

ELECTRONIC PRESS KIT • OCTOBER 2026

OUT THE SHADOWS

MARZ RICH

A journey through loss, self-discovery, and the courage to step into your own light.



STREAMING RELEASE • OCTOBER 30, 2026

MUSIC • BOOK • STORYTELLING • DESIGN • ENTREPRENEURSHIP

Meet Marz Rich



Marz Rich is the creative identity behind *Out The Shadows*, a philosophy-centered project exploring survival, growth, transformation, and the search for purpose.

The journey took shape after the loss of his father and a promise to stop working in the shadows and release a project of his own. That commitment became a catalyst for turning personal experiences into music and sharing a more honest expression of himself with the world.

His creative path eventually led him to Thailand, where healing, soul-searching, and personal growth became part of a wider transformation—emotionally, mentally, physically, and spiritually.

Through music, storytelling, design, and entrepreneurship, Marz hopes to create work that encourages people to reconnect with themselves, rediscover hope, and keep moving toward what comes next.

THE CENTRAL IDEA

“Your past is part of your story, but it does not have to be the limit of your future.”

THE ORIGIN STORY

A promise became a path.

Some journeys begin with a dream. Others begin with a moment that changes how you see your life. For Marz Rich, *Out The Shadows* began with loss, a promise, and the realization that the time had come to stop keeping his own voice in the background. After losing his father, Marz was left carrying a promise: to stop working in the shadows and finally release a project of his own. It was more than a commitment to make music. It was a decision to honor that promise by allowing the world to hear his story.

The seven-track EP brings together different chapters of Marz’s life, each offering a glimpse into the experiences, memories, reflections, and emotions that have shaped him. “Mirror Talk” looks inward, reflecting on childhood, adolescence, and young adulthood, with a message of resilience. “Reminiscing Over You” is connected to the memory of his father and the promise that helped set this journey in motion.

The journey eventually led Marz to move to Thailand, seeking space to heal, reflect, and grow. The result is a project shaped by personal experience, with the hope that something in that experience might resonate with someone else. Sometimes moving forward begins with a promise kept, a difficult conversation, or a decision to take the next step—even when the entire road is not yet clear.

STREAMING RELEASE • OCTOBER 30, 2026

OUT THE SHADOWS — EP

Seven tracks. One personal journey.

01 FRESH AF

A laid-back confidence anthem about stepping into the day with your head up and your own energy intact. “Fresh AF” captures the ritual of getting ready, looking in the mirror, and deciding to meet the outside world as yourself. Its confidence is playful and outward-facing, but its foundation is internal: showing up with intention before the world gets a say.

02 PRESSURE TIME

Built around the energy of competition, “Pressure Time” is about meeting the moment instead of making excuses. When people are counting on you, pressure becomes a test of focus, accountability, and composure. The track turns a sports-minded, game-on mentality into a wider life philosophy: carry your responsibilities, learn from the hard moments, and keep showing up when the stakes are high.

03 AGAIN

“Again” explores the pull of temptation and the cycles we can find ourselves repeating through the choices we make each day. It captures the tension between knowing a pattern and still feeling drawn back toward it. Within the wider Out The Shadows story, the song asks us to notice what keeps pulling us back—and to become more conscious of the decisions that shape where we go next.

04 I.F.W.Y

A story of attraction, mixed signals, and mismatched pace, “I.F.W.Y” follows the early stages of a romantic connection where one person is ready to move faster than the other. Beneath the chemistry and excitement is a caution about boundaries: enjoy the moment, get to know each other honestly, and don't mistake closeness for certainty before trust has had time to grow.

05 FOR ME

“For Me” is about wanting a relationship that offers more than chemistry or appearances: a partnership where both people can bring peace, honesty, and support to each other. It speaks to the exhaustion of carrying life's weight alone and the comfort of having someone who can stand beside you when the world feels heavy. At its heart, the song is not asking for perfection—it is asking for consistency, mutual care, and a love that gives back.

06 MIRROR TALK

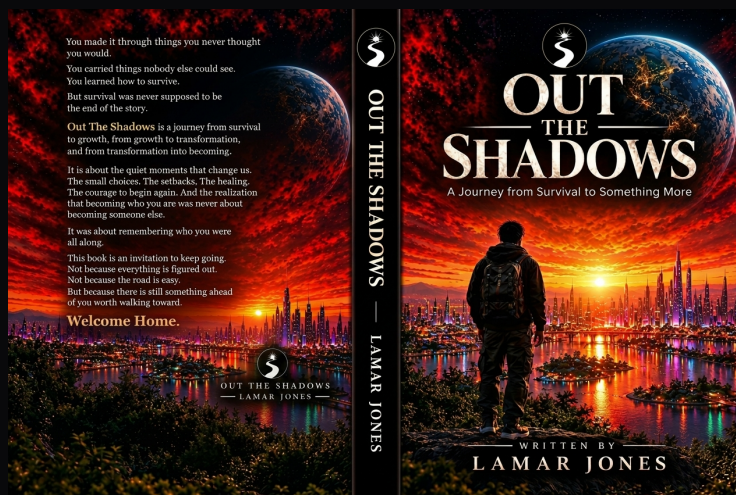
A reflection on childhood, adolescence, and young adulthood, “Mirror Talk” looks at the experiences that shape how we see ourselves. Through the conversation between a younger self and an older voice, the song makes room for pain, perspective, and resilience—and the possibility of learning to carry the past differently.

07 REMINISCING OVER YOU

Connected to the loss of Marz's father, “Reminiscing Over You” is a deeply personal reflection on memory, guidance, and the words that continue to shape us after someone is gone. The song gives voice to the promise at the heart of this project: to step out from behind the scenes, honor the people who helped shape us, and turn personal pain into meaningful expression.

STREAMING RELEASE • OCTOBER 30, 2026

A wider story of becoming



OUT THE SHADOWS: A JOURNEY FROM SURVIVAL TO SOMETHING MORE

Written by Lamar Jones, the book explores the quiet moments, choices, setbacks, healing, and courage that shape a person's journey forward. It is an invitation to keep going and remember who you were all along.

THE MOVEMENT

Out The Shadows is a life-centered movement dedicated to helping people rediscover hope, purpose, and personal growth. Through storytelling, design, music, and entrepreneurship, it explores a simple belief: transformation happens one choice, one conversation, and one day at a time.

PRESS & CONTACT

Let's connect.

For interviews, features, collaborations, and press inquiries: marz@young-native.com • www.marzrich.com



YOUR STORY IS STILL UNFOLDING. WELCOME HOME.

Marz Rich • Out The Shadows