



RASPORED VJEŽBANJA

5. RUJNA 2026., Zagrebački velesajam, paviljon 7

VRIJEME	Dvorana STRONG		Dvorana FIT	
	Aktivnost	Partner / Voditelj	Aktivnost	Partner / Voditelj
9:00 9:45	Jutarnja joga	Društvo za rekreaciju Yoga-Zagreb, Danijel Dubičanac	VJEŽBAJ BILO GDJE Jednostavne vježbe za svaki dan	Atletski klub Agram, Ljiljana Čulibrk i Mateo Ružić
10:00 10:45	Trening snage za žene	Zorana Jagodić	Moć daha powered by DoNatural	DoNatural, Biljana Dorotić Džolić
11:00 11:45	Strength / mobility	Andrea Solomun	Free Flow Movement	Igor Šehić
12:00 12:45	Strength for Longevity	Andrea Solomun	Yoga Vinyasa Flow	DharmaWay Yoga Center & Yoga Academy, Jasna Rajković
13:00 13:45	Jiu Jitsu	JJK Arrow, Krešimir Jurković	Pilates Flow	Simba Fit, Simona Papec Garaj
14:00 14:45	Pilates & Red Light Therapy	DOMA Reform Club & Scarlet, Kristina Kratofil	Full Body	Simba Fit, Simona Papec Garaj
15:00 15:45	Pilates	DOMA Reform Club, Kristina Kratofil	Trening za djecu (8-12 godina)	Mozaiq sports, Igor Macner
16:00 16:45	Radionica društvenih plesova	Plesni centar Zagreb by Nicolas, Karlo Tumpić i Laura Batistić	High Performance Breathing powered by Garmin	Garmin, Igor Šehić
17:00 17:45	Yoga & Breath	Pink Elephant Yoga Institute, Petra Bianco	Pilates	MARespira Pilates and Fitness, Marija Andrić Vukoja
18:00 18:45	Večernji pilates	Studio Petersen, Marijan Kraljević	Radionica Line Dance & Latin Style	Plesni centar Zagreb by Nicolas, Karlo Tumpić i Laura Batistić