



S.B. Keshava Swami

www.keshavaswami.com

Teacher | Author | Thought Leader

After graduating from University College London (UCL), S.B. Keshava Swami embraced monastic life at the age of twenty-one—a journey he continues more than two decades later. With over 25 years of study in ancient Sanskrit wisdom texts, he has authored more than ten books and developed over fifty educational courses. His work empowers audiences to apply timeless insights to elevate relationships, uncover purpose, overcome inner obstacles, and cultivate holistic well-being.

Keshava Swami's online teachings and social media presence have introduced tens of thousands to the depth and practicality of Eastern wisdom. He has founded multiple educational initiatives, including Wisdom That Breathes, an online community designed to inspire a new generation of conscious changemakers. In 2025-26, he completed a full-time Monastic Fellowship at Harvard Divinity School, advancing his research in Vedic theology.

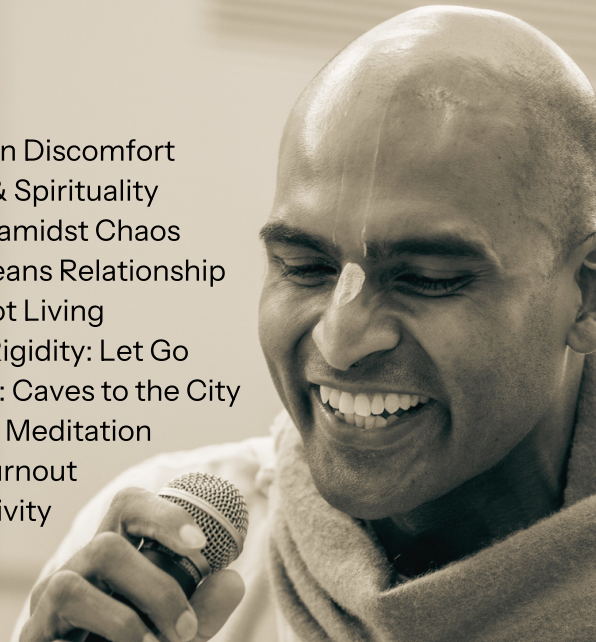
Wisdom That Breathes

Keynotes

Universal spiritual insights
that empower us on all levels
– physically, emotionally,
socially and spiritually.

For all enquiries please email:
contact@keshavaswami.com

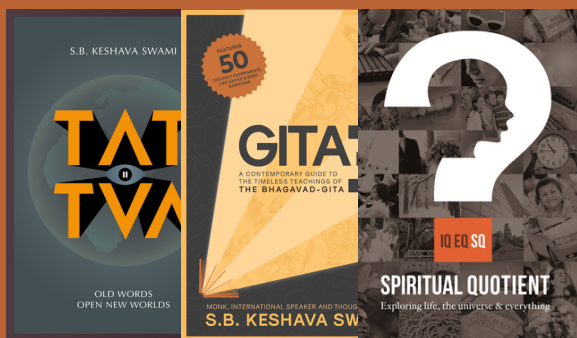
- Find Comfort in Discomfort
- AI, Humanity & Spirituality
- Seek Purpose amidst Chaos
- Leadership means Relationship
- The Cost of Not Living
- Resilience vs Rigidity: Let Go
- Monk Mindset: Caves to the City
- Media, Mind & Meditation
- Breakout of Burnout
- Unleash Creativity



Meeting the Archbishop
of Canterbury

With Prime Minister
Rishi Sunak

Greeting Her Majesty
The Queen Elizabeth II



Author of over 10 books on self development,
theology and contemporary spiritual wisdom

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