

PREPARING FOR YOUR LASER HAIR TREATMENT:

- Please make sure to shave the treatment site no longer than 24 hours prior to the appointment.
- Do not pluck, wax, sugar, or use any other forms of hair removal for 6 weeks before laser hair removal treatment.

WHAT SHOULD I EXPECT AFTER TREATMENT?:

- The treatment area may feel irritated, warm, and can be itchy immediately post-treatment.
- Depending on the skin type and settings used for hair removal, there may be swelling around some or all follicles, which can last 24-48 hours.

WHAT SHOULD I DO FOR HOMECARE AFTER MY TREATMENT?:

- To avoid irritation and infection avoid the following for 24 hours post-treatment:
 - Applying makeup or perfume to the treated area
 - Exercising, or other high-impact activities.
- For 48 hours post-treatment, avoid hot tubs, saunas, pools, lakes, rivers.
- Continue to shave in between treatments, do not tweeze, pluck, wax, sugar or use any other forms of hair removal.
- **Apply a mineral-based sunscreen daily post-treatment to areas exposed to the sun.**