



AAHVAAAN '25

11th - 13th April

RULE BOOK



ELIGIBILITY

All bona fide students of all colleges in our nation who will be getting a degree or diploma from the concerned college will be eligible to participate in AAHVAAN'25. A confirmed list of the contingent` members, attested as bona fide students by the contingent leader of the concerned college, should be submitted to the AAHVAAN'25 team before its commencement.

CONTINGENT STRENGTH

The maximum strength allowed for any individual college is 300.

CONDUCT/PROTEST

- A team or participant shall be given a grace period of 15 minutes from the scheduled start time of the event before being given a walk-over unless valid justifications that are beyond their control are offered and accepted by the official AAHVAAN Committee .
- The decision of the AAHVAAN committee should be regarded as final in the event of any dispute.
- No protest shall be entertained. Any team leaving the field of play as a mark of protest and conceding a walk-over would thus be regarded to have lost the match and eliminated from the outcome. Just the remaining teams will be considered to take part in that competition.

- Any objections to a ruling made by an umpire or referee regarding rule issue, as well as any other objections related to the relevant game or event, must be submitted in writing to the AAHVAAN'25 committee. The written objection must be delivered to the Head of Events of AAHVAAN'25 within an hour after the conclusion of the relevant game and must be duly signed by the appropriate college authority.

DISRUPTION/POSTPONEMENT

- Any event that is abandoned or interrupted due to unavoidable reasons must be postponed or rescheduled in accordance with the regulations laid forth for the specific event.
- The AAHVAAN'25 committee reserves the right to make the decision when the Federation/Association regulations cannot be implemented, and its decision will be final.

EXPENSES

- Medical care will be provided by the AAHVAAN'25 Committee at no cost to the participating College. The wounded player will be treated at the DTU Medical centre. Specialized care is required outside the medical center, the relevant college is responsible for covering the actual cost of that care .

DISCIPLINARY RULES

- Any college participant who behaves improperly will face appropriate punishment, including debarment, etc. Participating while impaired by any legal substance that enhances performance is prohibited universally, and it will be done so strictly in Aahvaan'25.
- Any student found guilty will be disqualified from the tournament and stripped of their medal (s). The coach of the relevant event will undoubtedly face punishment. The participants may be asked to submit an undertaking for the same.
- No instrument for hooting or making a loud noise is permitted to be used by students or participants. The specific individual or team from the offending college will be prohibited from AAHVAAN'25 in the event of a violation.
- Any issue not directly addressed by these rules shall be decided in accordance with the general spirit and tenor of the aforementioned rules and in the light of the rules that most closely apply.
- To ensure the smooth operation of AAHVAAN'25, the AAHVAAN committee is authorised to create or modify any regulations, and it will be binding for all.

GENERAL GUIDELINES

- All participants must wear suitable shorts (no three-quarters, denim shorts, tracksuits, etc. are permitted). If any player does not come in the proper kit or shoes, the player won't be allowed to participate.
- Teams are permitted to applaud their players, but there must be no cheering or hooting against the players of other teams.
- The decisions of the referees and umpires will be conclusive and enforceable. No protest would be considered.
- Any team leaving the field of play as a mark of protest and conceding a walk-over would be regarded to have lost the match and will also be eliminated from further rounds.
- To participate in the game, each player strictly needs to come and deposit their AAHVAAN'25 as well as college ID cards at the table.
- Only the coach is allowed to be near the court with the players during a match. In the absence of a coach, a team's captain assumes responsibility and is the only person allowed on the court.
- The event coordinators will notify the teams of any new regulations or changes to existing rules prior to the start of the match.
- ID Requirement: Players must show their ID cards before the match; failure to do so will result in disqualification

- Any disagreements will be resolved with the AAHVAAAN committee decision being final.
- Reporting time is 10 minutes prior to the match. The player will be disqualified if not reported at the venue after the third call.
- It is compulsory to wear ID cards, otherwise the participant will be disqualified.
- Adhering to the proper dress code is compulsory

PRIZES AND REWARDS

- The Cash prize for each event is specified underneath the rules and regulation of the respective events.
- Cash prizes may also change depending on the overall participation.

