



The YBMen Project has been adapted for African and Caribbean Black men in Toronto!

The Centre for Research & Innovation for Black Survivors of Homicide Victims (The CRIB) is thrilled to announce its partnership with the University of Michigan, School of Social Work to launch its most recent research project entitled “Restore, Intervene, Support & Educate Young Black Men (RISE YBMen) Toronto.” RISE YBMen Toronto is supported by Movember’s Scaling What Works in Community and Workplace Mental Health and Suicide Prevention Grant Fund, headquartered in Melbourne, Australia.

What We Are Doing

The project aims to support young African, Caribbean, and Black (ACB) men ages 16 to 30 who reside in the Greater Toronto Area (GTA) and have experienced the murder of family members and/ or friends. RISE YBMen Toronto will deliver culturally adapted, social media-based (Instagram) mental health education relevant to the management of grief for young male ACB survivors of homicide victims. The program will be facilitated by The CRIB’s Neighbourhood Ambassadors, people who work and/or live in the participating neighbourhoods and have dealt with much of what our participants are going through themselves.

RISE YBMen aims to improve the mental health and well-being of young ACB men by focusing on two behavioural change clusters: (1) developing positive habits and accessing support to build mental resilience, and (2) developing and maintaining positive social support networks. If you are interested in becoming a participant in the RISE YBMen project, please do not hesitate to contact us at **riseybmén@gmail.com**.

Findings

We are currently in the beginning stages of this pilot. Check back later for details.