



The screenshot shows the UPTIVO app interface for a group training session. At the top, it says "Group Training" and "UPTIVO". Below that, the duration is "00:31:34". There are four participants listed in a 2x2 grid:

Participant	Percentage	bpm	kcal
Valentina	79%	161 bpm	499 kcal
Cri	80%	163 bpm	501 kcal
Andrea	69%	122 bpm	432 kcal
Micky	77%	142 bpm	323 kcal





Uptivo Belt & Armband

Your new business opportunity.

Uptivo works with your customers' personal heart rate sensors such as Polar, Suunto, and more. Additionally, you can give them the opportunity to purchase Uptivo Belt or Uptivo Armband, the perfect devices to track heart-rate-based individual and group trainings, at your studio or in the open air.



Uptivo Trainer boosts customer satisfaction and loyalty



360° members coverage



Review activities and progress.

Uptivo provides a free of charge personal app to track activities for members in need of additional training. Personal trainers can review online reports for every trainee to provide feedback on past workouts, and introduce new activities in order to reach individual training targets.

Uptivo Trainer App – Main Features

- Real-time individual and group training heart rate telemetry
- Customizable HR training zones
- Trainer's Journal with training information
- Training reports via email
- PT Studio promotion via social media and emails
- Compatible with Apple iPad
- Compatible HR sensors (via Bluetooth): Uptivo Belt, Uptivo Armband, Polar H7, H10 and OH1, Suunto Smart Sensor



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