



A Unit of DBMCI

Proposal Letter

USMLE Step-1 & 2

Course By Dr. Mukesh Bhatia

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Contact Us

WhatsApp : **+91 8383088439 | +91 9810150067**
Email : **studentsupport@drbhatiaacademy.com**



Dear Colleague,

Greetings from **Team DBMCI**.

Thank you for your showing interest in **Dr. Bhatia Medical Coaching Institute's**

USMLE Step-1 | Course By Dr. Mukesh Bhatia

Firstly, we would like to apprise you with the syllabus and question demarcations of **USMLE Step - 1**, which is as following

(i) USMLE Step - 1 Syllabus (as per USMLE website):

System	Range, %*
General Principles** -----	12-16
Behavioral Health & Nervous Systems / Special Senses -----	9-13
Reproductive & Endocrine Systems -----	9-13
Respiratory & Renal / Urinary Systems -----	9-13
Blood & Lymphoreticular / Immune Systems -----	7-11
Multisystem Processes & Disorders -----	6-10
Cardiovascular System -----	5-9
Musculoskeletal, Skin & Subcutaneous Tissue -----	6-10
Gastrointestinal System -----	5-9
Biostatistics & Epidemiology / Population Health -----	4-6
Social Sciences: Communication And Interpersonal Skills -----	6-9

* Percentage are subjects to change at any time. see the USMLE website (www.usmle.org) for the most up-to-date information

** The step 1 general principles category includes normal and abnormal processes that are not limited to specific organ system

(II). Details of USMLE Step-1 course

1). FORMAT

The course will be in the format of Pre-Recorded Online Classes that can be attended seamlessly on the eGurukul App.
(See details in point VIII)

2). OUR CONTENT

We will provide the following topics in Pre-Recorded lecture format
(Kindly refer to the Annexure Schedule A)

3). COURSE (Full course includes following)

- a). Pre-Recorded Lectures of organ system 350+ Hours
- b). Pre-Recorded Test & Discussion (400 tests)
- c). 20 Full Syllabus Mock Tests with Written Explanatory Answers
- d). Personalized Mentoring
- e). Doubt Clearing Platform
- f). We will give you hard copy notes.

(III). The following topics will be provided in the Test & Discussion format:

- 1). Clinical biochemistry and metabolism, Genetics, Cell, molecular and membrane biology
- 2). Microbiology
- 3). Immunology
- 4). Palliative Medicine & End of life care
- 5). Geriatric Medicine
- 6). Dermatology
- 7). Psychiatry, Behavior sciences, Ethics
- 8). Social sciences: communication and interpersonal skills
- 9). Medical Ophthalmology
- 10). Biostatistics, epidemiology and evidence-based medicine, Population health.
- 11). Kindly note that Clinical Pharmacology & Therapeutics, Clinical Physiology, Clinical Anatomy, Oncology, will be included in the organ system lectures

(IV). Our course content will cover approximately 90% of your syllabus for exam preparation.

1). There is nothing like 100% preparation for any exam in the world !!!

(V). How we will should prepare you for USMLE Step-1

WE HAVE THREE ROUNDS STRATEGY

■ A. ROUND I:

1. You will study all the lectures to consolidate your basic concepts.
2. Doing the questions from any question bank without knowing basic concepts is the biggest reason of poor performance in the exam.
3. Remember, in USMLE Step-1 and 2 exam, they don't ask a question of any subject, like Anatomy or physiology or Biochemistry etc. they ask question on a topic!!!
4. So to know the topic, you should know A to Z about the topic!!!
5. All our lectures are based on a topic covering A to Z about the topic.
6. You don't need to read any other books!!!

