Carespondence®

Medication Log

A daily medication log for caregivers.
Track each dose and who gave it.

Caring for _____ Date _____

Write each dose as it is given. Note anything skipped, late, or refused, and any side effects.

Time	Medication	Dose	Given by	Notes
8:00 AM	Example: *Lisinopril*	*10 mg, 1 tablet*	*CP*	*Taken with breakfast*

REFILLS NEEDED

Order before the last few doses run out.

Medication and dose	Pharmacy	Requested	Picked up
Example: *Metformin 500 mg*	*Main Street Pharmacy, 555-0142*	☑	☐
		☐	☐
		☐	☐
		☐	☐

Did you know you can log care on your phone?

The Carespondence app keeps a record of care in one place. Tap to record care as it happens, then share an update with family or the care team.

Scan to try it free for 7 days, or visit carespondence.com/log/meds

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A Note for You

If you're using these pages, you're showing up for someone who counts on you, often with plenty else on your plate. That's no small thing.

Some days your notes will be neat and complete. Other days you'll jot a time on the back of an envelope. Both count. What matters is that you're paying attention, and that care adds up.

Take a breath when you can. Ask for help when you need it. And give yourself the same patience you give the person you care for.

When you're ready for something easier than paper, we're here for that too.

With admiration,
The Carespondence Team

Keep Caring. We'll handle the rest.

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