FOOTBALL MEN



- Matches shall be played according to the rules of FIFA as adopted from time to time by the All India Football Federation unless otherwise modified.
- Every team shall submit a list of players, not exceeding 16, who may participate in tournament. The duration of each match shall be 50 minutes (25-5-25). During the league stage, after the expiry of play-time, if the tie still persists, the points shall be shared equally. 60 minutes (30-5-30) for semi final and 70 minutes (35-5-35) for finals
- In the event of draw at the end of a knock out game, two periods of extra time (10 minutes each, with 2 minutes break) will be included, there will be penalty shootout if the tie still persists.
- A team will be awarded 3 points for a win, 1 for draw, and 0 points for the lost of match. In case of a tie, goal difference (Goals for minus goals against) of all the matches played by the team shall be considered if the tie still persists the number of goals scored throughout the tournament shall be considered. If the tie still persists, a coin toss will be done.
- Three substitutions per match will be allowed.

WINNING PRIZES

Men's

1st prize 15,000

2nd prize 10,000

POC for Football Mens

1. Siddharth - 9319131028

2. Lakshay - 95603 05870

3. Himanshu - 76680 90690

FOOTBALL WOMEN



- Matches shall be played according to the rules of FIFA as adopted from time to time by the all India football federation unless otherwise modified.
- Every team shall submit a list of players, not more than 12 players, of which 7 will play (6 players plus a goalkeeper) and 5 will be substitutes.
- The duration of each match shall be 30 minutes (15-5-15). During the league stage, after the expiry of play-time, if the tie still persists, the points shall be shared equally.
- The number of substitutions is unlimited. the player entering the playing area may not do so until the player leaving the playing area has entirely passed over the boundary line.
- A team will be awarded 3 points for a win, 1 for draw, and 0 points for the lost of match. In case of a tie, goal difference (Goals for minus goals against) of all the matches played by the team shall be considered if the tie still persists the number of goals scored throughout the tournament shall be considered. If the tie still persists, a coin toss will be done.
- In the event of draw at the end of a knock out game, two periods of extra time (10 minutes each, with 2 minutes break) will be included, there will be penalty shootout if the tie still persists.
- The team must show up within 15 minutes of the scheduled time, or the opponent team gets a walkover.

WINNING PRIZES

Women's

1st prize-7,000

2nd prize 3,000

POC for Football Women

1. Tasmiya - 8368172662

2. Suhani - 8373917002

3. Varsha - 7982871114

KABADDI

MEN & WOMEN



- The tournament shall be conducted under the International Kabaddi Federation rules as adopted by the amateur kabaddi federation of India, unless otherwise modified.
- Weight of players:
Weight category for men will be 85 kg whereas weight category for women will 75 kgs.
- Every team shall submit a list of players, not exceeding 12, who may participate in the tournament. Not more than 12 certificates shall be awarded to a team.
- No team shall argue with the referees in any case. it could lead to cancellation of team registration and no refunds will be given. it could attract proper disciplinary actions against the team.
- Rules of AKFI will be followed. Not of pro kabaddi league.
- There should be minimum 8 players registered in every team.

WINNING PRIZES

Rs.10000/- (Gold Men)

Rs.7000/- (Silver Men)

Rs.7500/- (Gold Women)

Rs.3000/- (Silver Women)

Best Raider, Defender and

All rounder- Rs.1000/- each

POC for Kabaddi Men

1. Ravi Dalal - 8930409906

2. Himanshu - 9588120147

CRICKET MEN



Cricket in Aahvaan'25 will be played according to the rules of T20 proposed by ICC, except the changes given below:

- All matches will be of 20 overs per inning.
- Powerplay will be of 6overs during each inning : Only maximum of 2 fielders can be outside the 30- yard inner circle and maximum of 5 fielders thereafter.
- Each bowler can bowl a maximum of 4 overs.

