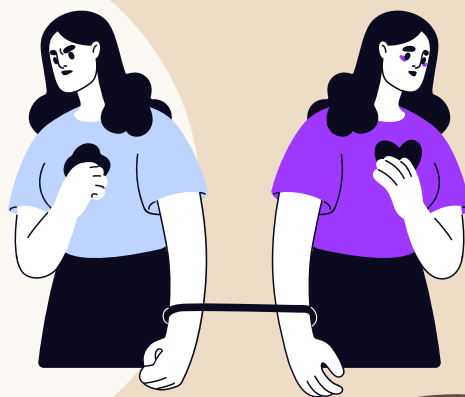


Working with Youth Who Are Religious

Ambivalent Feelings

Youth may experience a **crisis of faith** as they consider abortion. Despite recognizing the need for an abortion, feelings of **guilt, confusion, and sadness** may arise.



Social Tension

Youth may experience **tension, isolation, and conflict** in their relationships. This can make them feel alone. They may also be **pressured or shamed into making a pregnancy decision they don't feel is right for them.**

Identity Crisis

Religion and spirituality are integral aspects to an individual's **sense of self**. Youth **may question their beliefs and morals** as they consider abortion.



Social Media Resources

Consider the power of online communities!

@catholic4choice
@iv4rjofficial
@faithpubliclife
@sacred_repro
@wetestify

@shoutyourabortion
@unitedchurchofchrist
@mpvusa
@hearttogrow
@abortionlibrarian

Pro-Choice Religious Resources

Faith Aloud <https://www.faithaloud.org/>

Abortions Welcome <https://abortionswelcome.org/>

Religious Coalition for Reproductive Choice
<https://rcrc.org/faith-perspectives/>

Interfaith Voices for Reproductive Justice
<https://www.iv4rj.org/>

SACReD Spiritual Alliance of Communities for Reproductive Dignity <https://www.sacreddignity.org/>

