

EDITION
23/7/26

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closer



**HOW YOU THINK OF ALLAH
CHANGES EVERYTHING**

*The one mindset shift
we might have forgotten*

23 Jul 2026



Closer

by aa

your curated weekly spiritual booster delivered straight to your Inbox

How you see **Allah**
becomes how you see
your whole **life**.

Assalamualaikum my Champions,

We all know how our mindset shapes almost every part of how we live. Two people can face the same setback, receive the same criticism, or sit through the same delayed flight and still walk away with two different "realities" of the same experience. Everything was identical, but because of the difference in mindset, two lives split.

The West tells us to train our mind, because the mind we train becomes the life we live. But as a believer, **I have come to realise that the biggest mindset shift is not about how we see our circumstances, but how we see the One Who writes, decrees, and unfolds our circumstances - Allah SWT Himself.**

In one of my favourite [Hadith Qudsi](#), Allah SWT says, "I am as My servant thinks of Me." Some people misunderstand this idea. We are not changing Allah SWT by thinking of Him in a certain way. Allah SWT does not change. **But we are changing ourselves. And that is the key to changing our lives.**

For example, if we think of Him as the One who punishes, everything that happens will start to look like punishment. But if we think of Him as the One who loves, we begin to see our lives through the lens of His Love, Gentleness and Mercy. When we think well of Allah, we will always find the good in every situation we meet. But if we imagine Him as distant, as though He has stepped away or abandoned us, then everything that happens will only seem to confirm it.

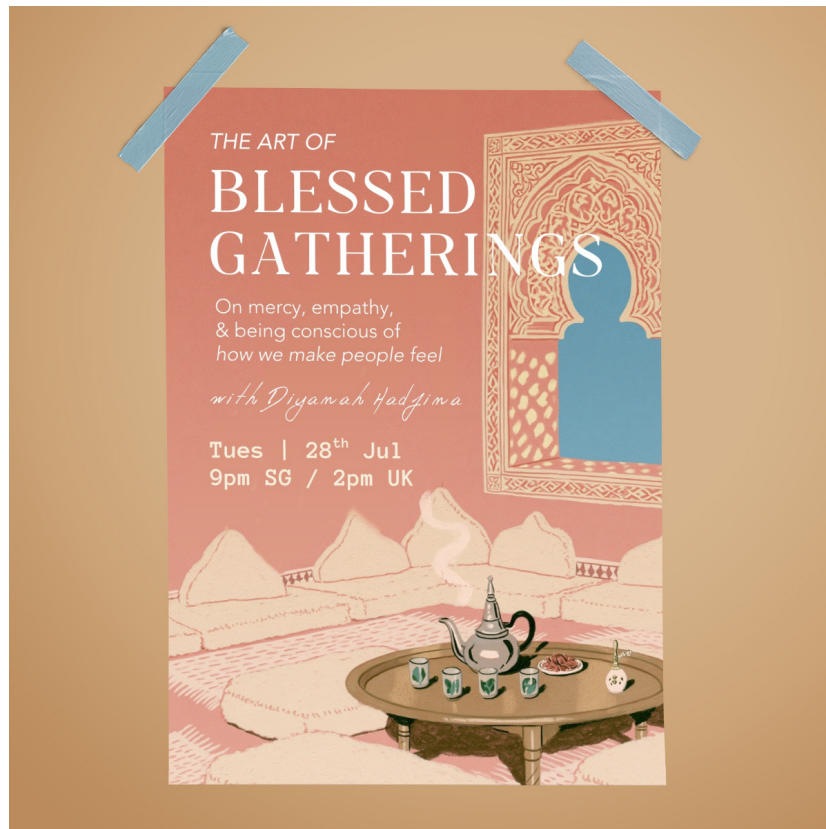
So yes, let us train our minds, as the world says. **But let us train our minds to have the best thoughts of the One Who gave us this gift of intellect in the first place - Allah.**

I also wanted to share with you three simple ways we can keep correcting our *husnuzon* towards Him. Think of it as a gentle progression: get to **know Him** (His Beautiful Names) → **speak well of Him** (Zikir of Subhanallah) → **live it out on the page** (journal and reflect on your days through the lens of a believer).

