

## School-Based Mental Health, built for district-scale delivery.

Lartey Wellness Group is a Maryland-licensed, CARF-accredited outpatient mental health clinic. We partner with schools and districts to deliver a coordinated continuum of student behavioral health care — from screening and assessment through therapy, psychiatry, crisis coordination, and discharge planning.

### A PARTNER BUILT FOR THE WAY DISTRICTS ACTUALLY WORK

#### Embedded, not bolted on

Our clinicians join school well-being and IEP/504 teams — the coordination that turns services into measurable outcomes.

#### Procurement-ready

We've completed full RFPs for major Maryland systems, including Montgomery County Public Schools (MCPS), and understand the credentialing, documentation, and compliance districts require.

#### Clear access pathways

We reduce barriers for referred students through insurance-based services, uninsured-care resources, and limited pro bono options.

### MEASURED OUTCOMES & TRACK RECORD

**85%**

Client engagement rate

**75%**

Significant symptom reduction

**70%**

Treatment completion (vs. ~50% national avg.)

**90%**

Client satisfaction, post-treatment

**8,000+**

Clients served since 2020

**2,000+**

School-aged children served

**34**

Licensed clinicians on staff

**24/7**

On-call clinical coverage

### A COMPREHENSIVE CONTINUUM OF CLINICAL SERVICES

- **Comprehensive Clinical Assessments** — biopsychosocial evaluation, standardized screening (PHQ-9, GAD-7, C-SSRS), and individualized treatment planning.
- **Group Therapy** — social skills, emotional regulation, grief, anxiety, and anger management.
- **Psychiatric Eval & Medication Management** — delivered by nine Psychiatric Mental Health Nurse Practitioners on staff.
- **Crisis Coordination & After-Hours Support** — after-hours clinical guidance and linkage to crisis resources.
- **Individual Therapy** — short-term, solution-focused, evidence-based interventions matched to each student.
- **Family Therapy** — systemic interventions that strengthen communication and reinforce gains at home.
- **Kids Mentorship Program** — community- and home-based skill-building and academic integration.
- **Aftercare & Discharge Planning** — structured transitions with 30/60/90-day follow-up.

Treatment matched to the student — **20+ evidence-based, trauma-informed modalities**, with outcomes tracked session-by-session through Blueprint.ai and clinical work documented in TherapyNotes.

### DESIGNED TO SERVE EVERY STUDENT · ACCREDITED, INSURED & COMPLIANT

#### Access & insurance

**Accepted:** Maryland Medicaid, Medicare, UnitedHealthcare, UMR, CareFirst BlueCross BlueShield, Aetna, Evernorth (Cigna).

#### ● Uninsured families — a three-tier model:

- Medicaid enrollment assistance for eligible families.
- Connection to the Maryland Uninsured Fund.
- Pro bono care when no funding source is available — to help ensure funding is not the sole barrier to care, when clinically and operationally appropriate.

**Language & culture:** Spanish-speaking clinicians and a dedicated interpreter; Spanish-language intake and consent; a workforce spanning 18 countries.

#### Compliance & operations

- ✓ HIPAA, FERPA, COPPA, and Maryland Student Privacy Act compliance.
- ✓ COMAR-aligned policies, documentation, and partnership workflows.
- ✓ Background-check and badging protocols for school-assigned staff (e.g., MCPS Article 21).
- ✓ MOU execution and exchange-of-information frameworks.
- ✓ Multi-payer credentialing (Medicaid plus six private plans).
- ✓ Insurance, fingerprinting, and onboarding for school-assigned staff.
- ✓ CARF-accredited quality assurance; session-by-session outcome tracking.

## Let's build a partnership for your students.

Exploring options or already in an active RFP? We aim to respond within two business days.

[Book a discovery call →](#)

[Submit an RFP →](#)