Some important points:

- In the event of delayed start or if play is suspended, umpires are empowered to reduce the number of overs by each side.
- Since matches will be played by whiteballs, every team has to be in colored jersey.Teams should reach 30minutes before the scheduled time of the match.
- In a match,umpire's and match referee's decision has to be final.
- In case any match is abandoned due to some unavoidable reasons, the team with a better net run-rate progresses in the knockouts.
- If the match between two teams results in a tie,the result will be decided by super over as per ICC rules.

In case of rain :

- **Umpires will try to reduce the number of overs ,if not possible they will try to conduct a superover , otherwise winner will be decided on basis of a toss.**

WINNING PRIZES

Rs. 21,000/- (Gold)

Rs. 11000/- (Silver)

POC Of Cricket(Mens)

1. Harsh Mishra - 9318328103

2. Pranjal - 9013541904

3. Harsh - 7982688270

Note: The prices may be changed depending on the number of participants in the tournament and the final decision of the price lies with the organizing committee.

CRICKET WOMEN



Cricket in Aahvaan'25 will be played according to the rules proposed by ICC, except the changes given below:

- All matches will be of 8 overs per inning.
- Powerplay will be of 3 overs during each inning : Only maximum of 2 fielders can be outside the 30- yard inner circle and maximum of 4 fielders thereafter.
- Each bowler can bowl a maximum of 2 overs.

Some important points:

- In the event of delayed start or if play is suspended, umpires are empowered to reduce the number of overs by each side.
- Teams should reach 30 Minutes before the scheduled time of the match.
- **There should be at least 3 teams for this event to take place otherwise this sports event will be cancelled.**
- In a match,umpire's and match referee's decision has to be final.
- In case any match is abandoned due to some unavoidable reasons, the team with a better net run-rate progresses in the knockouts.
- If the match between two teams results in a tie,the result will be decided by super over as per ICC rules.
- Game will be played with a tennis ball.

In case of rain :

- Umpires will try to reduce the number of overs ,if not possible they will try to conduct a super over , otherwise winner will be decided on basis of a toss.

WINNING PRIZES

Registration Fees - 150/- Per Player for this sport only

Rs. 2100/- (Gold)

Rs. 1100/- (Silver)

POC OF Cricket(Womens)

Anushka Singh -9899286264

BASKETBALL

MEN & WOMEN



- Size 7 number ball for men and Size 6 number ball for women shall be used throughout the tournament.
- If the team does not turn up 15 minutes within the scheduled time, the opposite team will get a walkover.
- Each team would have 12 players (5 playing members & 7 substitutes).
- The game will comprise of 4 quarters of 10-2-10-15-10-2-10 min. duration.
- If there is a tie at the end of the match, an overtime of 5 mins will be played. This will go until one team outruns the other.
- The Referee shall have power to disqualify a player from a match, an event or a competition for seriously unfair or offensive behaviour.

WINNING PRIZES

Men's

1st prize 12,000
2nd prize 7,500

Women's

1st prize 8,000
2nd prize 5,000

POC for Basketball (men)

Snehpal - 7575980001
Divyanshu - 98219 60400

POC for Basketball women

Arushi - 9686997957
Feli - 98112 54658

BADMINTON



MEN

- Match Format: Best of 5 games in this order – Singles, Singles, Doubles, Singles, Doubles.
- Game Format: Each game is best of 3 sets (21 points per set).
- Team Line-up:
- Must be submitted before the match; no changes allowed after submission.
- Teams must have 5–6 players.
- Max 2 players can play in both a singles and a doubles match.
- Rules: Latest BWF rules will be followed.
- Disputes: Organizers/officials will have the final decision in case of any conflict.

WOMEN

- Match Format: Best of 3 games – Singles, Doubles, Singles.
- Game Format: Each game is best of 3 sets (21 points per set).
- Team Line-up:
- Must be submitted before the match; no changes allowed after submission.
- Teams must have 3–4 players.
- Max 1 player can play in both a singles and a doubles match.
- Rules: Latest BWF rules will be followed.
- Disputes: Organizers/officials will have the final decision in case of any conflict.