1. **Study His Blessed Names.** We cannot think well of Allah if we do not know Him. Learning the Names of Allah is how we come to know Who He truly is, so our thoughts of Him always rest on truth.
2. **Let every Subhanallah purify our thoughts.** Notice how our Solah is filled with Subhanallah? Because every Subhanallah is an opportunity to correct how we think of Him. Whatever we think Allah to be, He is *Subhanak* - He is always far greater, above, and better than that. We say it many times a day; we just have to mean it.
3. **Journal through the lens of trust.** Write your days down, yes, but as one who trusts Allah, not one who keeps a record of grievances or complains. Only gratitude and trust.

Champs, which one of these three are you doing already? And if you have to pick one to start this week, what will you choose? Share with me! I pray that Allah SWT makes us among those who think the very best of Him, *Amin*.

coming up on aa plus:



The Art of Blessed Gatherings



Tuesday, 28 July · 9 PM (SG) / 2 PM (UK)



With our guest, Diyanah Hadfina, Founder of Muslim Travel Club

I first met Diyanah in person in my living room in Tangier, where she was leading a group of Sisters on a retreat. What struck me was not so much what she said, but how she was: the way she made every single person feel like the most important one in the room. That is a craft, and a rare one, and it is exactly what we will explore together this week. How do we make the people around us feel? Are we conscious of the weight our words and presence carry - the way a single sentence can either soften a heart or quietly wound it? Together we will reflect on mercy, empathy, and being aware of how we affect others, because that awareness is itself a form of ihsan, and a way of drawing closer to the way of Rasulullah ﷺ, who made everyone he met feel treasured. It is a small shift, but a life-changing one: to move through our days leaving people a little lighter than we found them. Next Tuesday's gathering will open with a short reflection, then we will move into an open Q&A. I hope you will come. <3

[Join Event Here!](#)

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If you weren't able to join us live for *The Line Between Striving and Surrendering* with Ustazah Hidayah, the full video replay is now available for you to watch in your own time. The event notes for this session are also ready - they capture some of our favourite takeaways from the Class. From learning about Al-Qaadir and Al-Qadeer, how these Names teach us about our control and His Power, and the du'a Rasulullah ﷺ taught us to say after every prayer to remember Who is truly in control. I hope they can be something you return to whenever a wave in your own life feels larger than your capacity.

[Watch the replay here](#)

[Read the event notes here \(A 5 mins Read\)](#)

a beautiful du'a

Ya Allah,
grant me the most
beautiful thoughts
of You, both in
my living, and
in my dying.

aaplus.co

#abeautifuldua

I find it extremely telling that three days before Rasulullah ﷺ passed, he ﷺ said: **"None of you should die but hoping only good from Allah, the Exalted and Glorious."** ([Muslim](#)) How we think of Allah at the very end of our lives may not be something we can summon in a single moment. But it can be built quietly and consistently, over a lifetime of small choices: every time we trust Him over our fear, every time we look for His mercy in what first looked like loss. Only then can the heart leave this world thinking of Allah the way it spent its life thinking of Him, In Sha Allah. So let us start asking Him for these beautiful thoughts now, and practise them daily, so that when the moment comes, and we need them most, they will be as second nature as breathing. 🥺

visual reminder



This week's wallpaper is a small companion for the mindset shift we talked about. Set it as your phone background, and let *سبحانك — Glory be to You* be the first thing you see each time you reach for your screen. A quiet reminder, many times a day, that whatever we imagine Allah to be, He is always greater, higher, and better than that. May it help us keep our thoughts of Him beautiful. 💕

[Download wallpaper here](#)

ps:

Last Sunday, Ustazah 'Alima was unwell and could not join us for our session. Still, we opened the Call with a beautiful gathering of Selawat alongside the Champs who came, and as one of them put it, it "*was exactly what the heart needed.*" Ustazah is well now, Alhamdulillah, and In sha Allah we will reschedule for a later date. But truly, Allah is the best of Planners. I had been intending to hold a Mawlid session for us, and He answered the Du'a sooner than I expected. ❤️

FIN.
x
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