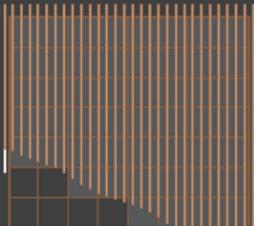


WORK REST WORK REST



Intermission

Chelsea, New York City, New York

ARCH 3500 | Prof. Kyle Kiser | Fall 2023

Partnered with Hutch Ferebee

In the bustling city of New York, finding the time for **breaks** is challenging. Interested in the importance of breaks, we researched how they can affect both the workplace and individuals. We found that

by utilizing breaks throughout the workday, people are not only more **productive** but in **healthier mental states**. We incorporated our findings into our building by implementing spaces for breaks throughout

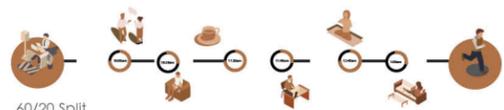
the workplace. The result is a building that separates a beautiful **mass timber** structure into easily accessible zones for both **work and play**.



Pomodoro Technique

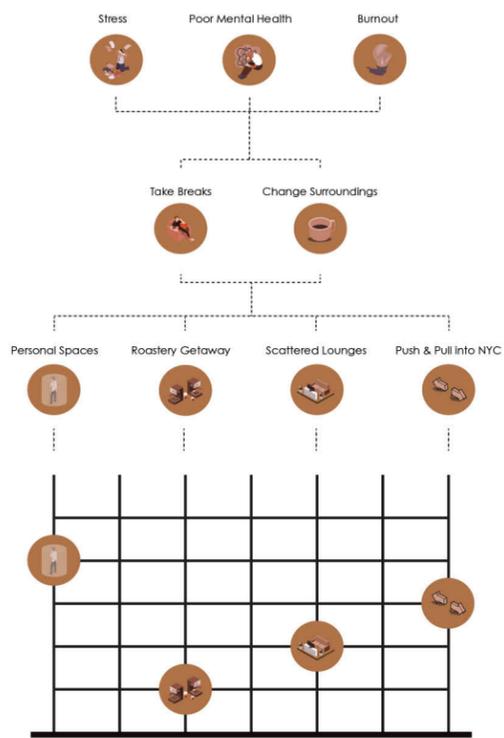


45/15 Split

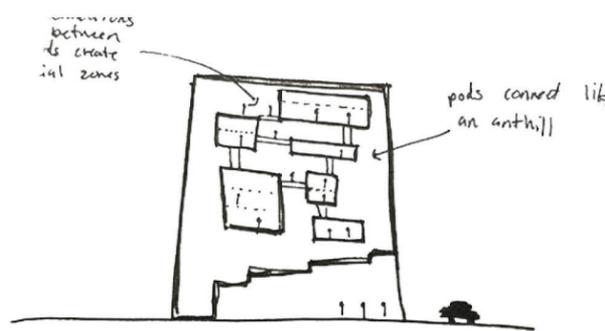
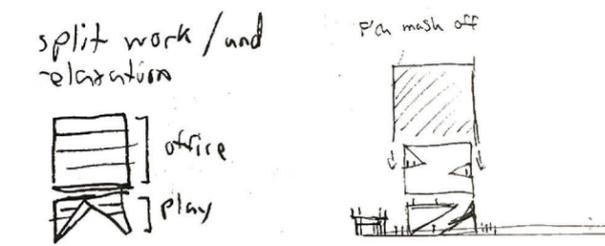


60/20 Split

Problems + Solutions

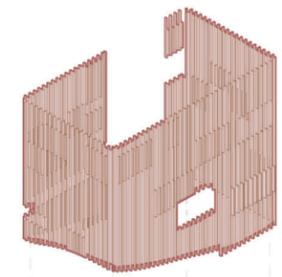


Facade from The Highline

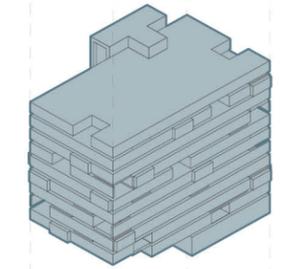


form of plaza changes to match typology of the pods

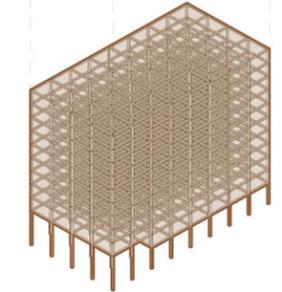
Form Finding Sketches Detailing Programming and Facade