■ B. ROUND II:

1. Once you have finished all the lectures, we will give you a test on the same topic.
2. After you submit the Test, you will be given the discussion of the test. (T&D)
3. Each test will be of a small topic so that you can consolidate your knowledge about that topic

■ C. ROUND III:

1. We will give you 20 practice mock tests of the full syllabus to assess your final preparation.
2. We will give you written explanatory answers of each test

(VI). Personalized Mentoring

We will also give you personalized mentoring to guide you about the commonly asked questions by the students

1. How should I plan my studies
2. How should I manage the time with college classes or hospital duties
3. I feel very fatigue and tiredness during studies, how to avoid it
4. How to feel energetic
5. Cloudiness remains in my mind, how to avoid
6. How to avoid negative thoughts and to create positivity in your mind
7. When should I start studies?? (Start immediately because time is the most precious thing in the world. Time is more important than money !!!)
8. We will guide you how to study smartly, e.g., more efficient studies in less time.
9. Remember champions are not born, they are made by right guidance by the right person!!!
10. It is not the speed which determines your destination but the right direction
11. We will give you a platform to ask your queries
12. A special recorded lecture will be given to you on points 1 to 11.
13. If you still have any query, you can contact Dr. Mukesh Bhatia sir directly also.
14. His contact details will be shared with you once you join the course

(VII). It is the unique course in the world

1. In this you are getting
 - ROUND I:** Recorded lectures
 - ROUND II:** Recorded Test & discussion
 - ROUND III:** Mock tests with explanatory answers
2. It is the complete package, everything at one place.

(VIII). USMLE Step-1 (Topic Index) Annexure Schedule A

■ CARDIOLOGY

1. Hypertension
2. Congestive heart failure
3. Pericardial disease
4. Cardiomyopathy
5. Endocarditis
6. Coronary artery disease part -1
7. Coronary artery disease part-2
8. Coronary artery disease part-3
9. Coronary artery disease part-4
10. Rheumatic fever
11. Mitral stenosis
12. Mitral regurgitation & Mitral valve prolapse
13. Aortic stenosis & Aortic Regurgitation
14. Tricuspid, pulmonary valve lesions & PAH
15. Heart sound, JVP, Murmur
16. ECG
17. Atrial arrhythmias
18. Ventricular arrhythmia & Heart block
19. Cardiac- Pharmacology part-1
20. Cardiac- Pharmacology part-2
21. Cardiac- Pharmacology part-3
22. Cardiac- Pharmacology part-4
23. Cardiac- Pharmacology part-5
24. Cardiac- Pharmacology part-6
25. Cardiac- Pharmacology part-7
26. Cardiac- Pharmacology part-8
27. Cardiac- Pharmacology part-9
28. Congenital heart disease part-1
29. Congenital heart disease part-2

■ PULMONARY

1. Pulmonary embolism part -1
2. Pulmonary embolism part -2
3. Sarcoidosis
4. Lung cancer part -1
5. Lung cancer part -2
6. Lung cancer part-3
7. Fungal infections of the lung -1
8. Fungal infections of the lung -2
9. Hypersensitivity Pneumonitis, Pneumoconiosis, Interstitial Lung Disease,
10. Pneumonia Part-1
11. Pneumonia Part -2
12. COVID-19
13. Tuberculosis part-1
14. Tuberculosis part-2
15. ARDS
16. Pleural effusion & Pneumothorax
17. Pulmonary Function Test (PFT)
18. Hypoxemia & Respiratory failure
19. Chronic Obstructive Pulmonary Disease (COPD) (Part-1)
20. Chronic Obstructive Pulmonary Disease (COPD) (Part-2)
21. Asthma Part-1
22. Asthma Part-2
23. Bronchiectasis & Cystic Fibrosis
24. Sepsis and Septic Shock
25. Obstructive Sleep Apnea (OSA)
26. Histiocytosis X and (BOOP)
27. Respiratory Pharmacology

■ ACID BASE

1. Acid base disturbance
2. Electrolyte disturbance

■ NEPHROLOGY

1. Glomerular diseases
2. Chronic renal failure
3. Acute renal failure

■ INFECTION DISEASE

1. Chickenpox, Measles, Rubella, Mumps
2. Cholera, Typhoid
3. Malaria
4. Leishmaniasis
5. Filarial worms' infections
6. Leptospirosis, Parvovirus, Psittacosis, Cat scratch Disease,
7. Rabies, Anthrax, Infectious mononucleosis, Dengue
8. Tetanus, Diphtheria, Rickettsial diseases
9. HIV
10. COVID

