

- Keep the dressing applied after your procedure on for 24 hours and then gently remove it and clean the area with soap and water. Once clean, reapply Vaseline or Aquaphor and place a bandage over the area.
- As the skin heals it may cause itching sensation. To avoid this, always keep the wound moist. If you are sensitive to adhesives, you can use a nonstick pad and paper tape instead of an adhesive bandage.
- Please note your suture removal appointment which is 7-10 days after your procedure. Do not attempt to remove the sutures on your own at home. Please call our office is you believe your sutures are coming out prior to your scheduled appointment or if you believe they may be infected. Signs of infection include: worsening pain, increased swelling, warmth, drainage with pus, yellow or golden crusts, or fever. If you develop any of these, please call our office right away at 206-539-0675.
- If the wound starts bleeding, apply firm and steady pressure with a sterile gauze pad continuously for 20 minutes. Please call our office if the wound is still bleeding after 20 minutes.
- The wound should be protected from the sun to diminish scarring. Once the wound has healed, protect it from the sun by keeping it covered as well as wearing sun-protective clothing, and applying a broad-spectrum, water-resistant sunscreen with a SPF of 30+.
- **Note:** Pathology is sent to North Pacific Dermatology (Dr. Nicole Kageyama) to be interpreted for results. There may be a separate charge from North Pacific Dermatology/Westside Dermatology.