Tulipwood Louvers



Inhabitable Space



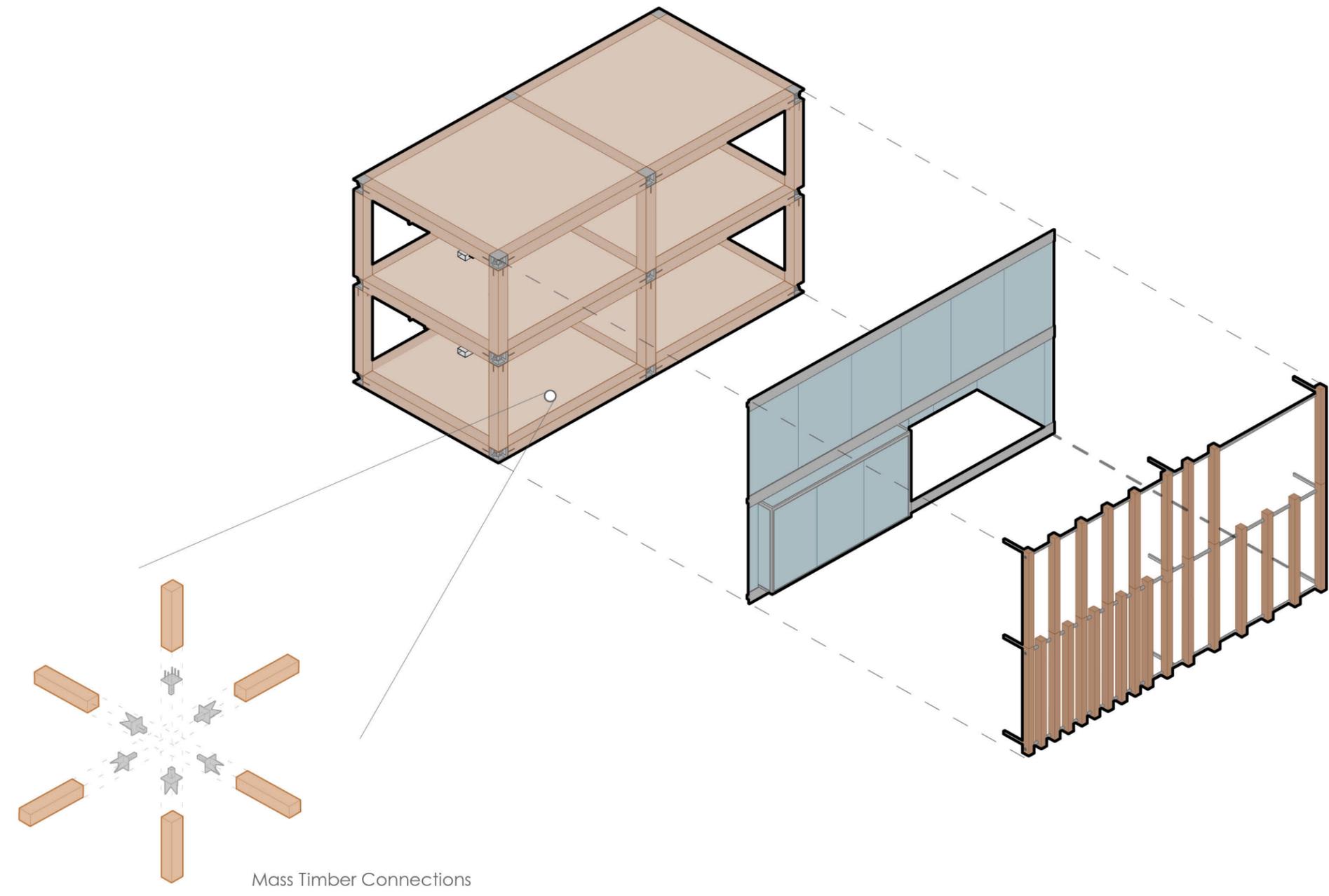
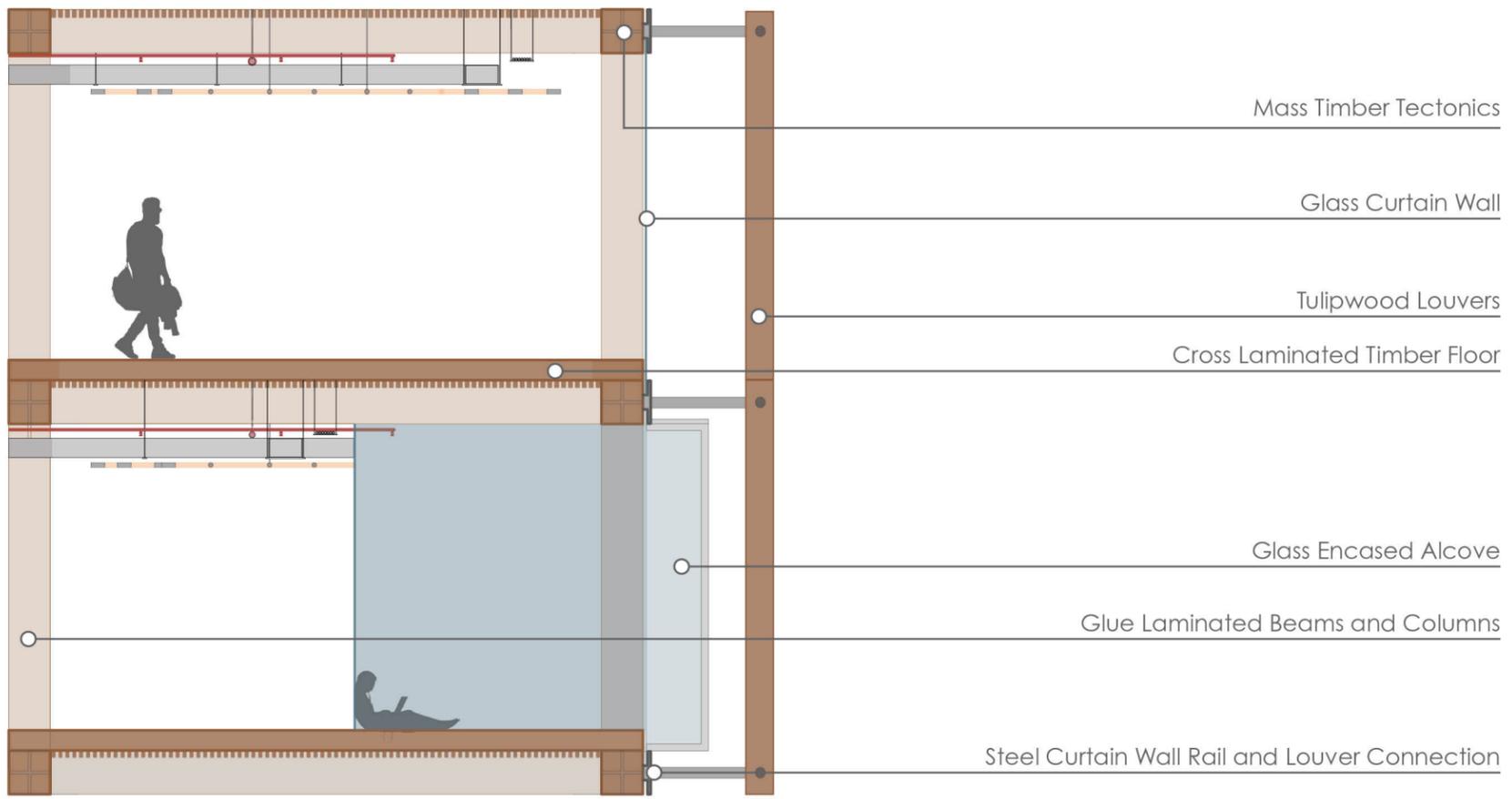
Mass Timber Grid

