

The Courtyard offers a tailored educational and social provision with a holistic approach. We aim to equip our students with the skills and experiences needed to discover and thrive with increased independence in their next stage of life.



SCHOOL STATEMENT OF INTENT FOR MENTAL HEALTH

The Courtyard is committed to providing a healthy and caring environment that promotes and supports positive mental health for our students, staff and those who are visiting our setting. We believe that positive mental health is vital to our school structure as it underpins the crucial work carried out in order to support students and their families.

By considering student and staff wellbeing in all aspects of school life, The Courtyard has successfully created a positive and healthy environment that improves student engagement, performance and achievement. In turn this strategy has given everyone an opportunity to develop and achieve to their maximum individual potential.

This academic year we are working incredibly hard in challenging our day to day structure to further create a strong sense of wellbeing at the school as we believe this is the gate way to good academic achievement. We have embedded an ethos which influences the wellbeing and mental health of our children by ensuring effective practice and provision is in place.

We want all members of our school community to:

- ⇒ Show their commitment to promoting mental health as part of regular school life
- ⇒ Ensure mental health problems are identified early and effective support provided
- ⇒ Offer provision and interventions that matches the needs of our school community
- ⇒ Engage the whole-school community in the importance of mental health awareness
- ⇒ Obtain the views of parents, students and staff on mental health

We want our pupils and staff to:

- ⇒ Believe in themselves
- ⇒ Be resilient to the challenges of education
- ⇒ Have compassion for themselves and their peers
- ⇒ Feel comfortable and supported in their learning environment

To ensure all members of our community have wellbeing we will continue to work to:

- ⇒ Develop emotional maturity
- ⇒ Develop resilience
- ⇒ Develop physical health

The Courtyard will work closely with the whole of the school community to support positive mental health and wellbeing for all – students, staff, parents and families. We welcome anyone within the community to suggest ideas that will allow us to further implement a healthier and more environmentally friendly place to be.

Signed: *A. Rush*
A.Rush
Head of Pastoral

D. Shepherd
D.Shepherd
Headteacher