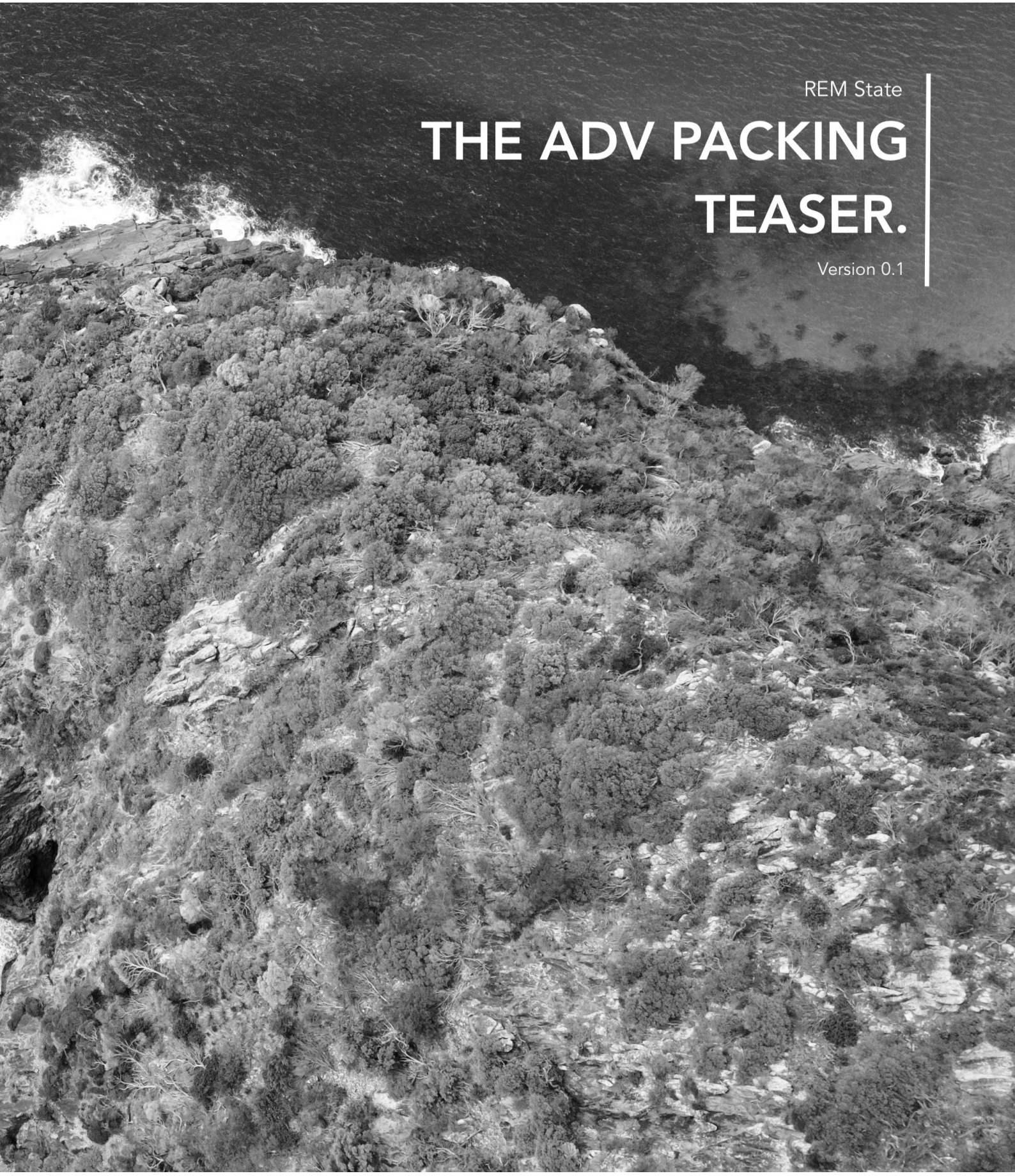


REM State

THE ADV PACKING TEASER.

Version 0.1

The Guide.

Introduction

This is for the riders stepping into the adventure world or refining their gear selection to become more minimal.

The Guide includes repeatable decision-making tools, audit structures, packing perspectives and load-out suggestions. It's built for those who want reassurance they're on the right track — not hand-holding.

We step through:

Intent → audit → packing → load-outs

These are realistic phases giving you a clear, structured way to prepare for your next ride.

