

NEW HOPE

FAMILY RESOURCE GUIDE

Parenting & Discipleship

A NOTE FOR NEW HOPE FAMILIES

You don't have to be a perfect parent to disciple your kids well—you just need to be willing to take the next step. We've put together this simple collection of books, devotionals, podcasts, and digital tools to help you lead your family toward Jesus in everyday life.

1. Family Discipleship & Rhythms

Foundational guides for spiritual habits

Habits of the Household by Justin Whitmel Earley

FAITH-BASED

Toddlers to Teens

A practical framework for turning daily routines—like mealtimes, bedtime, and discipline—into meaningful spiritual habits.

Family Discipleship by Matt Chandler & Adam Griffin

FAITH-BASED

All Ages

Outlines a simple blueprint for integrating faith through planned Time, spontaneous Moments, and celebrating Milestones.

Raising Passionate Jesus Followers by Phil & Diane Comer

FAITH-BASED

Young Kids to Young Adults

Offers encouragement and field-tested wisdom on keeping eternity in mind as you raise children to walk with God.

Spiritual Parenting by Michelle Anthony

FAITH-BASED

Toddlers through Pre-Teens

Shifts the focus from controlling behavior to shaping environments where the Holy Spirit can transform your child's heart.

2. Bibles & Devotionals for Kids

Scripture engagement by age group

Toddlers & Early Childhood (Ages 0–5)

The Jesus Storybook Bible by Sally Lloyd-Jones

FAITH-BASED

Ages 3–8

Connects every story in Scripture directly to Jesus, showing children that the Bible is one cohesive story of redemption.

Found & Loved Board Books by Sally Lloyd-Jones

FAITH-BASED

Ages 0–5

Gentle paraphrases of Psalms and the Lord's Prayer designed to introduce toddlers to God's unconditional love.

Elementary (Ages 6–10)

The Biggest Story Bible Storybook by Kevin DeYoung

FAITH-BASED

Ages 6–10

Combines rich biblical theology with vivid illustrations to walk kids through the story of Scripture.

Indescribable: 100 Devotions About God & Science by Louie Giglio

FAITH-BASED

Ages 6–10

Blends scientific facts about space, earth, and nature with biblical truth to inspire awe for the Creator.

New City Catechism for Kids by Gospel Coalition

FAITH-BASED

Ages 4–11

A simple Q&A tool—available as a book, app, and songs—designed to teach core Christian doctrines.

Pre-Teens & Middle School (Ages 10–13)

Long Story Short / Old Story New by Marty Machowski

FAITH-BASED

Ages 8–12+

Flexible, 10-minute daily family devotionals that walk systematically through the Old and New Testaments.

The Action Bible Illustrated by Sergio Cariello

FAITH-BASED

Ages 8–12

High-energy graphic novel illustrations that engage visual readers with the narrative of Scripture.

3. Discipline & Emotional Health

Navigating behavior, grace, and emotions

Parenting: 14 Gospel Principles by Paul David Tripp

FAITH-BASED

Parents of All Ages

Re-centers parenting away from behavioral control and toward being an instrument of God's grace.

The Whole-Brain Child by Daniel J. Siegel & Tina Payne Bryson

GENERAL INSIGHT

Toddlers to Pre-Teens

A practical guide with 12 strategies to help kids process big emotions, build resilience, and resolve conflict.

Shepherding a Child's Heart by Tedd Tripp

FAITH-BASED

Toddlers through Teens

Focuses on understanding the heart motivations behind outward behavior rather than simply correcting actions.

Good Inside by Dr. Becky Kennedy

GENERAL INSIGHT

Toddlers to Pre-Teens

Offers practical frameworks for holding firm boundaries while maintaining a loving connection with your child.

4. Technology & Digital Wisdom

Establishing healthy screen boundaries

The Tech-Wise Family by Andy Crouch

FAITH-BASED

Parents of All Ages

Challenges families to put technology in its proper place, prioritizing real relationships, creative work, and rest.

The Anxious Generation by Jonathan Haidt

GENERAL INSIGHT

Pre-Teens & Teens

A research-backed look at how smartphones impact youth, with practical steps to restore real-world freedom.

The Tech-Talk Alliance Screenagers Project

GENERAL INSIGHT

Middle & High Schoolers

Helpful guides and family contracts to establish clear boundaries before introducing smartphones or social media.

5. Parenting Boys & Girls

Guidance for distinct developmental needs

Raising Boys

The Intentional Father

FAITH

by Jon Tyson

Middle/High School

A step-by-step roadmap for guiding young men into mature Christ-centered manhood.

Wild Things: Boys

GENERAL

by S. James & D. Thomas

All Ages

Decodes the physical and emotional brain development of boys to foster patience.

Raising Girls

Raising Worry-Free Girls

GENERAL

by Sissy Goff

Elementary–High School

Equips parents with tools to spot anxiety and help young girls build bravery.

Raising a Strong Daughter

GENERAL

by Dr. Meg Meeker

All Ages

Gives strategies to foster confidence, self-worth, and resilience against cultural pressure.

6. Digital Tools & Podcasts

On-the-go tools for daily routines

Lectio for Families App

by 24-7 Prayer

FAITH-BASED

School-Aged Kids

Free daily audio devotionals with prayer, Scripture, and discussion prompts for commutes or mealtimes.

Parent Cue App

by The Parent Cue

FAITH-BASED

Infants to Teens

Sends weekly prompts and simple conversation starters aligned with your child's exact stage.

The Intentional Parents Podcast

with Phil & Diane Comer

FAITH-BASED

Audio Podcast

Encouraging conversations on building a grace-filled, Jesus-centered culture inside your home.

Raising Boys & Girls Podcast

with Sissy Goff & David Thomas

GENERAL INSIGHT

Audio Podcast

Professional counseling insights paired with practical wisdom to help navigate developmental milestones.