



## Pre-operative Instructions for Bioclear

- Remember to take any necessary pre-medication and/or your daily medications.
- **Brush and floss** thoroughly right before coming to appointment. The cleaner the teeth the easier the procedure will go.
- Bring your headphones if you'd like to listen to your music, podcast, book, etc.
- Wear comfortable clothing so you can be as comfortable as possible for long chair time.
- Please do not wear any lipstick/lip gloss or full glamour face of makeup.
- This will be a longer appointment so make sure to eat prior to coming in but try **not to drink too much liquid** due to the long chair time with minimal breaks.

Please do not hesitate to call with any questions you may have at (916) 921- 6051.

We look forward to seeing you at your appointment, thank you.