**WINNING PRIZES Rs.9,000/- (Gold Men) , Rs.6,000/- (Silver Men)
Rs.8,000/- (Gold Women) , Rs.5,000/- (Silver Women)**

POC for badminton (men)

- 1. Shishir – 9868868886**
- 2. Joseph – 94933 59880**

POC for badminton (women)

- 1. Maitryi – 84485 22852**
- 2. Nishtha – 80764 47923**

TENNIS



MEN

Each team should have Minimum 3 and maximum 4 players. Each match will have 2 singles and 1 doubles match. The reverse singles will only be played to break the tie (in case 1 team wins the singles and the other team wins the double). First stage will be pool stage where the number of pools and the number of teams in them will be decided, based on the number of participating teams. The pool stage matches will be best of 1 set each. The semis and finals will be best of 17 games each.

WOMEN

Each team should have Minimum 3 and maximum 4 players. The format of the match will include 1 single round then 1 double round [Best of 3 short sets (each short set comprises of 7 games) for the initial rounds]. In case of a draw there will be a singles tie-breaker of points. The doubles match may be played by any two players from the team.

WINNING PRIZES

Men's

1st prize 3000/-
2nd prize 1500/-

POC for Lawn Tennis

1. Hiten - 74042 14370

Women's

1st prize 2,000/-
2nd prize 1,000/-

2. Tanya - 93115 16497

TABLE TENNIS



- The regulations for the tournament will be those adopted from time to time by the International Table Tennis Federation and applied unless modified by the Table Tennis Federation of India.
- A maximum of four players and a minimum of three players will be required for each team in the men's competition, and a maximum of three players and a minimum of two players for the women's team.
- The game would be one amongst the best of 5 matches of 11 points.
- The competition will consist of five sets of eleven points for both men and women. A team will be declared the winner when they have won the majority of the individual matches.
- It is mandatory to wear non-marking shoes.
- The event coordinators will inform the teams of any new or modified rules before the start of the match.
- If there is a disagreement, the final decision will be based on the committee and the respected coach at DTU.

The order of play is designed as :

MEN

- On one side, there are three players labelled as A, B, and C. On the other side, there are three players labelled as X, Y, and Z.
- If necessary, the remaining matches will be scheduled in a manner that guarantees each player plays a maximum of two matches. This will be done according to the following system:

ORDER TYPE ABC Teams XYZ Teams

- 1 Singles A X
- 2 Singles B Y
- 3 Singles C Z
- 4 Singles A Y
- 5 Singles B X

POC Of Table Tennis (Men & women)

- 1. Utkarsh – 84486 45940**
- 2. Swapnil – 97752 42973**

1. Divyanshi – 84474 74006

VOLLEYBALL



FOR BOTH MEN AND WOMEN

- Rules: Standard FIVB rules will be followed.
- Reporting Time: Teams must report 30 minutes before their match.
- ID Requirement: Players must show their ID cards before the match; failure to do so will result in disqualification.
- Rotation Rule: Will be followed unless both teams agree to play "fixed."
- Match Format:
 - League matches: Best of 3 sets (25 points per set).
 - Referee's decision is final in case of disputes.
- Discipline: Any violation may lead to team disqualification.
- Late Arrival: Teams arriving 15+ minutes late will forfeit the match (opposing team gets a bye).
- Team Size: 7-12 players per team.
- Match Balls: Provided for matches; teams must bring their own balls for practice.
- Schedule Changes: Teams must check the notice board regularly for updates.

