

How to use eye drop glasses

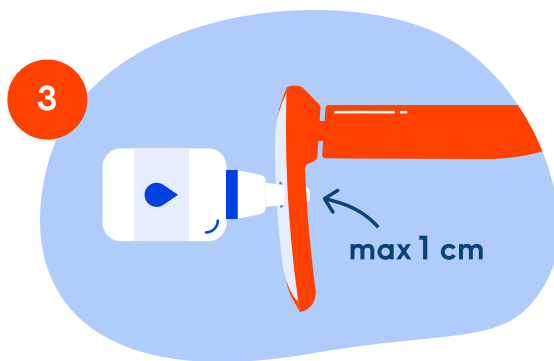
Read carefully before use.



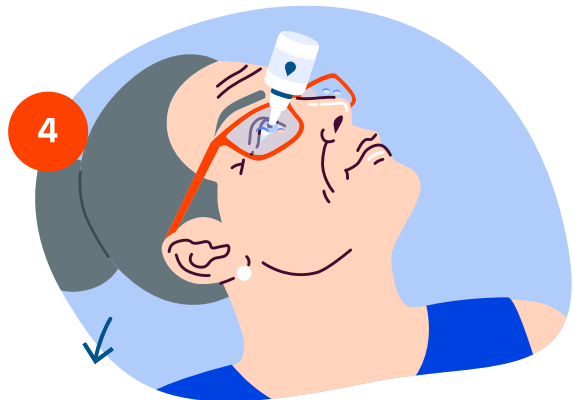
Make sure the eye drops are still good to use. The drops will stay good for up to a month.



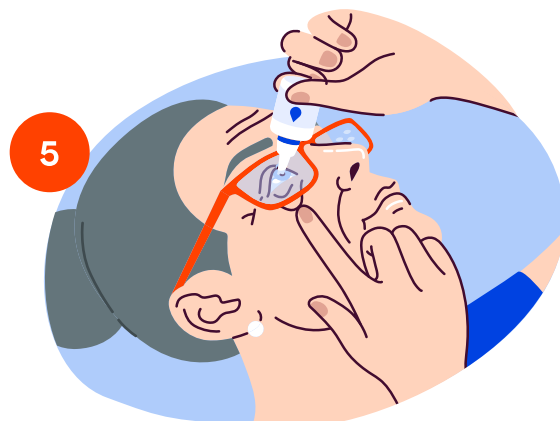
Wash your hands and the eye drop glasses.



Place the dosing bottle in the hole that fits best. The bottle should not stick out more than 1 cm.



Put the glasses on and lean your head back as far as possible. Or lie down.



Pull your lower eyelid down and keep your eye open. Squeeze the bottle.



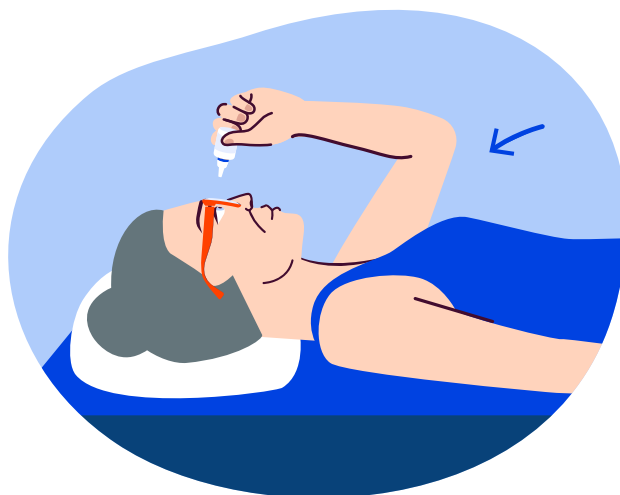
Take off the glasses. Press the inner corner of the eye for 1 minute. Clean the glasses.

Scan the QR code to watch the instruction video

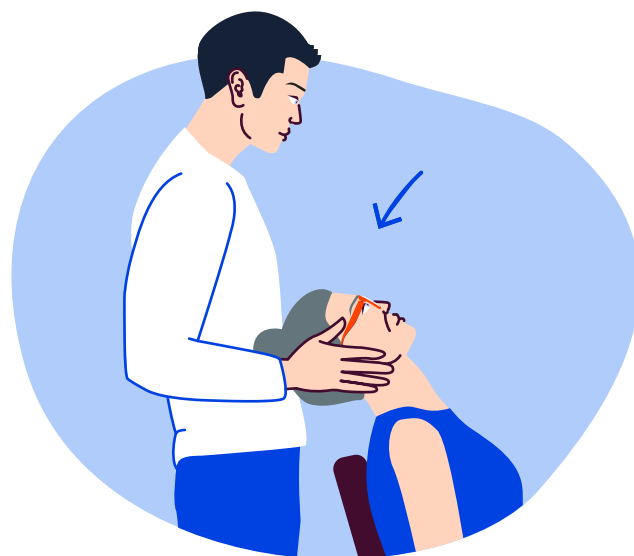


Tips for applying eye drops

- Remove your contact lenses or take off your glasses.
- Did it not work out so well the first time? That's completely normal. Take your time and try again.
- It's okay if you accidentally put in an extra drop. Your eye can only absorb one drop at a time.
- Does the drop land on your cheek? Then you need to bend your head back further. Is this not possible? Then you can also put in the eye drops while lying down.



- Do you have any questions? Check the Question & Answer card you received at the pharmacy. If you don't find the answer there or if you're still unsure if you're doing it right, call the pharmacy for more help.
- Finding it hard to apply your eye drops on your own? Ask someone nearby for help, like your partner or a neighbour. The drop glasses will help them with aiming. Your helper only needs to squeeze the bottle.
- Still having trouble? Another tool might be better for you. Contact your pharmacy for advice.



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