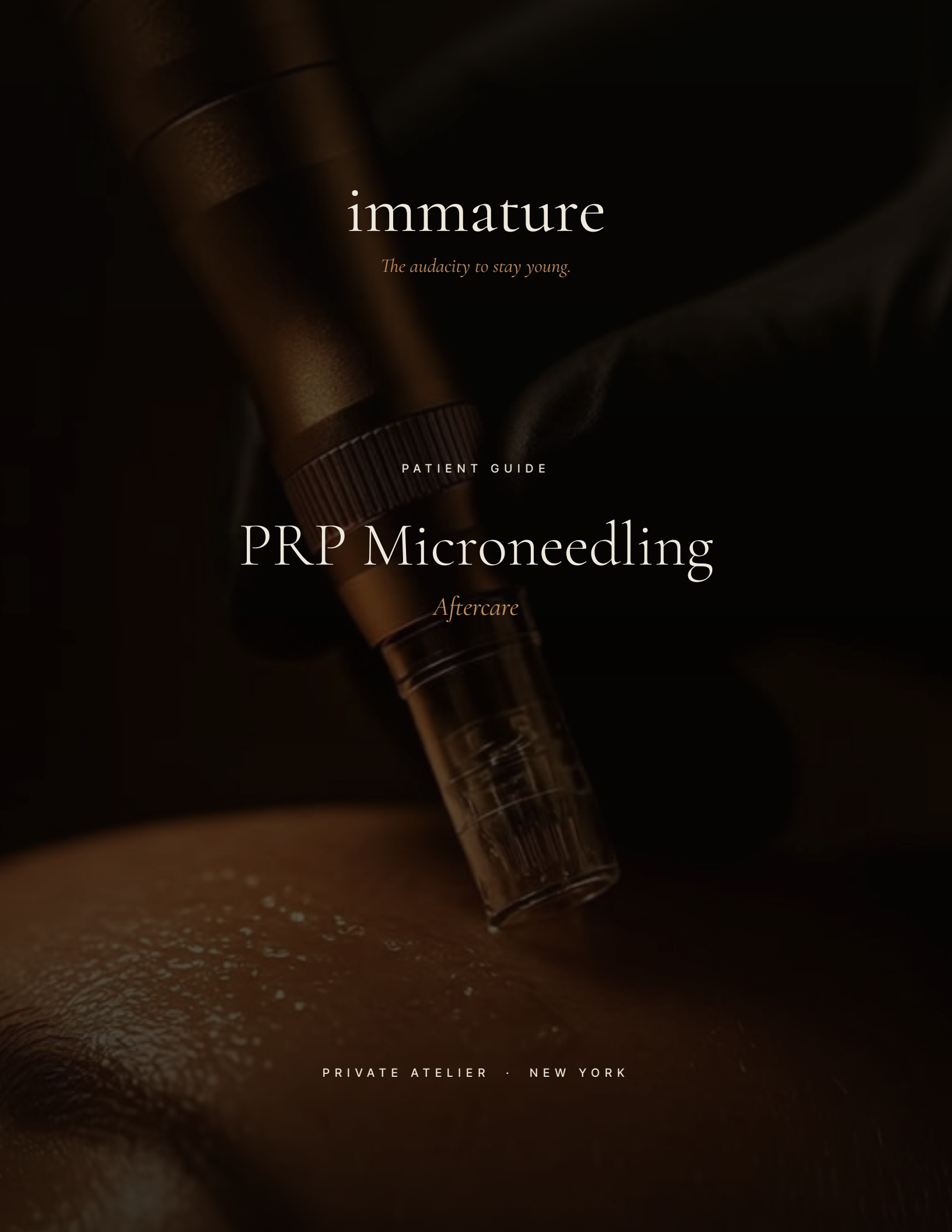




immature

*The audacity to stay young.*

PATIENT GUIDE

# PRP Microneedling

*Aftercare*

PRIVATE ATELIER · NEW YORK

# Welcome.

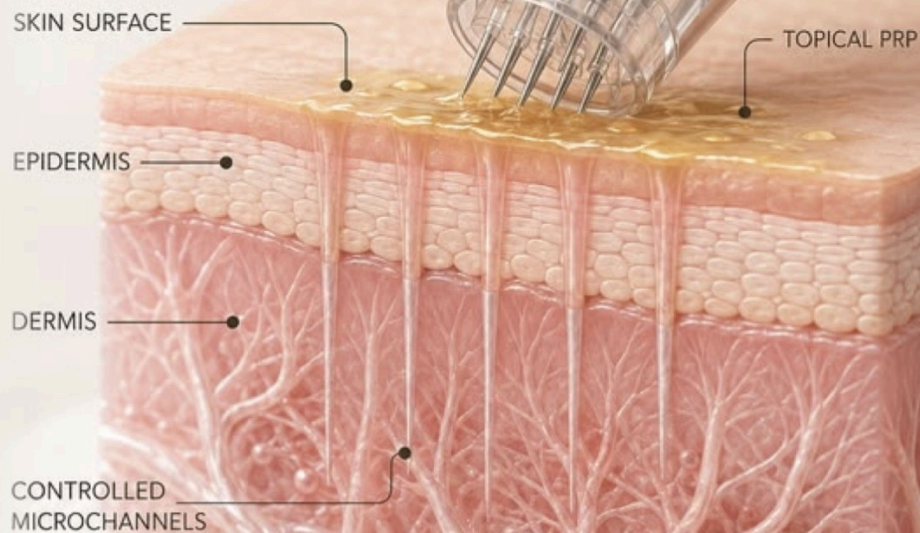
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Thank you for trusting Immature with your PRP microneedling treatment.

Microneedling creates controlled micro channels in the skin. Your own platelet rich plasma, applied through those channels, delivers growth factors that support repair and the formation of new collagen.

How the skin is cared for in the first week shapes the result. The following pages set out each stage of recovery, when to use the Rejuran mask, and when to reintroduce active ingredients.

## PRP + MICRONEEDLING BENEATH THE SURFACE



## The first 24 hours.

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Redness, warmth and mild swelling, similar to a sunburn, are expected and can last up to 72 hours.

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Leave the PRP on the skin for at least 4 hours before the first rinse.

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Keep hands off the face and sleep on a clean pillowcase.

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No makeup, SPF or skincare for 24 hours, unless Immature has advised otherwise.

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Avoid alcohol, strenuous exercise and heat.

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## Days one *to three*.

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Cleanse gently with lukewarm water and a mild, non active cleanser.

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Use only the healing serum or balm provided or recommended by Immature.

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Avoid heat, sweating, saunas, hot showers and direct sun.

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Dryness, tightness and light flaking are normal. Do not exfoliate or pick at the skin.

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## The Rejuran *mask*.

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Rejuran's healer mask contains PDRN, a salmon DNA derived ingredient that supports barrier repair and calms redness after treatment.

### WHEN TO USE

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First mask: the day after treatment, once 24 hours have passed.

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Then every other day through day 7.

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### HOW TO USE

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Apply to freshly cleansed skin for 15 to 20 minutes.

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Remove the sheet and press the remaining essence into the skin. Do not rinse.

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Store masks in the fridge for a cooling effect.

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## 05 · AFTER YOUR TREATMENT

# After 72 hours.

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Light makeup and gentle skincare may resume.

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Wear broad spectrum SPF 30 or higher daily, and avoid direct sun for at least one week.

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Active ingredients return in stages. See below for timing.

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## 06 · YOUR SKINCARE

# Actives, *before and after.*

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Microneedling leaves the skin's barrier open for several days. Active ingredients that are well tolerated on intact skin can sting, irritate or trigger pigmentation during that time.

### BEFORE TREATMENT

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Retinol and prescription retinoids: stop 5 days before.

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Azelaic acid: stop 3 days before.

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Vitamin C and E serum: may continue until 2 days before.

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### AFTER TREATMENT

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Vitamin C and E serum: resume from day 5.