WINNING PRIZES

Men's

1st prize 10000/-
2nd prize 8000/-

Women's

1st prize 8,000/-
2nd prize 5000/-

POC for Volleyball Men

1. Sai Deep - 7667122324
2. Gaurav Sahu - 9354149300

POC for Volleyball (Women)

1. Prachi - 9773523077
2. Anshika - 7982491559

ATHLETICS



MEN

100m	5000m
200m	Long Jump
400m	Shot Put
800m	Discus Throw
1500m	Javelin Throw

WOMEN

100m	Long Jump
200m	Shot Put
400m	Discus Throw
800m	

RELAYS

- 4x100m (MEN and WOMEN)
- 4x400m (MEN and WOMEN)
- 4x100m (MIXED)

- Warning will be given for the 1st false start. A second false start leads to disqualification.
- Participation:
- **Max 2 participants per college per event (boys & girls).**
- **Only 1 relay team per college (except mixed relay, max teams).**
- Event Limit: Each athlete can participate in up to 3 events (excluding relays).
- Entry Fees:
- **₹400 per athlete (for up to 3 events).**
- **₹800 per mixed relay team (4 players).**
- The referee's decision will be final.
- Prizes: Medals, certificates, cash prizes and trophies for the best male & female athlete.

POC Of Athletics (Men & women)

1. Dhanvi Nautiyal – 8200827647
2. Piyush Yadav – 7818044744

CHESS



All FIDE Rules Apply

- The basic pairing system shall be controlled swiss system pairings using match points for both pairing and scoring.
- Time control: 30 minutes plus an additional 30 second increment per move. A team must consist of a maximum of 6 players, with 4 players playing in the tournament and 2 players as substitutes.
- No player will be replaced after the team has been registered.
- Each team shall be awarded 1 point for a win, 0.5 points for a 2-2 draw and 0 points in case of a loss, In case of the same number of points of two winning teams, the winner shall be adjudged according to FIDE guidelines.
- Only one participating team is permitted from a single college. The host college shall have a maximum of 3 participating teams in the tournament. In case of any dispute, the decision of the chief arbiter shall be considered final and binding.
- If the team wishes to play their substitute in a particular round, the team captain should intimate this to the chief arbiter before the round begins, rules for substitution have been explained below in detail.
- There will be an individual blitz event also. Time control: 3 minutes plus an additional 2-second increment per move. Only members of teams participating in classical format are allowed in blitz event\.(Only medals will be provided to winners in blitz event no cash prize will be given)

- CHESS Rules for substitution:
- "Roll Over Substitution" The boards lower to the board on which substitution is made will slide up one board till the board of substitution.
- EXAMPLE: assume the following board order-A-1, B-2, C-3, D-4. substitute players E, and F. In case, the player A (on board 1) is to be substituted, the new board order should be B-1, C-2, D-3, E-4 (non-playing A and F).
- EXAMPLE: assume the following board order-A-1, B-2, C-3, D-4. substitute players E, and F. In case, the player A, C (on board 1,3) are to be substituted, the new board order should be B-1, D-2, E-3, F-4 (non-playing A and C).

WINNING PRIZES

- Rs.10,000/- (Gold)
- Rs.8,000/- (Silver)
- Rs 6,000/- (Bronze)
- Rs.2,000/- (Best Female Player)

POC for Chess

1. Aryan - 9971973130
2. Lakshay - 7042083145
3. Pratyush - 6200782164
4. Himanshi - 9315741604

Note: The prices may be changed depending on the number of participants in the tournament and the final decision of the price lies with the organizing committee.

POWERLIFTING



- The competition will follow the rules set by the officials for Raw Powerlifting..
- Weight Categories:
 - Under 59kg, 59–66kg, 66–74kg, 74–83kg, 83+kg.
- Lifts & Attempts:
 - 3 lifts in order: Squat, Bench Press, Deadlift.
 - Each lifter gets 3 attempts per lift.
 - Minimum progression after a successful attempt: 2.5kg.
- Winner Criteria: The sum of the heaviest successful lift from each category.
- Weigh-in: All participants will be weighed before the competition.
- Judging: 3 judges will officiate; at least 2 judges must approve a lift for it to count.

FOULS: (For full list of fouls and rules, please refer to the IPF Technical Rulebook 2024)

Squat Disqualifications:

A squat attempt will be invalid if:

- The knees are not bent enough for the top of the legs at the hip joint to go below the top of the knees.
- The lifter fails to stand upright with knees locked at the start and end of the lift.
- The bar moves downward at any point during the lift.
- The lifter changes the bar position across the shoulders after starting the lift.
- The bar moves downward on the back more than its own thickness below the starting position.
- The lifter steps forward or backward (lateral foot movement and rocking between heel and ball of the foot are allowed).

