the practice began and where it still returns.



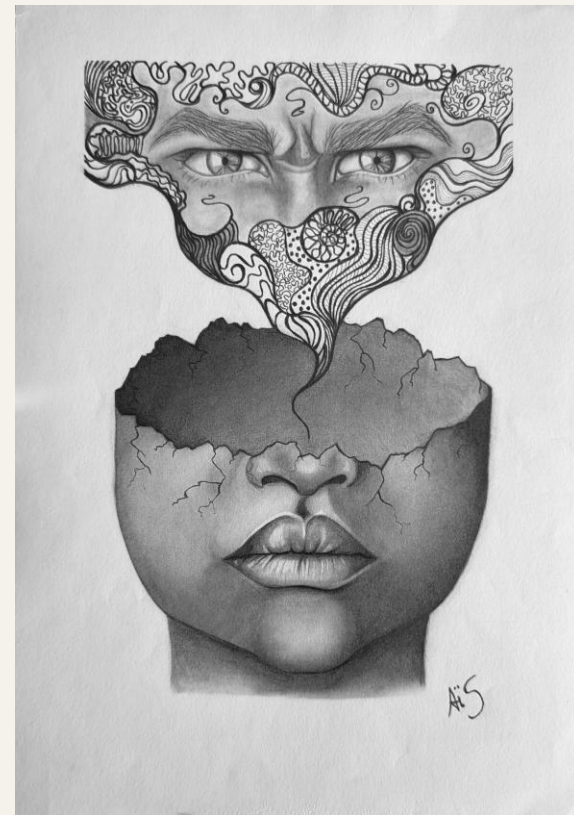
Cachée, 2019

Graphite on bristol paper · 21 × 29.7 cm



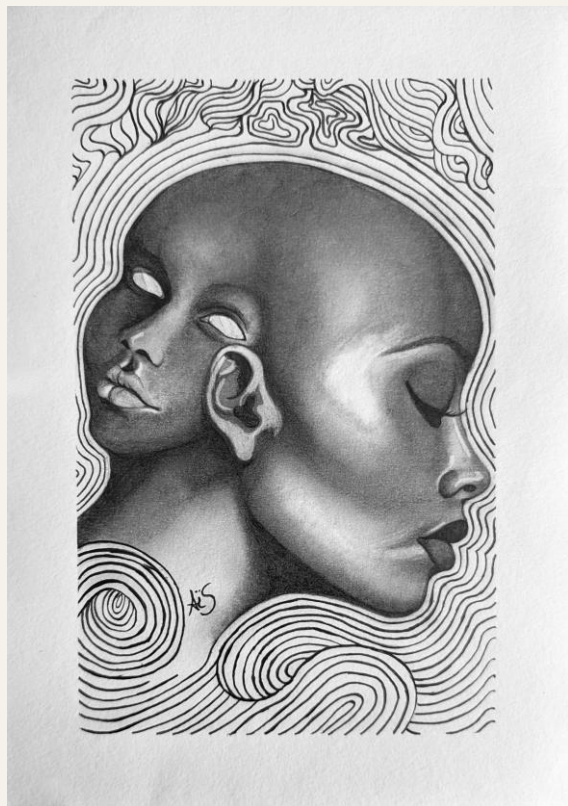
Tuer mes souvenirs, 2020

Graphite on bristol paper · 21 × 29.7 cm



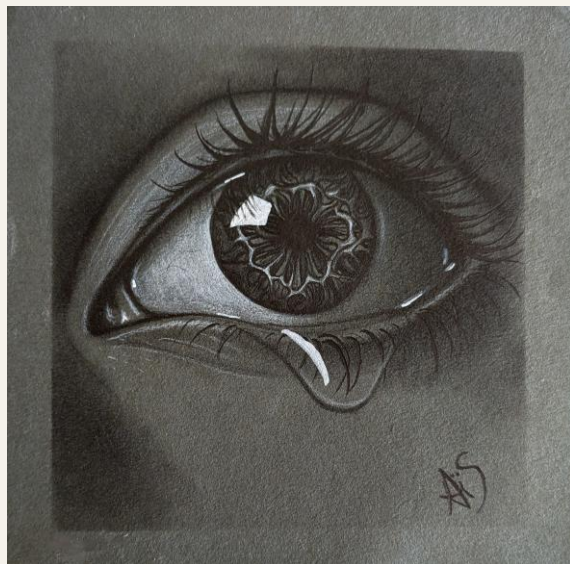
Introjekt, 2020

Graphite on bristol paper · 21 × 29.7 cm



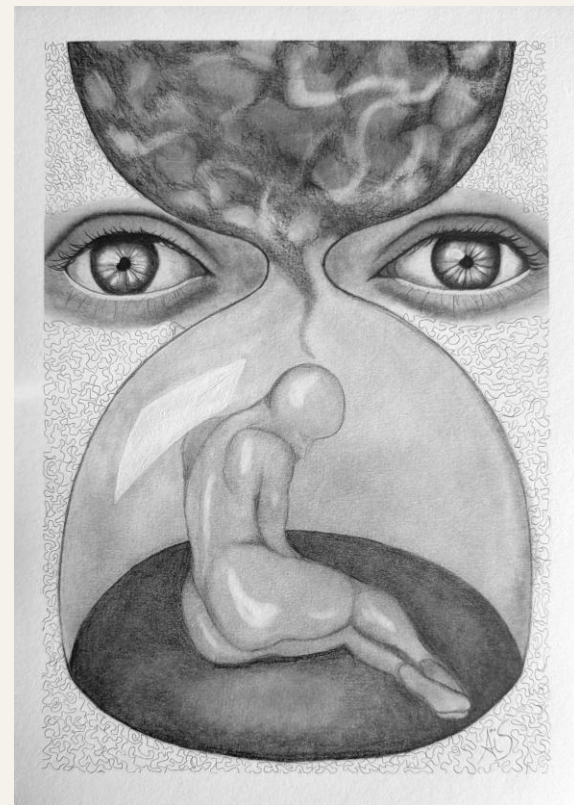
Introjekt II, 2020

Graphite on bristol paper · 21 × 29.7 cm



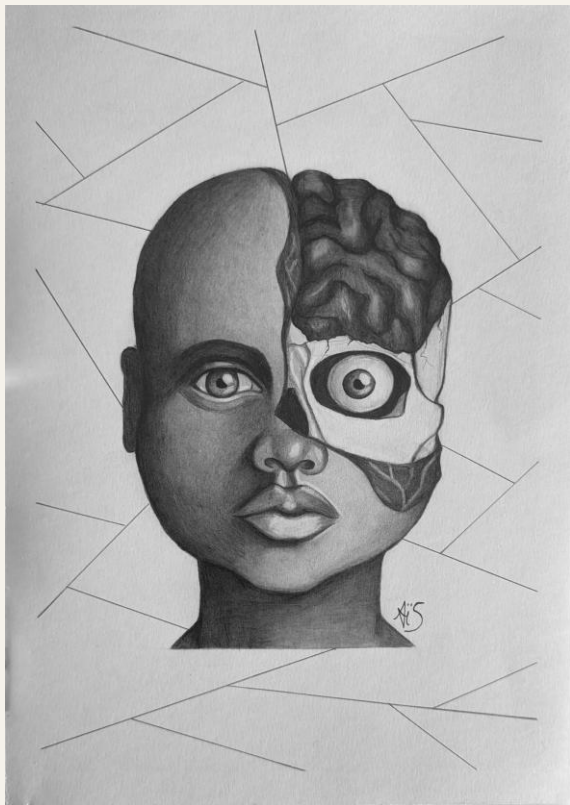
Auge, 2021

Graphite on bristol paper · 20 × 20 cm



Introjekt III, 2020

Graphite on bristol paper · 21 × 29.7 cm



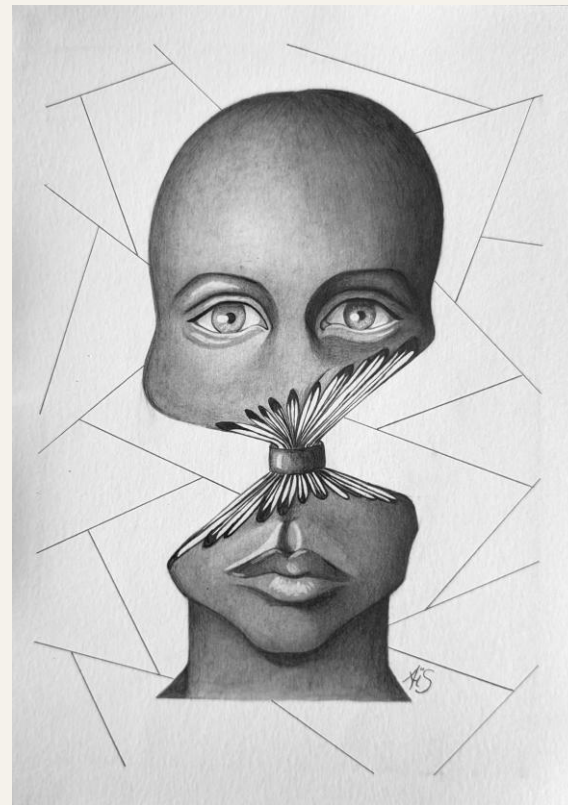
Manipulation I, 2020

Graphite on bristol paper · 21 × 29.7 cm



Androgyne, 2020

Graphite on bristol paper · 21 × 29.7 cm



Manipulation II, 2020

Graphite on bristol paper · 21 × 29.7 cm

EARLIER WORKS — OIL

*These paintings mark the beginning of a visual and emotional search
that continues to shape the work today.*



Einheit, 2022

Oil on canvas · 80 × 60 cm



L'autorité, 2021

Oil on canvas · 70 × 50 cm



Détachement, 2021

Oil on canvas · 50 × 70 cm



Enfant intérieur, 2021

Oil on canvas · 50 × 70 cm



Verwandlung, 2021

Oil on canvas · 80 × 100 cm



Rayon guidé - Jour, 2020

Oil on canvas · 50 × 70 cm



Äquilibrium, 2022

Oil on canvas · 100 × 100 cm



Augenblick, 2023

Oil on canvas · 40 × 50 cm

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Thank you for your time and consideration.

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