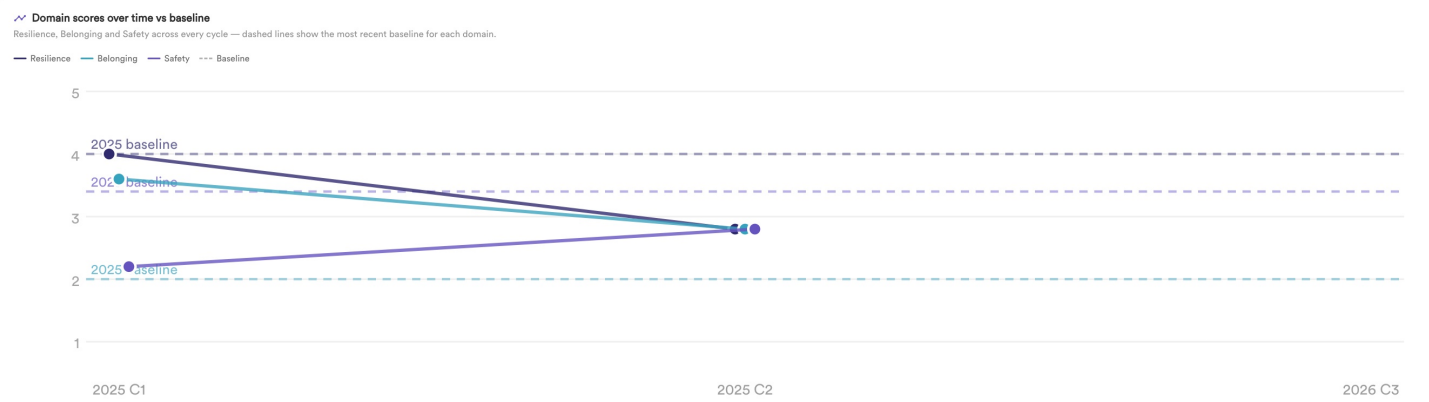
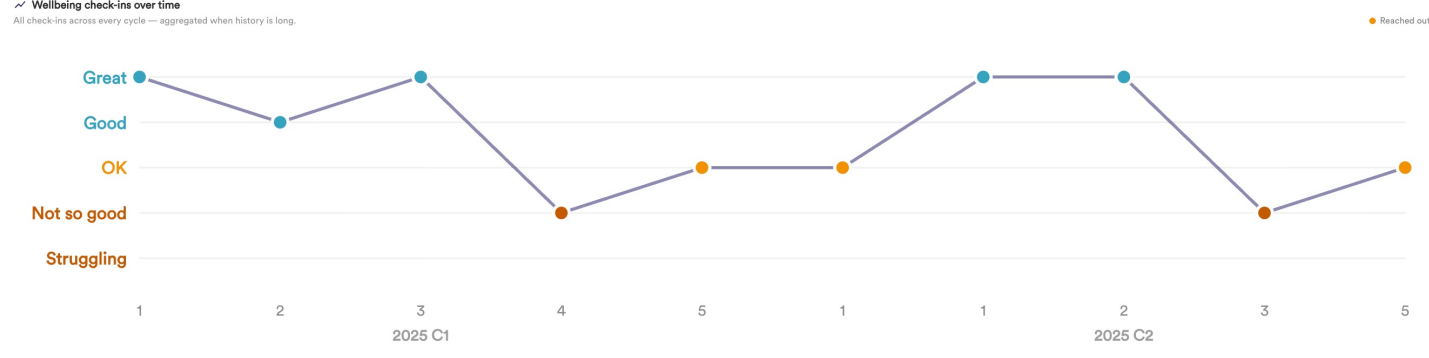




Protective behaviours (recent check-ins)

Family, friends, health, hobbies, schoolwork and sleep.

< 2025 - Cycle 1 & 2025 - Cycle 2 >

	2025 - CYCLE 1						2025 - CYCLE 2				
	CHECK-IN 1	CHECK-IN 2	CHECK-IN 3	CHECK-IN 4	CHECK-IN 5	CHECK-IN 6	CHECK-IN 1	CHECK-IN 2	CHECK-IN 3	CHECK-IN 4	CHECK-IN 5
Family	●	●	●	●	●	●	●	●	●	●	●
Friends	●	●	●	●	●	●	●	●	●	●	●
Health	●	●	●	●	●	●	●	●	●	●	●
Hobbies	●	●	●	●	●	●	●	●	●	●	●
Schoolwork	●	●	●	●	●	●	●	●	●	●	●
Sleep	●	●	●	●	●	●	●	●	●	●	●

● Positive ● Negative

Student in need Reach-out and support activity for Aaliyah.					
Bulk actions ▾	Search × SHOW FILTERS				
Action	Reached Out To	Response	Opt-Out Reason	Check-in	Day / Time
Exited the application	—	I don't want to do the check-in this week	I'd like to talk to someone	Cycle 3, check-in 1	2026-09-16 12:41
Emailled for support	Wellbeing team	I don't want to do the check-in this week	—	Cycle 3, check-in 1	2026-09-16 12:41
Clicked, "I don't want to do the check-in this week"	—	I don't want to do the check-in this week	—	Cycle 3, check-in 1	2026-09-16 12:41

Raw data extract — all check-in scores Bulk actions Search ×																
Student	Student ID	Class	Year group	Gender	Date	Type	Cycle	Check-in	Mood score	Mood label	Resilience avg	Belonging avg	Safety avg	Asks for help	Talks to a friend	
Aaliyah	TESTAAND234	SIX	6	Female	2026-09-16	Check-in	3	1	—	—	—	—	—	—	—	
Aaliyah	TESTAAND234	SIX	6	Female	2025-11-11	Check-in	2	5	3	I'm feeling ok	4.0	4.0	4.0	—	Often	
Aaliyah	TESTAAND234	SIX	6	Female	2025-11-11	Check-in	2	3	2	I'm not feeling so good	4.0	1.0	1.0	—	—	
Aaliyah	TESTAAND234	SIX	6	Female	2025-11-11	Check-in	2	2	5	I'm feeling great	2.0	5.0	1.0	—	—	
Aaliyah	TESTAAND234	SIX	6	Female	2025-11-11	Check-in	2	1	5	I'm feeling great	1.0	1.0	5.0	Never	—	
Aaliyah	TESTAAND234	SIX	6	Female	2025-11-10	Check-in	2	1	3	I'm feeling ok	3.0	3.0	3.0	Sometimes	—	
Aaliyah	TESTAAND234	SIX	6	Female	2025-03-07	Check-in	1	5	3	I'm feeling ok	4.0	4.0	1.0	—	Often	
Aaliyah	TESTAAND234	SIX	6	Female	2025-03-06	Check-in	1	4	2	I'm not feeling so good	5.0	5.0	2.0	—	—	
Aaliyah	TESTAAND234	SIX	6	Female	2025-03-05	Check-in	1	3	5	I'm feeling great	2.0	2.0	4.0	—	—	
Aaliyah	TESTAAND234	SIX	6	Female	2025-03-04	Check-in	1	2	4	I'm feeling good	5.0	2.0	3.0	—	—	
Aaliyah	TESTAAND234	SIX	6	Female	2025-03-03	Check-in	1	1	5	I'm feeling great	4.0	5.0	1.0	Often	—	
Aaliyah	TESTAAND234	SIX	6	Female	2025-02-26	Baseline	—	—	—	—	4.0	2.0	3.4	Almost always	Rarely	