

Sophie combines in-depth research and practical experience to provide thoughtful heritage advice across a wide range of historic buildings and development projects.



MSt Building History from Wolfson College, Cambridge
BA History from Van Mildert College, Durham

Sophie began her journey with Heritage Potential as a work experience student in our London office, joining the heritage team and gaining first-hand experience across a diverse range of heritage, planning and conservation projects throughout the UK. Since then, she has continued to develop her experience across a wide range of historic buildings and heritage assets, supporting projects at different stages of the planning and development process.

Sophie contributes to heritage assessments, statements of significance, planning applications and listed building consent applications, as well as appeals and more complex development proposals. She enjoys combining detailed research with practical experience to understand the history and significance of places and what makes them special. Currently pursuing her Master of Studies Building History degree at the University of Cambridge while working full-time, Sophie brings a thorough and thoughtful approach to her work, helping project teams find practical ways to protect and manage heritage assets while supporting their future use and development.

Outside of work Sophie is a keen dancer and culture enthusiast, as an avid museum goer - not unexpected for a heritage 'Bod'! Most recently, she visited Weald and Downland Museum and Chichester's Fishbourne Roman Palace.

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