

## What have others said about the event...

- Very powerful to be able to find *strength in vulnerability*.
- This is something the *Church desperately needs*.
- Good balance of *content and testimony*.
- Thank you for a *spiritual, inspiring, and enjoyable weekend*. The weekend was a great opportunity to connect with other men who share similar challenges with their faith, parenting, and spousal relationships. I am inspired *to be more engaged and be a better Catholic man, husband, and father*.
- I feel it was a *privilege to attend*.
- The weekend was a great opportunity for men to come to be together and *be set on fire*. The vision of menALIVE was well presented and the format enables practical ways this could be accomplished.
- I was very impressed with the *enthusiasm and friendliness of the team* and all the participants in general. I gained a lot from the weekend.
- Offers a *clear vision for being Catholic and Christian in the contemporary world*.
- An enjoyable and *very grounded experience of spirituality for men*.



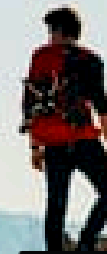
Scan me to book

menALIVE is a National Catholic Ministry to men which was founded out of a response to a greater need in the hearts and lives of men and in the life of the Catholic Church.

The purpose of menALIVE is to experience an encounter with Jesus, to bring men together, to renew their faith in God, and to encourage them to become an active force in the Church.

Through a variety of events and small group sessions, men are invited to explore what God wants for their lives and how they might come to experience the fullness of life that God wants for us all.

[www.menalive.org.au](http://www.menalive.org.au)



# men

# ALIVE

## men's weekend

When was the last time you felt

# FULLY ALIVE?

Saturday, 31 May 2025 (8am to 9pm) to Sunday, 01 June 2025 (finishing 1pm)

**~~ SAVE THE DATE ~~**

St. Patrick's Sutherland  
136 Flora Road, Sutherland

**The glory of God is man fully alive.**

**-- St. Irenaeus of Lyon**

*Rediscover God's presence and desire for your life.*

The menALIVE men's weekend is an opportunity for men to explore what makes them truly feel alive.

During the weekend, menALIVE team will share their lives, the challenges they face, and the hope they have discovered in seeking to walk this journey with God.

Perhaps the most important thing the weekend offers is space for men to reflect and opportunities to share with one another about themselves and their lives.

The experience of the weekend is powerful and dynamic, and many men are inspired and encouraged with a new sense of purpose and mission.

The weekend is organised by men in your local community and conducted by an experienced team of menALIVE facilitators. It is suitable for men from 18 years of age.

## menALIVE Men's Weekend - Sutherland

31 May to 01 June 2025  
St. Patrick's Parish Hall  
136 Flora Street, Sutherland NSW

Programme Overview:  
Saturday, 31 May 2025  
Registration at 8am to 8:45am  
Day 1 ends 9pm  
-- Lunch and Dinner provided --  
Sunday, 01 June 2025  
Start at 8:30am  
Holy Mass at 10am  
Day 2 ends 1pm

### INVESTMENT

\$60 per person (concessions available) or **\$50 for early registrations before 31 March**. Fee includes workshop materials, morning and afternoon teas, lunch, and BBQ dinner for Saturday, and morning teas for Sunday.

RSVP on or before **28 May 2025**.

For enquiries, contact:  
Steve Lia: [steve.lia@menalive.org.au](mailto:steve.lia@menalive.org.au) / **0412667657**

or

Parish office:  
[admin@stpatssutherland.org.au](mailto:admin@stpatssutherland.org.au)

*Please advise if you have any special dietary requirements.*

For tickets and to register online, please use the link: <https://www.trybooking.com/CYXFZ> or visit [www.trybooking.com](http://www.trybooking.com) and search for 'menALIVE Sutherland' or scan QR code below to register:



## Registration Form

Name: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Mobile: \_\_\_\_\_

Email: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

Parish: \_\_\_\_\_

### Payment Details

*I am paying by:*

Direct Deposit

Credit card

For credit card:

Cardholder's name: \_\_\_\_\_

Card number: \_\_\_\_\_

Expiry date: \_\_\_\_\_ CVV: \_\_\_\_\_

If paying by Direct deposit:

**Account name: St. Patrick's Catholic Church**

**BSB: 062-784**

**Account number: 100000660**

**-- Use menALIVE as reference --**

**Return this form to:**

**St. Patrick Catholic Church**

**136 Flora St., Sutherland NSW 2232**