



Watch the video 

Carole  
Costa

d e f e n s e

Carole da Silva Costa

Nationality: Portuguese

 03 May 1990

 1.73 m

 Right footed

 54 kg

| Season  | Team                                                                                               | Game                                                                                | Assists                                                                             | Goals                                                                               | International                                                                                                                                                                   | Awards                                                                                                                                                                                                                                                                                                                                                                                                              |
|---------|----------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|         | <br>GALATASARAY |  |  |  |                                                                                            |                                                                                                                                                                                                                                                                                                                                |
| 2026/27 |  Galatasaray    | -                                                                                   | -                                                                                   | -                                                                                   | <br><br>Team A — 191<br>Sub19 — 18<br>= 209<br>Internationalizations<br><br>207   25 goals | 1 - WWC2027 Qualifying (UEFA) 2026<br>3 - Women's Super Cup 2017, 2022, 2023<br>5 - Women's League Cup 2019/20, 2020/21, 2021/22, 2022/23, 2023/24, 2024/25<br>7 - Portuguese Women's League 2017/18, 2020/21, 2021/22, 2022/23, 2023/24, 2024/25, 2025/26<br>3 - Portuguese Women's Cup 2017/18, 2023/24, 2025/26<br><br>1 - BPL League: Best Player 2021/22 (1st)<br>1 - Liga BPL: Team of the Year 2018/19 (1st) |
| 2025/26 |  SL Benfica     | 26                                                                                  | 1                                                                                   | 11                                                                                  |                                                                                                                                                                                 |                                                                                                                                                                                                                                                                                                                                                                                                                     |
| 2024/25 |  SL Benfica     | 29                                                                                  | 4                                                                                   | 6                                                                                   |                                                                                                                                                                                 |                                                                                                                                                                                                                                                                                                                                                                                                                     |
| 2023/24 |  SL Benfica     | 35                                                                                  |                                                                                     | 13                                                                                  |                                                                                                                                                                                 |                                                                                                                                                                                                                                                                                                                                                                                                                     |
| 2022/23 |  SL Benfica     | 36                                                                                  |                                                                                     | 2                                                                                   |                                                                                                                                                                                 |                                                                                                                                                                                                                                                                                                                                                                                                                     |
| 2021/22 |  SL Benfica     | 32                                                                                  |                                                                                     | 1                                                                                   |                                                                                                                                                                                 |                                                                                                                                                                                                                                                                                                                                                                                                                     |
| 2020/21 |  SL Benfica     | 30                                                                                  |                                                                                     | 2                                                                                   |                                                                                                                                                                                 |                                                                                                                                                                                                                                                                                                                                                                                                                     |
| 2019/20 |  Sporting CP    | 18                                                                                  |                                                                                     | -                                                                                   |                                                                                                                                                                                 |                                                                                                                                                                                                                                                                                                                                                                                                                     |
| 2018/19 |  Sporting CP    | 24                                                                                  |                                                                                     | 4                                                                                   |                                                                                                                                                                                 |                                                                                                                                                                                                                                                                                                                                                                                                                     |
| 2017/18 |  Sporting CP    | 29                                                                                  |                                                                                     | 7                                                                                   |                                                                                                                                                                                 |                                                                                                                                                                                                                                                                                                                                                                                                                     |
| 2016/17 |  BV Cloppenburg | 22                                                                                  |                                                                                     | 5                                                                                   |                                                                                                                                                                                 |                                                                                                                                                                                                                                                                                                                                                                                                                     |
| 2015/16 |  BV Cloppenburg | 24                                                                                  |                                                                                     | 5                                                                                   |                                                                                                                                                                                 |                                                                                                                                                                                                                                                                                                                                                                                                                     |
| 2014/15 |  MSV Duisburg   | 25                                                                                  |                                                                                     | 5                                                                                   |                                                                                                                                                                                 |                                                                                                                                                                                                                                                                                                                                                                                                                     |
| 2013/14 |  FCR Duisburg   | 19                                                                                  |                                                                                     | 2                                                                                   |                                                                                                                                                                                 |                                                                                                                                                                                                                                                                                                                                                                                                                     |
| 2010/13 |  SGS Essen      | 19                                                                                  |                                                                                     | -                                                                                   |                                                                                                                                                                                 |                                                                                                                                                                                                                                                                                                                                                                                                                     |
|         |                                                                                                    | 42                                                                                  |                                                                                     | 1                                                                                   |                                                                                                                                                                                 |                                                                                                                                                                                                                                                                                                                                                                                                                     |
|         |                                                                                                    |                                                                                     |                                                                                     |                                                                                     |                                                                                                                                                                                 | 21 Total                                                                                                                                                                                                                                                                                                                                                                                                            |