■ ENDOCRINE

1. Adrenal Gland Part 1
2. Adrenal Gland Part 2
3. Thyroid Gland Part 1
4. Thyroid Gland Part 2
5. Parathyroid Gland Part-1
6. Parathyroid Gland Part-2
7. Diabetes part-1
8. Diabetes part-2
9. Diabetes part-3
10. Diabetes part-4
11. Pituitary Gland
12. Reproductive Endocrinology Part-1
13. Reproductive Endocrinology Part-2
14. Reproductive Endocrinology Part-3
15. Reproductive Endocrinology Part-4
16. Lipid disorders Part- 1
17. Lipid disorders Part- 2
18. Lipid disorders Part- 3
19. Lipid disorders Part- 4

■ NEUROLOGY

1. Spinal cord disease
2. Stroke
3. Parkinson, Shy Dragger Syndrome, Supranuclear Palsy, Involuntary Movement Disorders
4. Meningitis, Encephalitis, Slow virus diseases
5. Cerebral hemispheres, Speech, Motor neuron disease

6. Multiple Sclerosis (Demyelinating Disorder)
7. Seizure Disorders
8. Dementia
9. Peripheral Neuropathy & Guillain-Barré syndrome
10. Autonomic Nervous System Part -1
11. Autonomic Nervous System Part -2
12. Headache
13. Raised intracranial Pressure and Neuro Surgery
14. Brain Tumor
15. Brain Herniation & Neurocutaneous Syndrome
16. Myasthenia gravis and Muscle diseases
17. Neuro ophthalmology
18. Cerebellar Diseases
19. Coma & Brain Death
20. Reticular activating system`
21. Neuro pharmacology Part 1
22. Neuro pharmacology Part 2
23. Vertigo

■ HEPATOLOGY

1. Genetic Disorders Causing Jaundice & Liver Function Test
2. Viral hepatitis
3. Autoimmune Hepatitis, Alcoholic liver disease & NAFLD
4. NAFLD, Primary Biliary Cholangitis, Primary Sclerosing Cholangitis
5. Portal Hypertension (Part- 1)
6. Portal Hypertension (Part- 2)
7. Portal Hypertension (Part- 3)
8. Budd-Chiari Syndrome, Wilson Disease, Hemochromatosis
9. Liver abscess
10. Pregnancy-Associated Liver Diseases
11. Drug induced Liver diseases, Liver cancers

■ GIT

1. Esophageal Diseases
2. Disease of Stomach Part-1
3. Disease of Stomach Part-2
4. Diseases of Small intestine (Part-1)
5. Diseases of Small intestine (Part-2)
6. Diseases of Small intestine (Part-3)
7. Diseases of Large intestine (Part-1)
8. Disease of Large Intestine (Part-2)
9. Disease of Large intestine (Part-3)

■ PANCREAS & GALL BLADDER

1. Disease of Pancreas
2. Disease of Gall bladder (Part-1)
3. Disease of Gall bladder (Part-2)

■ RHEUMATOLOGY

1. Rheumatoid arthritis
2. Seronegative spondyloarthropathy
3. SLE, ALPA, Sjogren syndrome
4. Vasculitis Part-1
5. Vasculitis Part-2
6. Crystal arthropathy , Behcet syndrome
7. Progressive Systemic Sclerosis, Fibromyalgia, Marfan syndrome
8. Osteoporosis & Paget Disease
9. Osteoarthritis & Avascular Necrosis
10. Rickets & Osteomalacia

■ HEMATOLOGY

1. Hepato-Oncology part-1
2. Hepato-Oncology part-2
3. Hepato-Oncology part-3
4. Hepato-Oncology part-4
5. Hepato- Oncology part -5
6. Hepato- Oncology part -6
7. Anemia part -1
8. Anemia part-2
9. Anemia Part-3
10. Anemia part-4
11. Anemia part-5
12. Anemia Part -6
13. Bleeding disorder

■ PHARMACOLOGY

■ MICROBIOLOGY

■ IMMUNOLOGY

■ PATHOLOGY

■ BIOCHEMISTRY

USMLE Step-2 | Course By Dr. Mukesh Bhatia

Firstly, we would like to apprise you with the syllabus and question demarcations of **USMLE Step - 2** which is as following

(IX) USMLE Step - 2 Syllabus (as per USMLE website):

