

A close-up photograph of a hand with fingers slightly spread, set against a dark, gradient background. A bright, multi-colored light flare emanates from the palm area, creating a sense of energy and mysticism. The overall tone is ethereal and spiritual.

METAPHYSICAL ANATOMY 101

COURSE OUTLINE

Unlock Your Inner
Blueprint

Don't Let Your Health
Mysteries Haunt You

Your Roadmap to
Holistic Health

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☀ Metaphysical Anatomy 101: Basic Instructions Before Leaving Earth

The Quantum Leap In Wellness: Awakening The Energy Bodies For Healing & Revealing

Hosted by [Kamau](#) / CRXSH & [Light Body Balancing](#)

Additional research and mining in collaboration with Sibyl via. [Secret Energy](#) - The worlds first Conscious Social Ecosystem.

You can easily find most additional high vibrations / healthy living materials referenced in this course on Amazon [here](#) & if you use my affiliate links it does help LBB grow while sharing the best new information with you.

While the course is designed to work without it too, the specific frequency balancing app we recommend is proprietary and far beyond 99% of what is available in the public eye today, and will take your experience to the next level much faster. If you want to integrate new approaches using 'Star Trek Tech' I highly encourage you to try out The [Genius Quantum Biofeedback](#) from Insight Health Apps. It lays everything out nicely so you don't have to think as much. If you enjoy it and see the potential, your investment is going towards some of the most cutting edge Spiritual Science research in the world, now many will be able to reap the benefits. Each one teach one. Together we rise.

Who is this for?

For Holistic Health Enthusiasts:

If you've been exploring the realms of alternative medicine and holistic health, this course will deepen your understanding of the metaphysical aspects of your body. Unlock new dimensions of well-being that go beyond the physical.

For Spiritual Seekers:

Are you on a spiritual journey and curious about the deeper connections between your physical and spiritual selves? This course will guide you through the metaphysical layers of your anatomy, enriching your spiritual practice.

For Healthcare Professionals:

As someone involved in healthcare, you understand the complexities of the human body. This course offers you a fresh perspective that integrates metaphysical elements, potentially enriching your professional approach to patient care.

For Wellness Coaches:

As a coach, you strive to offer holistic wellness solutions to your clients. Metaphysical Anatomy 101 will equip you with the knowledge to integrate metaphysical insights into your coaching practice, offering a more rounded approach to well-being.

For Chronic Sufferers:

If you've been grappling with chronic issues and haven't found relief through conventional means, this course could be your next step. Explore the metaphysical aspects of your anatomy and discover new avenues for healing.

For Curious Minds:

If you're fascinated by the interconnectedness of the universe and how it manifests within our bodies, this course will satiate your intellectual curiosity. Dive deep into the metaphysical anatomy and discover a new world within you.

For Personal Development:

Committed to personal growth? Understanding your metaphysical anatomy can add another layer to your journey of self-discovery and self-improvement.

For Yoga Practitioners and Meditation Enthusiasts:

Your practices already touch upon the mind-body-spirit connection. This course will deepen that understanding, offering you new insights that can enhance your yoga and meditation experiences.

For Creators:

As a creator, you're already in tune with the power of imagination and the importance of tapping into deeper layers of consciousness for inspiration. This course will offer you a new lens to view not just your work, but also yourself. Understanding your metaphysical anatomy can unlock new levels of creativity, helping you break through blocks and reach new heights in your artistic endeavors.

Metaphysical Anatomy Course Outline

I. Introduction to Alchemy and Eastern Wisdom

- The principles of alchemy
- Microcosm and macrocosm
- Law of correspondence
- Process of spiritual transformation
- Ancient Egyptian and Eastern wisdom
- Concepts like Qi, Yin and Yang, and the Tao

II. Understanding Archetypes

- Introduction to archetypes and their role in our psyche
- Exploring key archetypes like the Hero, Shadow, Anima/Animus, and Self
- Characteristics and role of each archetype
- Archetypes in Tarot and the Fool's journey
- Identifying active archetypes in one's life
- Integrating archetypes for personal growth and transformation

III. Exploring Multiple Realities

- Introduction to multidimensionality
- The 3rd, 4th, and 5th dimensions
- Shifting consciousness between dimensions
- Different planes of existence (physical, astral, causal)
- Accessing higher aspects of ourselves
- Higher Self as guide through dimensions
- Expanding individual consciousness
- Techniques for shifting densities (meditation, energy work, sacred geometry)
- Transmutation, transformation, transcending

IV. Introduction to Metaphysical Anatomy

- Chakras - locations, functions, colors, balancing
- Meridians - energy pathways, clearing blockages
- Aura - energy field, reading and interpreting
- Physical ailments and metaphysical causes
- Energy healing techniques (Reiki, Pranic, Quantum Touch)

V. The Study of Auras

- Understanding the aura and its significance

- Techniques for perceiving the aura
- Interpreting aura colors, shapes, and patterns
- Cleansing the aura through visualizations, energy healing, crystals
- Using aura reading apps to analyze the aura

VI. Energy Healing Techniques

- Overview of energy healing principles and modalities
- Reiki - channeling energy through the hands
- Qi Gong - movement, breathing and meditation
- Pranic healing - clearing and flooding the aura with prana
- Quantum biofeedback - using frequencies to recalibrate the biofield

VII. Interactive Activities

- Guided meditations, visualizations, energy readings/healings
- Aura reading practice and interpretations
- Creativity exercises to apply metaphysical concepts

VIII. Final Project

- Aura reading and interpretation
- Energy self-healing session
- Reflection on spiritual journey and personal growth

IX. Conclusion and Further Exploration

- Summary of key learnings
- Recommended resources for further study
- Books, courses, practitioners to support ongoing learning