POWERLIFTING



Bench Press Disqualifications:

A bench press attempt will be invalid if:

- The bar does not touch the chest or touches the abdominal area instead.
- The bar is not lowered until the underside of the elbow joint is level with or below the top of the shoulder joint.
- There is a pronounced or exaggerated uneven extension of the arms during the lift.
- The bar moves downward at any point while being pressed.
- The lifter fails to press the bar after it has remained motionless on the chest, in a way that gives an unfair advantage.

Deadlift Disqualifications:

A deadlift attempt will be invalid if:

- The knees are not locked straight at the end of the lift.
- The lifter fails to stand fully upright with shoulders back.
- The bar moves downward before reaching the final position (if the bar settles as shoulders come back, it is allowed).
- The bar is supported on the thighs during the lift (if it edges up but is not supported, it is allowed).
- The lifter lowers the bar before the referee's signal or lets go of the bar before it settles on the ground.
- Belts will not be provided—lifters must bring their own.

WINNING PRIZES

Men's

1st prize 1500/-
2nd prize 1200/-
3rd prize 800/-

Women's

1st prize 1500/-
2nd prize 1200/-
3rd Prize 800/-

POC for Powerlifting men and women

1. Dishant – 7290840560

2. Priyanshu – 9104700417

ARM WRESTLING



Arm-Wrestling Tournament Guidelines

Price per Rerandomized: ₹300 **Registration Channels:**

1. Individual registrations open to all students from certified colleges or correspondence courses. Proper document verification required on weigh-in day.
2. Colleges can register full-fledged arm-wrestling teams separately, limited to 2 athletes per category. Other students can register individually.

Categories: – Boys: 60kg, 60–70kg, 70–80kg, 80kg+ – Girls: 60kg, 60kg+ (Final weight categories determined on weigh-in day with a ± 1 kg allowance)

Competition Rules:

Tournament Format:

–Double Elimination: Applicable for low registrations. Contestants must lose twice to be eliminated. There are winner's and loser's brackets. Winners remain in the winner's bracket until they lose a match, then move to the loser's bracket.

- Double Elimination Format: All contestants start in the winner's bracket. A loss moves them to the loser's bracket. – The number of matches equals $(N-1) * 2 + 1$, ensuring every contestant competes twice before elimination. – If the winner of the winner's bracket wins the final match, the tournament concludes. However, if the winner of the loser's bracket wins, an additional match is required.

These formats ensure fair and competitive matches based on the number of registrations received.

General Guidelines:

- Athletes must arrive 15 minutes before their category for verification.
- Contestants have 60 seconds to come to the stage after their name is called.
- Proper hair restraint required; headwear allowed if non-interfering.
- Referee checks for proper alignment; warnings/fouls for non-compliance.
- Protest fee of ₹50 for any call disputes.
- No wrist wraps, straps, or other supports allowed on competing arm.
- Poor sportsmanship may lead to penalties, including disqualification.

WINNING PRIZES

Prize Pool per Category: ₹3000

POC for Arm wrestling Men and Women

Parikshit - 98996 42454

Mohit - 8076327919

Himanshu - 7048994342

HANDBALL



1. The match consists of two periods of 30 minutes each. From a maximum of 14 players from each college 7 players will be on the field at a time including goalkeeper and 7 outfield players, outfield players can touch the ball with any part of their body that is above the knee.
2. Once a player receives possession, they can pass, hold possession or shoot. If a player holds possession, they can dribble or take three steps for up to three seconds without dribbling.
3. Only the goalkeeper is allowed to come into contact with the floor of the goal area. Goalkeepers are allowed out of the goal area but must not retain possession if they are outside the goal area.

WINNING PRIZES

Rs.5,000/- (GOLD)

Rs.2,500/- (SILVER)

POC for Handball

Nikhil Yadav – 82871 76411