Purpose

This guide exists to validate your ideas, sharpen your decision-making and help you recognise the difference between essential, useful and dead weight. This is not built to show off equipment or convince you to buy more gear.

> **EVERY ITEM HAS A PURPOSE.**
> **EVERY OMISSION HAS A CONSEQUENCE.**

Most riders fall into one of three approaches — The Minimal, The Balanced, The Comfort.

This guide doesn't tell you which to choose, it shows you how to build the right one for your ride. The adventure will take care of the rest.

Philosophy

Adventure is earned, not purchased.

The gear you pack is a reflection of your judgement — your willingness to prepare, your acceptance of discomfort and your respect for the unknown. Weight is discipline made visible and comfort is temptation whispering from the sidelines. Both have their place. What matters is knowing which one serves your ride.


REM State
A STEP CHANGE.
Weight is disipline made visible

Intent.

The Framework

This is taking a step back and reflecting, then re-shaping and putting it all back together.

To understand how you see your gear, we need to segment it. How I see it, there are five categories that help with this re-framing process.

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Every item should fall into one of these. If it doesn't, question why it's there. The framework seeks to test your thought processes. I won't lie, it can be uncomfortable and difficult.

It's acknowledged you might have this process locked. In this case, it's validation. Nice.

The process is systematic, do it once or every time you ride — tweak it, make it yours.

After working through the full guide, you should understand every item you carry, why it's there and what compromises you're willing to make.

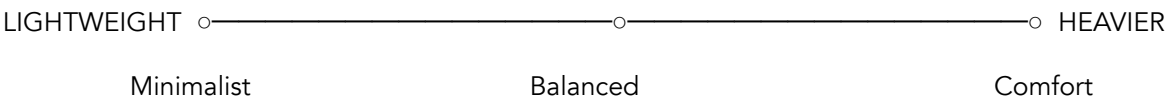
Applying the framework.

Not a recommendation, just application

Now we apply the thinking directly to your ride. We outline three kit styles — The Minimalist, The Balanced, The Comfort.

The Adaptability Scale

Quickly understand where each kit and item sits on the scale.



Each kit includes a quick equipment overview, with subsequent kits expanding on the last. In some cases, this is specific to my gear; however, adapt this as you like to suit the equipment you have — it's designed with cross-over in mind. It's expected most riders sit between kits.

Luggage

This sparks a lot of debate — I'll keep it brief. If you're just starting out, stick with what you have. The gear you pack alone will make a meaningful weight difference. If you're thinking soft but haven't committed yet, use a duffle strapped on the rear seat to start — this will give you an idea of the 'feel' difference to that of hard luggage.

- **Soft-Luggage.** Best for off-road missions.
  Pros: lightweight, forgiving | Cons: organisation/access, no locks
- **Hard-Luggage.** Best for on-road riding and commutes.
  Pros: convenient, lockable | Cons: Heavy.

KIT 1 — THE MINIMALIST.

Light in weight, heavy in discipline.

This equipment makes the bare minimum for a comfortable and safe trip and food/water rations can be scaled up or down dependent on duration.

This is the foundation of my gear.

LIGHTWEIGHT ●——————————○——————————○ HEAVIER

Minimalist Balanced Comfort

Strengths	Fast setup, reduced fatigue, increased bike agility, low complication.
Weaknesses	Less comfort, requires resilience, wet weather can be challenging.
Best For	Experienced riders, fast-paced riding, terrain-focused trips.

Equipment Breakdown

Sleep System:	Bivvy bag, sleeping bag and inflatable mattress.
Cooking System:	Cooking stove, gas bottle, cutlery tool, food and water rations, flask for any beverage related refreshments.
Essential Items:	Knife, first aid kit, waste bag, toothbrush, mini toothpaste, deodorant, head torch, personal locator beacon (PLB), fuel bladder (for remote missions).
Clothing:	Undies, socks, thermal underlayer, compressible puffer jacket, hat — for rain or colder environments, use your bike gear for additional layers and protection.

TEASER WRAP UP.

This is just the foundation — the Minimalist kit. Pack light, ride far, and let the trail teach you the rest.

The full guide provides the audit process, category framework, priority flowcharts and complete kit progression used to refine any setup.

Explore the full guide here.

If it saves you weight or hassle on your next ride, consider a tip to support future drops.

No pressure — just appreciation.

Support the project here.

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