



What Type of Bowl is Best for My Maine Coon?

Avoiding plastic cat bowls isn't just about going green! There are **health benefits** to using a **ceramic or metal bowl** when feeding or watering your **Maine Coon Cat**.

Cons of Using Plastic Cat Bowls:

- 1) **Plastic bowls can cause allergic reactions**, particularly on the skin and around the mouth. These often resemble acne or sores.
- 2) **Plastic bowls can harbor bacteria.**
- 3) **Plastic bowls can release toxins when heated.**
- 4) **Plastic bowls can contain toxins from phthalates and/or bisphenol (BPA). BPA is potentially carcinogenic.**

Benefits of Using a Ceramic Bowl: Easy to clean, can withstand high heat, some are dishwasher safe, properly glazed bowls do not harbor bacteria.

Cons to Using Ceramic Bowls: Can shatter, aggressive eaters may push bowls around and potentially break off small, sharp shards.

Benefits of Using Metal/Stainless Steel Pet Bowls: Dishwasher safe, sturdy, affordable, long-lasting, do not leach toxic chemicals, can be boiled to kill bacteria.

Cons of Using Metal Bowls: Metal bowls can potentially scratch certain types of flooring (some have a non-skid rubber bottom), metal bowls are not as aesthetically pleasing if you want a certain color palette, metal bowls can be noisy when pushed around.

