

Memory and Behavior Log

An extra page for your Daily Care Log.
Cognitive observations through the day.

Caring for _____ Date _____ Logged by _____

Check one box in each group for each part of the day you observe. For mood, check all that apply.

	Morning	Afternoon	Evening	Night
Memory and orientation Recalls recent events, knows date and time, recognizes familiar people				
Good Remembers well, oriented	☐	☐	☐	☐
Some difficulty Occasional confusion	☐	☐	☐	☐
Significant difficulty Frequent confusion	☐	☐	☐	☐
Communication and understanding Follows conversations, finds words, expresses needs clearly				
Normal Clear communication	☐	☐	☐	☐
Some struggle Occasional word-finding issues	☐	☐	☐	☐
Very difficult Significant challenges	☐	☐	☐	☐
Daily task ability Completes familiar tasks, makes decisions, follows instructions				
Independent Handles tasks alone	☐	☐	☐	☐
Needs prompting Requires reminders	☐	☐	☐	☐
Needs full assistance Requires help	☐	☐	☐	☐
Mood and behavior Check all that apply				
Calm Settled, at ease	☐	☐	☐	☐
Engaged Interested, taking part	☐	☐	☐	☐
Anxious Worried, uneasy	☐	☐	☐	☐
Withdrawn Quiet, not taking part	☐	☐	☐	☐
Agitated Restless, upset	☐	☐	☐	☐
Safety awareness Recognizes dangers, stays oriented, appropriate judgment				
Safe awareness Good judgment	☐	☐	☐	☐
Minor concerns Watch closely	☐	☐	☐	☐
Safety risk Requires intervention	☐	☐	☐	☐
Compared to usual How does this compare to a typical day for them?				
Better than usual	☐	☐	☐	☐
Typical for them	☐	☐	☐	☐
Worse than usual	☐	☐	☐	☐

NOTES What you saw or heard, and what was happening before

A sudden change in thinking or alertness is a reason to call the doctor right away.



Did you know you can log care on your phone?

The Carespondence app keeps a record of care in one place. Tap to record care as it happens, then share an update with family or the care team.

Scan to try it free for 7 days, or visit carespondence.com/log/memory