

NSF / NEVER SKIP FITNESS

LEGAL TERMS

TERMS & CONDITIONS

These Terms & Conditions explain the rules that apply when you purchase or use a Never Skip Fitness product.

Last Updated: August 2026

OFFICIAL WEBSITE DOCUMENT / 2026

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These Terms & Conditions explain the rules that apply when you purchase or use a Never Skip Fitness product.

1. Acceptance

By purchasing or using any Never Skip Fitness product, you agree to these Terms & Conditions.

2. Digital Products

All NSF products are digital products delivered electronically.

No physical products are shipped.

3. Personal Licence

Your purchase grants you a personal, non-transferable licence.

You may:

- Download your files
- Print worksheets and training logs for your own personal use
- Use the products indefinitely unless otherwise stated

You may not:

- Share files with others
- Upload files to public websites
- Resell the products
- Redistribute any part of the content
- Claim ownership of the material

4. Intellectual Property

All guides, trackers, worksheets, branding, graphics, text and designs remain the intellectual property of Never Skip Fitness.

Unauthorised reproduction or distribution is prohibited.

5. Health Disclaimer

The information provided is for educational purposes only.

It does not replace professional medical advice, diagnosis or treatment.

Always consult a qualified healthcare professional before beginning any exercise or nutrition programme, particularly if you have a medical condition or injury.

Participation is entirely at your own risk.

6. Results Disclaimer

Individual results vary.

We do not guarantee specific fitness, health or performance outcomes.

Success depends on many factors including consistency, effort, nutrition, recovery and individual circumstances.

7. Product Updates

We may improve or update our products over time.

Whether existing customers receive future updates depends on the product offering described at the time of purchase.

8. Limitation of Liability

To the maximum extent permitted by law, Never Skip Fitness shall not be liable for indirect, incidental or consequential damages arising from the use of our products.

Nothing in these Terms limits liability where such limitation is prohibited by law.

9. Governing Law

These Terms are governed by the laws of Belgium.

Any disputes shall be subject to the competent Belgian courts, unless mandatory consumer protection law provides otherwise.

10. Contact

Coming soon