

Terms & Conditions — Vitrokids

APPLIES TO: Youth Participants Aged 10–17 and Their Parents/Guardians · Last Updated: July 2026

1 GENERAL INFORMATION

1.1 The Vitro Kidz event is a youth fitness performance experience designed for participants aged 10 to 17 years, focused on developing physical confidence, movement skills and long-term health awareness through supervised, age-appropriate testing stations.

1.2 Events are organised and delivered by Vitro in partnership with FortitudeFit and are conducted in accordance with all applicable UK health, safety and safeguarding standards.

1.3 All references to parent or guardian mean the participant's parent or legal guardian who completes registration on the participant's behalf.

2 NATURE OF THE EVENT

VITRO KIDZ IS A FITNESS PERFORMANCE EVENT, NOT A HEALTH SCREENING SERVICE

All performance results are fitness benchmarks only. They are not a medical assessment, clinical evaluation or health screening of any kind. Results do not constitute medical advice and must not be treated as a substitute for professional medical assessment.

2.1 No member of the Vitro event team acts in a clinical or medical capacity at any Vitro Kidz event. Educational content is provided for informational and motivational purposes only.

3 AGE CATEGORIES AND ELIGIBILITY

3.1 Age categories: Under 12s (ages 10–11); Under 16s (ages 12–15); Under 18s (ages 16–17).

3.2 Participants must be at least 10 years of age to take part.

3.3 Participants aged 16 or 17 may, with parental/guardian consent, participate in adult waves at the standard Vitro Vitality Games.

4 INSURANCE DISCLOSURE

CRITICAL — PLEASE READ BEFORE REGISTERING

Participants aged 14 and above: may be covered under the venue's public liability insurance subject to the terms and limits of the applicable policy.

Participants aged 10 to 13 (Under 14s): ARE NOT covered by the gym's insurance policy. Participants in this age group take part entirely at the parent/guardian's own risk.

The Organiser strongly recommends that parents/guardians of children aged under 14 consider appropriate personal accident or sports activity insurance before registering.

5 PARENT AND GUARDIAN RESPONSIBILITIES

5.1 All participants under 18 must be registered by a parent or legal guardian. Self-registration by a participant under 18 is not valid.

5.2 The parent/guardian must: provide informed consent for the child's participation; confirm that the child is physically fit; provide accurate emergency contact information; be contactable by telephone throughout the Event; and be present at the venue during the Event (required for participants aged under 14).

5.3 By registering, the parent/guardian confirms that the child is physically fit and able to participate safely.

6 SAFEGUARDING AND CHILD PROTECTION

6.1 The Organiser is committed to the safeguarding and welfare of all youth participants. Events are structured to provide appropriate supervision at all times.

6.2 All Vitro staff and volunteers working with youth participants have completed appropriate safeguarding training and, where required, hold current DBS clearance.

6.3 Any safeguarding concern should be reported immediately to the Event Director.

6.4 Participants will not be left unsupervised at any point during the Event.

7 ASSUMPTION OF RISK AND LIABILITY

7.1 Participation in Vitro Kidz events involves physical activity carrying inherent risks including: muscle and soft tissue injury; falls and impact injuries; fatigue and overexertion; cardiovascular exertion-related effects. The parent/guardian, by registering their child, acknowledges and accepts these inherent risks on the child's behalf.

7.2 Nothing in these Terms excludes liability for death or personal injury caused by the Organiser's negligence, or any other liability that cannot be limited or excluded by law.

8 INCORPORATION OF ADULT TERMS

8.1 Clauses 7 (Event Rules and Conduct), 8 (Bookings, Payments and Refunds), 9 (Event Changes), 10 (Media and Content Consent), 11 (Safety and Emergencies), 12 (Data and Privacy) and 13 (Governing Law and Jurisdiction) of the Adult Terms & Conditions (Document 3) apply equally to Vitro Kidz participants and their parents/guardians and are incorporated into these Terms by reference.

8.2 Media consent for participants under 18 must be given by the parent/guardian and may be withdrawn at any time before the Event by contacting the Organiser in writing.