

EDITION 7
27/2/25

closer

FIND YOUR EASE
THIS RAMADHAN

*"Find, focus and be grateful
for the ease. Watch it expand."*



27 February 2025



Closer

by aa

your curated weekly spiritual booster delivered straight to your Inbox

*Allah SWT has promised
us ease. So find the ease,
focus on the ease,
be grateful for the ease,
and watch how it expands.*

Assalamualaikum my Champions,

I told one of my teammates recently that I have been stressing very calmly this week. It's such an oxymoron, but I am feeling quite overwhelmed while also being quite chill 😊. It feels like there is so much to do and prepare before Ramadhan, and I always think there is not enough time to do it all, but time and time again, Allah SWT ALWAYS carries me through. All of my tasks get done, and by the end of the day, I go to sleep tired-happy.

How?

It's 100% Allah, I'm certain of it.

He has promised us in the Quran that He has made it easy for us. يُرِيدُ اللَّهُ بِكُمُ الْيُسْرَ. I always repeat this part in the [Ayah of Ramadhan](#) over and over again because I love how Allah SWT has promised us ease!

Champs, I highly urge you to find your ease. I believe that part of adulting is knowing about a certain number of easy buttons and availing yourself of them whenever the situation permits, so don't feel guilty of "taking the easy way out" when Allah SWT Himself has eased it for you already!

Here's sharing some of my eases:

My husband and my teammates

I won't be able to do it without them.

(PS: May we never be a source of difficulty for anyone, Amin!)

Working from Home

(What a privilege, Ma Sha Allah)

Living in a Muslim country

(To be able to hear the Athan and the Quran being recited!)

Planning simple meals for Sahuur and Iftar

(My cats taught me that if they can eat the same food every day, I can do the same lol.)

My prayer garment

(My Ramadhan uniform!)

Being a woman (!!!)

(Islam is soooooo kind towards women!

[We get more reward for praying at home,](#)

and we also get rewarded for obeying His

command to not fast when we are on our period!)

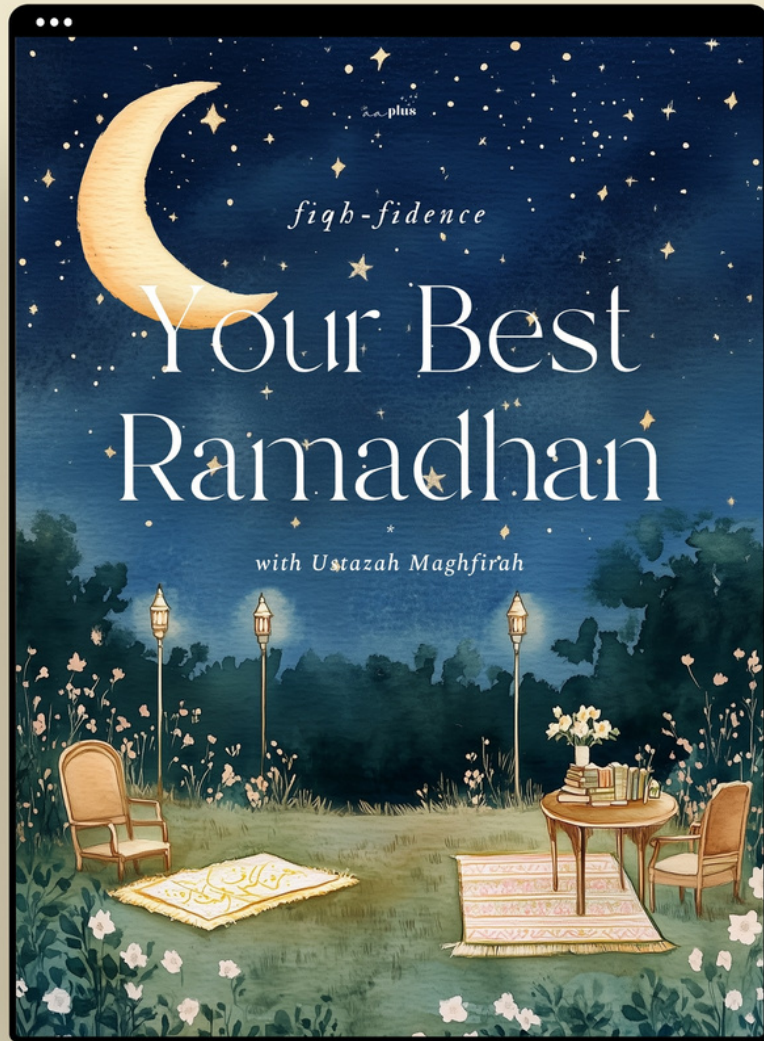
(What are some of yours? Share!)