Table 1: Step 2 CK System Specifications

System	Range, %*
General Principles of Foundational Science	2-4
Immune System	3-5
Blood & Lymphoreticular System	4-6
Behavioral Health	6-8
Nervous System & Special Senses	6-8
Musculoskeletal System/Skin & Subcutaneous Tissue	6-10
Cardiovascular System	8-10
Respiratory System	7-9
Gastrointestinal System	7-9
Renal & Urinary System & Male Reproductive	4-6
Pregnancy, Childbirth & the Puerperium	4-6
Female Reproductive System & Breast	4-6
Endocrine System	4-6
Multisystem Processes & Disorders	4-6
Biostatistics & Epidemiology/Population Health/Interpretation of Medical Literature	3-5
Social Sciences: Legal/Ethical Issues & Professionalism/Systems-based Practice & Patient Safety	10-15

Table 3: Step 2 CK Discipline Specifications

System	Range, %*
Medicine	50–60
Surgery	25–30
Pediatrics	20–25
Obstetrics & Gynecology	10–20
Psychiatry	10–15

(X). USMLE Step-2 (Topic Index) Annexure Schedule B (as per USMLE website)

1. General Principles of Foundational Science
2. Population Health / Biostatistics & Epidemiology
3. Interpretation of the Medical Literature
4. Immune System
5. Multisystem Processes & Disorders
6. Blood & Lymph reticular Systems
7. Endocrine System
8. Behavioural Health
9. Male Reproductive System
10. Female Reproductive System & Breast
11. Nervous System & Special Senses
12. Renal & Urinary Systems
13. Skin & Subcutaneous Tissue
- • 14. Gastrointestinal System
- • 15. Musculoskeletal System
- • 16. Respiratory System
- • 17. Cardiovascular System
- • 18. Obstetrics and gynecology
- • 19. Pediatrics
- • 20. Preventive medicine
- • 21. Psychiatry
- • 22. Surgery

(XI). Details of USMLE Step-2 course

COURSE (Full course includes following)

- a). Pre-Recorded Lectures of organ system 350+ Hours
- b). Pre-Recorded Test & Discussion (500 tests) of all the topic are given in Annexure A & B.
- c). 20 Full Syllabus Mock Tests with Written Explanatory Answers
- d). Personalized Mentoring
- e). Doubt Clearing Platform
- f). We will give you hard copy notes.

(XII). How to get access to course?

- For the comfort, convenience and in the best interests of our students, we will also be providing access to all the recorded classes on the mobile application itself that along with all the course content can be viewed as many times

(XIII). How to get All Videos?

- **For all videos download eGurukul App from Play Store (Android Users) / Apple store (IOS Users)(IOS Users) by your registered mobile number.**

1. Enter your country code and enter your contact number.

2. Click on Arrow.

3. You will get 3 options

- a. Call
- b. SMS
- c. Email

Click on any of them

5. You will get OTP.

6. Enter OTP in the box.

7. Click on Verify.

8. Fill your all details.

9. Click on other student.

10. Click on USMLE.

(XIV). How to get Mock Test

- 1. Download DBMCI USMLE app from Play store (Android users) / Myinstitute App store (ios users) org code xtdbx**
- 2. Enter your country code and enter your contact number.**
- 3. You will get 2 options**
 - a. Sms**
 - b. Email**
- Click on any of them**
- 5. You will get OTP.**
- 6. Enter OTP in the box.**
- 7. Click on Verify**
- 8. Fill your all details.**
- 9. Click on batches**
- 10. Scroll from your right to left and go to Test option.**

USMLE 1

Package	Validity	MRP	Final Price
USMLE Step 1	3 months	40795/-	24,375/-
USMLE Step 1	6 months	75,311/-	44,999/-
USMLE Step 1	12 months	98,748/-	59,999/-
USMLE Step 1	18 months	1,28,123/-	78,799/-
USMLE Step 1	24 months	1,45,623/-	89,999/-

USMLE 2

Package	Validity	MRP	Final Price
USMLE Step 2	6 months	75,311/-	44,999/-
USMLE Step 2	12 months	98,748/-	59,999/-
USMLE Step 2	18 months	1,28,123/-	78,799/-
USMLE Step 2	24 months	1,45,623/-	89,999/-

