

ABORTION ACCESS QUICK GUIDE: TORONTO & GTA

Sources: Teen Health Source, Planned Parenthood

ABORTION OPTIONS

- Options are **hospital** (general anesthetic), **The Bay Centre** or **freestanding clinics** (local anesthetic)
- You do not need a referral.**

To make an appointment at a hospital, you must first contact the Bay Centre: Sexual Health www.womenscollegehospital.ca/care-programs/the-bay-centre-sexual-health/

For freestanding clinics, you can call the clinic directly.

- Abortions past 24 weeks GA may require travel to the US → National Abortion Federation (prochoice.org)

	Manual Surgical Abortion (The Bay Centre)	Surgical Abortion (hospital)	Surgical Abortion (freestanding clinic)
Gestational Age	Up to 8 weeks	Up to 24 weeks + 6 days	4-24 weeks
Intake Appointment	At Bay Centre	At Bay Centre	At freestanding clinic
Anesthetic/Medication	Local + pain medication	General	Local + pain medication
Awake/Unconscious	Awake	Unconscious	Awake

COST OF ABORTION

	Medical Abortion (Mifegymiso)	Surgical Abortion (Hospital)	Surgical Abortion (Freestanding Clinic)
Without Insurance	\$300-\$460 + visit/admin fees (\$0-\$450).	May pay only \$80-\$180 for ultrasound. Assistance may be available: Call BCBC (416-351-3700).	\$300-\$2300 Earlier procedures typically ~\$500.
OHIP	Fully covered.	Fully covered.	Procedure fully covered. Some clinics have admin fees.
UHIP, IFH, DND	Fully covered. May have to pay upfront and get reimbursed.	Fully covered. May have to pay upfront and get reimbursed.	Fully covered. May have to pay upfront and get reimbursed. Some clinics have admin fees.

***UHIP = University Health Insurance Plan, IFH = Interim Federal Health, DND = Canadian Military Insurance

- If from another province, call the province's health insurance plan office - they may reimburse
- Some clinics have funds for financial assistance - can call and ask
- If need to travel to get abortion, **Action Canada for Sexual Health and Rights** (sexualhealthandrights.com) or **National Abortion Federation** (prochoice.org) may help with costs

FINDING A PROVIDER

Choice Connect: choiceconnect.ca

Teen Health Source: 416-961-3200 | teenhealthsource.com/pregnancy/abortion-providers-gta

Planned Parenthood: 416-961-0113 | ppt.on.ca/factsheets/abortion

Action Canada: 1-888-642-2725 | actioncanadashr.org/resources/services

SUPPORTIVE LISTENING/COUNSELLING

Planned Parenthood: 416-961-0113 | ppt.on.ca

BCBC: 416-351-3700 | womenscollegehospital.ca/care-programs/the-bay-centre-sexual-health

Choice in Health Clinic: 647-370-3203 | choiceinhealth.ca

Teen Health Source: 416-961-3200 | teenhealthsource.com

Action Canada for Sexual Health & Rights Access Line: 1-888-642-2725 |

actioncanadashr.org **All-Options:** 1-888-493-0092 | all-options.org/find-support/talkline

Faith Aloud (trained clergy/religious counselors): 1-888-717-5010 | faithaloud.org

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