

Candidate Profile: Domestic Helper / Maid

Candidate Reference Code: GS-DH-2026-04

Status: AVAILABLE ASAP

Preferred Role: All-Around Domestic Helper / Housemaid

Profile Date: March 2026

GENERAL INFORMATION

Age & Gender	42 years old, Female
Civil Status	Single (3 Children)
Religion	Roman Catholic
Education	High School Level (2nd Year)
Current Residence	Castillejos, Zambales
Contract Commitment	Seeking Long-Term Employment

WORK EXPERIENCE

Foreign Domestic Helper

Kuwait | 2023 – 2025 (2 Years & 6 Months)

Successfully completed contract overseas. Handled full household operations, including daily cleaning, cooking, laundry, and general domestic upkeep.

Domestic Helper / Housemaid

Alabang Hills, Metro Manila | 7 Months

Provided general cleaning and housekeeping services for a private family residence.

Domestic Helper / Housemaid

Davao | 2 Years

Managed routine domestic chores, house cleaning, and daily meal preparation.

SKILLS & KEY QUALIFICATIONS

- Primary Specialization (Housekeeping):** Exceptional expertise in thorough house cleaning and maintaining home cleanliness (Linis).
- Culinary Capabilities:** Proficient in cooking popular Filipino dishes including Adobo, Sinigang, Afritada, and Kaldereta (Luto).

- **Laundry & Garment Care:** Experienced in handwashing, machine washing, and ironing (Laba).
- **Pet & Health Friendly:** Cat lover (comfortable with pets); fully vaccinated against COVID-19.
- **Verification & Clearances:** NBI Clearance available. Overseas character reference available upon request.

HEALTH & MEDICAL STATUS

Medical Conditions	Mild Hypertension (diet-managed); no history of Heart Disease, Diabetes, or Asthma
Regular Medications	Losartan (taken as needed for blood pressure management)
Smoking Habit	Non-Smoker

PRIVACY NOTICE & DISCLAIMER

To protect candidate privacy in compliance with data privacy guidelines, full personal names and direct contact details have been withheld from this public website profile. To request full unredacted credentials, character references, or to schedule an interview, please contact **Gladness Staffing Agency** directly.