USMLE 1 & 2 Combo

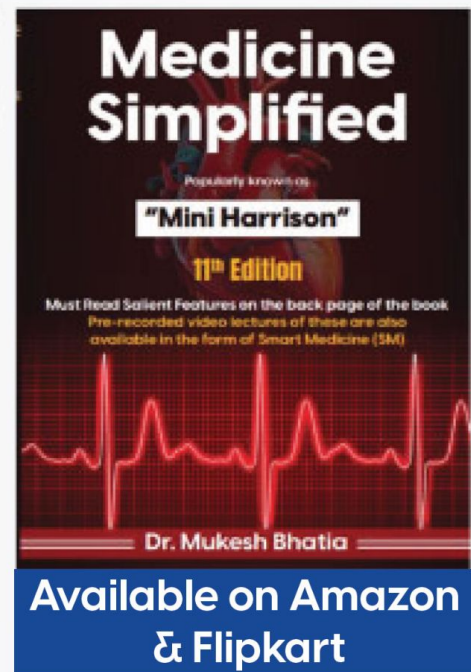
Package	Validity	MRP	Final Price
1 + 2 Combo	6 months	1,38,592/-	85,499/-
1 + 2 Combo	12 months	1,73,748/-	1,07,999/-
1 + 2 Combo	18 months	2,02,030/-	1,26,099/-
1 + 2 Combo	24 months	2,15,936/-	1,34,999/-

Contact Us

WhatsApp : +91 8383088439

Email : studentsupport@drbhatiaacademy.com

Thank you



Available on Amazon
& Flipkart

Terms & Conditions

Kindly go through the following terms. In case of any dispute, the decision by DBMCI Pvt. Ltd management is final and binding.

Curriculum

- The given curriculum is designed by Our academic experts keeping in mind the best case scenario to complete the subjects in their given time and duration.
- DBMCI holds the right to change the curriculum, faculty, time and day of the class without prior notice.

DBMCI LIVE App

- The student must have a Smart Phone with stable internet connection (100 MBPS)
- DBMCI does not hold any responsibility of student missing any class due to internet failure at student's end.

eGurukul App

- Please read the privacy T&C.
- Any misuse of videos or attempt at recording of videos, if found, shall have a penalty up to Rs. 1 crore

QBank and Tests

DBMCI has made its QBank and test based on MCI / NMC approved textbooks only.

Study Buddy

- Student should communicate with the study buddy at the given official time only
- Study buddy shall not be replying on calls or texts before 10 am and after 7 pm
- Any kind of derogatory or sexual comment, text or harassment, if found, shall result in lodging of FIR against the student
- The student shall allow a reply period of 4-6 working hours to the study buddy

Doubt Solving

DBMCI has a dedicated team for solving doubts of students. although our reference is always from textbooks, there might be some mismatch from your notes.

Terms & Conditions

Kindly go through the following terms. in case of any dispute, the decision by DBMCI Pvt. Ltd management is final and binding.

Admission

- You must have an ERP generated receipt to be enrolled in courses of DBMCI.
- fees once paid is non-refundable. non transferrable
- Down gradation of any course is not allowed.
- You must provide all the details correctly during the enrollment process. In case any false/ wrong information is given, DBMCI does not hold any responsibility for no allotment of batch, incorrect/late delivery of books/notes.
- DBMCI reserves all the following rights to change the faculty for any subject and to change the duration and timing of class or course without any prior notice

Cancellation of the enrollment

Under any Circumstances

- If dues/installments are not paid by the given date. A 7-day buffer period shall be given to the student with the penalty of Rs. 2000/-. If not paid within 7 days, DBMCI shall cancel the enrollment and the student shall re-enroll in that batch as a fresh student if he/she wants to continue
- If there is Unauthorized/Commercial use of the OTP for the registered number on which courses assigned, without any notice.
- If the student is found sharing his device or content with any other student

DBMCI reserves the right to cancel the enrollment

- Promoting or putting ads of any kind or any social media platform of DBMCI.
- Harassment of batch buddies or any employee of the company in any way
- use of foul/unacceptable words, comments or language in any form on any social media platform
- If found taking a screenshot of notes on DBMCI live/eGurukul app and misusing them for commercial purpose.