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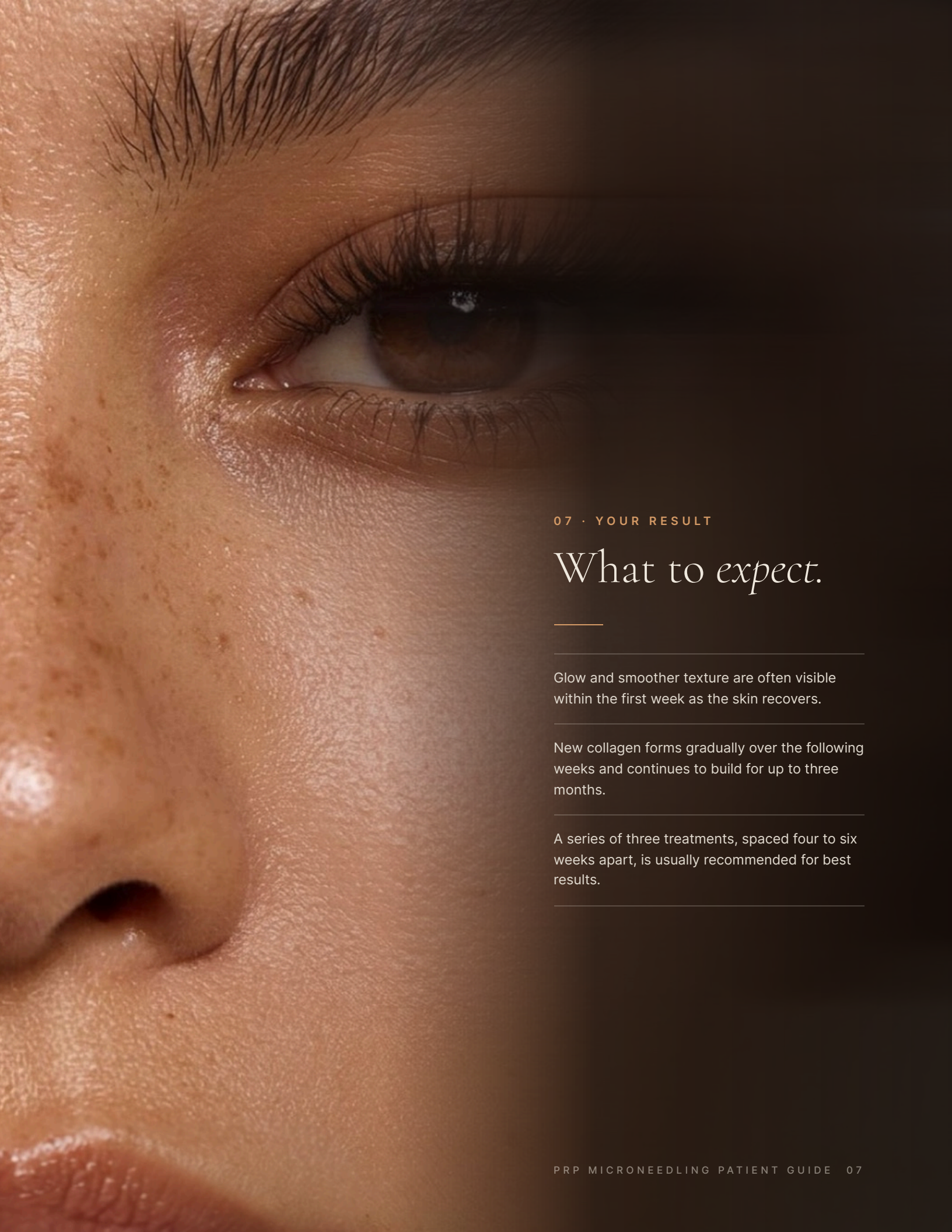
Azelaic acid: resume from day 7.

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Retinol and prescription retinoids: resume from day 7, every other night for the first week, then return to the usual routine.

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*Resume only once redness and flaking have fully settled. If any product stings on reapplication, stop and wait two more days.*

A close-up, high-resolution photograph of a person's face, focusing on the eye and skin texture. The skin appears slightly red and irritated, likely from a recent procedure. The eye is looking directly at the camera. The background is dark and out of focus.

## 07 · YOUR RESULT

### *What to expect.*

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Glow and smoother texture are often visible within the first week as the skin recovers.

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New collagen forms gradually over the following weeks and continues to build for up to three months.

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A series of three treatments, spaced four to six weeks apart, is usually recommended for best results.

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# When to contact *the clinic*.

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Redness, swelling or pain that increases after day three

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Pus, crusting, blisters or fever

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A cold sore flare, particularly with a history of cold sores

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## TEXT

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# immature

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