

# FAA LEVEL 2 AWARD IN BASIC LIFE SUPPORT AND SAFE USE OF AN AUTOMATED EXTERNAL DEFIBRILLATOR (RQF)

AWARD IN BASIC LIFE SUPPORT AND SAFE USE OF AN AUTOMATED EXTERNAL DEFIBRILLATOR AT SCQF LEVEL 5



Automated external defibrillators (AEDs) are becoming more widely available in public areas and workplaces and the survival rate for casualties suffering cardiac arrest dramatically increases if an AED is available and there are qualified personnel to use it.

The qualification is primarily for learners who have a responsibility at work or are involved in voluntary and community activities having access to an AED.

A learner will gain the knowledge and practical competence required to be able to recognise and treat someone who has suffered cardiac arrest and to respond quickly, calmly, and confidently.

This qualification is regulated in the UK and awarded by First Aid Awards (FAA).

FAA are an awarding organisation regulated by Ofqual and SQA Accreditation and the qualification sits on the Regulated Qualifications Framework (RQF) and the Scottish Credit and Qualifications Framework (SCQF).

The qualification is delivered, assessed, and quality assured adhering to the <u>Assessment Principles for Regulated First</u> Aid Qualifications, and delivered and assessed in accordance with the current Resuscitation Council UK Guidelines.

## **QUALIFICATION STRUCTURE**

The qualification consists of one unit which learners must successfully complete to achieve the qualification.

#### Learning outcomes and assessment criteria

FAA qualifications have set learning outcomes and assessment criteria. The learning outcomes describe the skills and knowledge a learner will gain by successfully completing the qualification. The assessment criteria state the skills, knowledge, and competence a learner will be required to demonstrate during assessment.

Qualification number	RQF 601/5478/0	SCQF R434 04
The qualification consists of one unit		
Unit title	Basic Life Support and using an Automated External Defibrillator	
RQF unit code	L/506/8532	
SCQF unit code	UG50 04	
Guided Learning Hours (GLH)	4 hours	
Total Qualification Time (TQT)	5 hours	
LEARNING OUTCOMES	ASSESSMENT CRITERIA	
The learner will:	The learner can:	
<ol> <li>Be able to provide first aid to an unresponsive casualty who is breathing normally</li> </ol>	<ol> <li>Conduct a scene survey</li> <li>Assess a casualty's level of consciousness</li> <li>Demonstrate how to open a casualty's airway and check for breathing</li> <li>Demonstrate how to place an unresponsive casualty in the recovery position</li> <li>Demonstrate continual monitoring of breathing whilst the casualty is in the recovery position</li> </ol>	
2. Be able to provide first aid to an unresponsive casualty who is not breathing normally	<ul> <li>2.1 Identify when to administer cardiopulmonary resuscitation (CPR)</li> <li>2.2 Demonstrate adult CPR using a manikin</li> </ul>	
<b>3.</b> Know how to safely use an automated external defibrillator	<ul><li>3.1 Identify safety considerations when using an automated external defibrillator</li><li>3.2 List differences in the protocol when using an automated external defibrillator on a child</li></ul>	
<ol> <li>Be able to safely use an automated external defibrillator</li> </ol>	<ul> <li>4.1 Demonstrate the correct placement of AED electrode pads on a manikin</li> <li>4.2 Follow AED voice prompts accurately</li> <li>4.3 Demonstrate how to combine the use of an automated external defibrillator with minimal interruptions in cardiopulmonary resuscitation using a manikin</li> <li>4.4 Demonstrate the safe delivery of AED shock</li> <li>4.5 State the procedures if the casualty shows signs of life and starts to breathe normally</li> <li>4.6 Identify the information required when handing over the casualty</li> </ul>	

#### Additional information

CPR - minimum demonstration time of 2 minutes at floor level. May additionally include use of rescue breath barrier devices



# **ENTRY REQUIREMENTS**

The qualification is available to learners aged 14 or over but a learner cannot assume the responsibility of being a first aider in the workplace until they reach the age of 16.

It is recommended that learners hold a minimum of level 1 in literacy or equivalent to undertake this qualification.

It may be possible to grant a reasonable adjustment for a learner who has a disability, medical condition or learning need following the <u>FAA Reasonable Adjustment and Special Consideration Policy</u>. For example, assistance could be given with reading or writing.

Due to the practical nature of the first aid assessment there are physical demands. Learners must be able to get to the floor unaided and successfully demonstrate all required elements of the practical assessment on their own, with the casualty on the floor, as in a real-life situation. For example, a learner will need to get to the floor unassisted and demonstrate effective cardiopulmonary resuscitation on a manikin at floor level.

If a learner has any concerns they should contact their training provider to discuss before attending the course.

### **QUALIFICATION DELIVERY**

The qualification has 4 assigned guided learning hours (GLH) and 5 hours total qualification time (TQT).

GLH indicates the number of contact hours that the learner will undertake being taught or assessed under the immediate guidance or supervision of the trainer/assessor in the classroom.

TQT includes GLH but also considers any unsupervised learning or preparation that a learner may undertake independently which could include self-study or the completion of set tasks.

The minimum classroom contact time of 4 hours can be delivered in half a day or can be completed over a maximum of 2 weeks ensuring that each session is a minimum of two hours.

The learner ratio for the qualification is a maximum of 12 learners to 1 trainer/assessor.

#### **QUALIFICATION ASSESSMENT**

The qualification is assessed through practical demonstration.

There is no grading of the assessment, learners pass or are referred.

#### **Practical assessment**

Scenarios are set recreating a real-life situation as far as possible to enable a learner to demonstrate their knowledge and practical skills. During the practical assessment the learner will be asked set related oral questions by the trainer/assessor.

The practical assessment is ongoing throughout the course with the trainer/assessor making learners aware of when they are being assessed and what they are required to demonstrate.

A learner must satisfactorily complete each scenario to pass the practical assessment.

#### **QUALIFICATION VALIDITY**

The qualification is valid for three years from the date of achievement.

It is strongly recommended that the learner attends annual refresher training.

#### Requalification

To requalify learners will need to complete the full 4-hour course again.

#### **PROGRESSION**

Learners who achieve this qualification could progress on to other FAA first aid and related qualifications. FAA also offer qualifications in health and safety including fire safety and manual handling, food safety, safeguarding, and first aid for mental health if a learner wanted to diversify.

Qualification specifications for all FAA qualifications can be found on the FAA website.

