

Running a group lesson with Zenniz: 90 min demo



This is a sample 90-minute lesson structure for 4 players using Group Mode. The lesson consists of a warm-up, themed drills, a serve practice, and match play, all with live feedback visible for each player on the LED panel.

Getting started

On the court, use the Zenniz App to log in or click 'Start now' on the courtside tablet. Go to 'Drills and Practices', choose a drill, drag up to 4 players to their spots, and start the drill.

Lesson flow

1. Warm-up (consistency)
2. Accuracy & pace drills
3. Individual/basket work
4. Serve practice
5. Free play or a match

The below structure is an example – please adjust durations, targets, and themes according to the group's level and your expertise as a coach. If you get any questions or want to share feedback, please get in touch with the Zenniz team via support@zenniz.com!

Demo: Group Mode lesson structure

#	Focus	Data to watch	Zenniz Drill	Content
Warm up: 20–30 mins				
1	Consistency	In-%	Shot Practice	Players rally down the line. Goal: 95% balls in for intermediate/advanced players (adjust for level). A miss drops the % live — great for building rhythm and a clean contact point early.
2	Accuracy: Depth	Avg. Depth	Shot Practice	Switch sides, same drill, new theme: average depth (higher is better). Shots that land long don't count — pushes players to control length, not just get the ball in.
3	Pace: Speed	Avg. Speed	Shot Practice	Set different themes per side based on level — e.g. one pair targets 90–100 km/h pace, the other focuses on staying in the 90%+ range. Same drill, individualized goals.
4	Net Play: Volleys	In-%	Shot Practice	One side volleys at net, the other feeds from the baseline. Theme: consistency (~95%) — harder to rally against a net player, so reward staying steady. Finish with a few smashes.
Drills & technique training: 30–45 mins				
5	Split Groups: Basket + Rally	Mixed themes	Shot Practice	While 2 players rally with their own theme (e.g. topspin pace on one side, slice consistency on the other), coach runs a basket drill with the other 2 — technique, approach shots, whatever's needed.
6	One Minute Challenge	Shot Count	1 Minute Challenge	Hit as many balls in as possible in 60 seconds — fun, competitive, and a quick level check. 20+ = rallying consistently, 30+ = good rhythm, 40+ = pro-level.
7	Serve to Target	Speed + Accuracy	Serve to Target	Each player gets a colored target; smaller target + faster serve = more points. Combines consistency, accuracy, and speed in one drill — great before moving into points.
Match / Playing: 15–30 mins (remainder of the lesson)				
8	Play: Free Play or Match	In-% or Scoring	Match Mode	Free Play for open rallying (in-% is a good proxy for who's controlling points); Match Mode adds scoring plus serve speed and in/out calls. Check Results after for the full stat breakdown.