

Potential Uses & Benefits

- Increases the activity of a natural brain growth signal called HGF.
- HGF supports neuron growth and survival.
- Supports learning, memory, and clear thinking.

Compounded Formulations and Common Dosing

15-30 mg by mouth daily.

Mechanism of Action

- Activates HGF/c-Met signaling to promote neuronal growth and repair.
- Enhances synaptogenesis, improving connectivity between neurons.
- Crosses the blood-brain barrier, allowing direct central nervous system effects.
- Supports neuroprotection, potentially reducing inflammation and degeneration.

Pharmacokinetics

No human data reported.

Side Effects

- Human data on Dihexa is extremely limited.
- The only known clinical trial has not published results.
- Most efficacy and safety data come from animal models, especially in neurodegenerative disease contexts.

Special Considerations

None reported.

Monitoring

None reported.

Storage

Room temperature.