Now that I think about it, there are so many other sources of ease that I may have taken for granted, like having [our online Zoom calls](#), being able to listen to our [Mixtapes for the Soul](#), my rice cooker (a treasured possession in Morocco, as Maghreb is the land of bread 😊), the list goes on!

Also, don't you think Ramadhan always comes around when the hearts are heavy and when the souls are tired? Now that I think about it, even the ***timing*** of Ramadhan in and of itself is ease! Allah SWT knows ***exactly*** when we need it, and with the arrival of this blessed month comes His overwhelming Mercy, Generosity, Forgiveness and many, many openings and ease!

So Champs, why don't we try to keep our Dunia affairs simple and find our eases so that we can reserve our energy to truly tackle the more important bits - to do more quality worship, to starve the Nafs, and to purify the heart. **Let's prioritise the true priority!**

ICYMI



Last week's Session with our beloved Ustazah Maghfirah on the Fiqh of Fasting was incredibly useful as we prepare ourselves for Ramadhan. All of the important and essential points of the Class have been beautifully consolidated in this PDF Notes, so do yourself a favour and take some time to read it before Syaban ends! PS: If you have any questions about fasting, feel free to reply to this email, and Ustazah will get back to you as soon as she can. ❤️

[Read PDF Notes Here](#)

a beautiful dua

Ya Allah,
please make this
faith dear to me
and beautify it
in my heart.

aqplus.co

#abeautifuldua

There is [a beautiful Ayah](#) in Surah Hujurat where Allah SWT speaks about how He has endeared Faith (Iman) to us, and how He has made faith pleasing to our hearts. It's also interesting to note that during the

Battle of Uhud, Rasulullah ﷺ made a long and beautiful Du'a with part of this Ayah in it as well. How Merciful is Allah SWT that He has softened our hearts to make this Deen dear to us? How Kind is Allah SWT that He has revived our numbed hearts so that this Faith stirs and compels us to do good? May we always find ourselves attracted and attached to good, and repulsed by everything that is evil, Amin.

visual reminder



If you've been with us for a while, you would know that we are very enthusiastic when it comes to our Zoom Backgrounds, especially when it's Ramadhan! So, before anyone asks, here are some beautiful wallpapers you can use for all of our Zoom Dates / Calls. PS: I use them for my desktop wallpapers too! :P

[Mosque](#) | [Library](#) | [Prayer Mats](#) | [Space of Sakinah](#)

road to ramadhan



I've been listening to our Ramadhan mixtape on repeat - the Zikirs, Du'as and the Surahs curated on this mixtape are the perfect length for anyone who wishes to listen to sacred reminders whilst they are working, running errands, doing your chores, etc. It's great for memorisation, too! So, if you are looking to fill up your time with only goodness, this Mixtape is a great Ramadhan companion.

[Listen to Ramadhan Mixtape Here](#)

muslim meme



The #1 Du'a for most of our Single-Lillah Champs every Ramadhan is for them to have a pious, kind, (insert all good adjectives) spouse! So of course, as your Internet Mom, know that I am definitely making this prayer for you too! :P

noble niyyahs



Ramadhan

/siyyam/

I intend to mindfully and gratefully soak the blessings of this blessed month by worshipping, remembering, praising and glorifying Him every chance I get. I intend to do this by striving to do one more good deed at a time, making one more prayer at a time, reciting one more Ayah of the Quran at a time, lengthening my Sujud one more second at a time, giving and serving to one more servant of Allah SWT at a time, with full awareness that there is no guarantee that I will get to witness another Ramadhan. I intend to come out of this Ramadhan better than how I have entered it: with a purified heart, a sharper mind, softer mannerisms, and a rested soul.

Our Ramadhan selves are not our normal everyday selves. We are powered by the barakah of this month, so may we all use this "powerful spiritual glow-up" gifted by Allah SWT to us by doing one more good deed at a time, as gently but as consistently as we can!

to ponder



Champs, if you know anyone who is alone or who wishes for extra support this Ramadhan, why not send them a "thinking of you" message, or if you can, open your doors and invite them for Iftar + Terawih? Ramadhan can sometimes be one of the loneliest times for some people, especially our convert brothers and sisters, so reach out to them ok? On that note, if you know any Sister who would benefit bring part of AA Plus this Ramadhan, but cannot afford it, drop me an email and we'll do something about it! (And if you wish to sponsor a Champ, you can reply to this email too.)

Champs, I will be sending an email for the official start date of our Ramadhan program once the baby moon is sighted, so keep an eye out for it in your Inbox, okay? ❤️ May this Ramadhan be our best one yet! Amin!

fin
X
a.

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