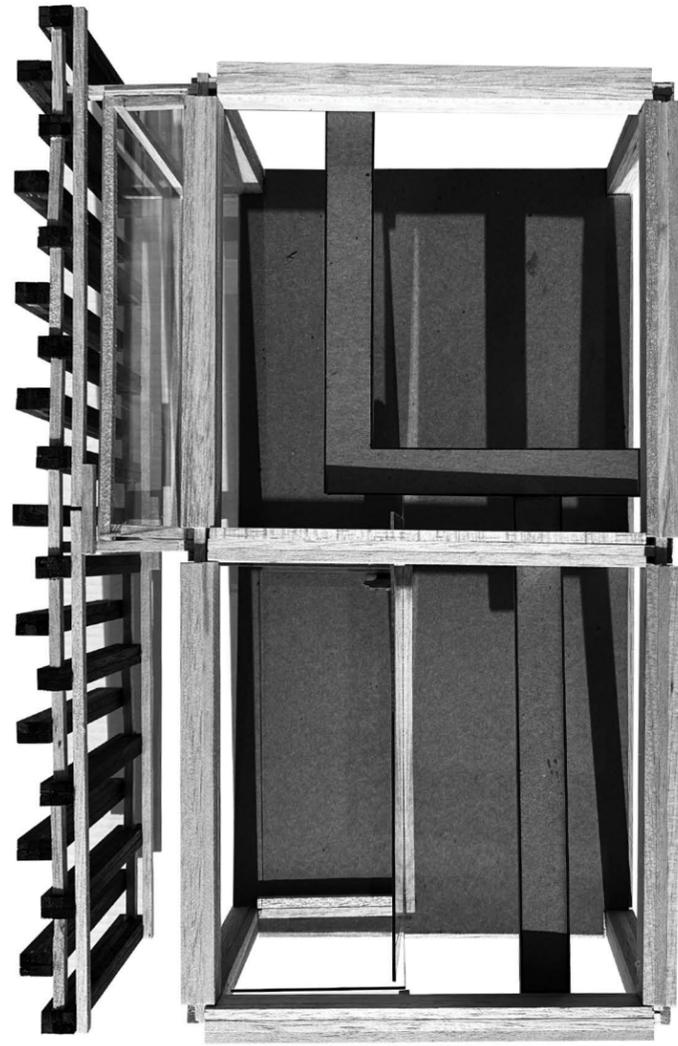


1/16 in = 1 ft
Physical Model

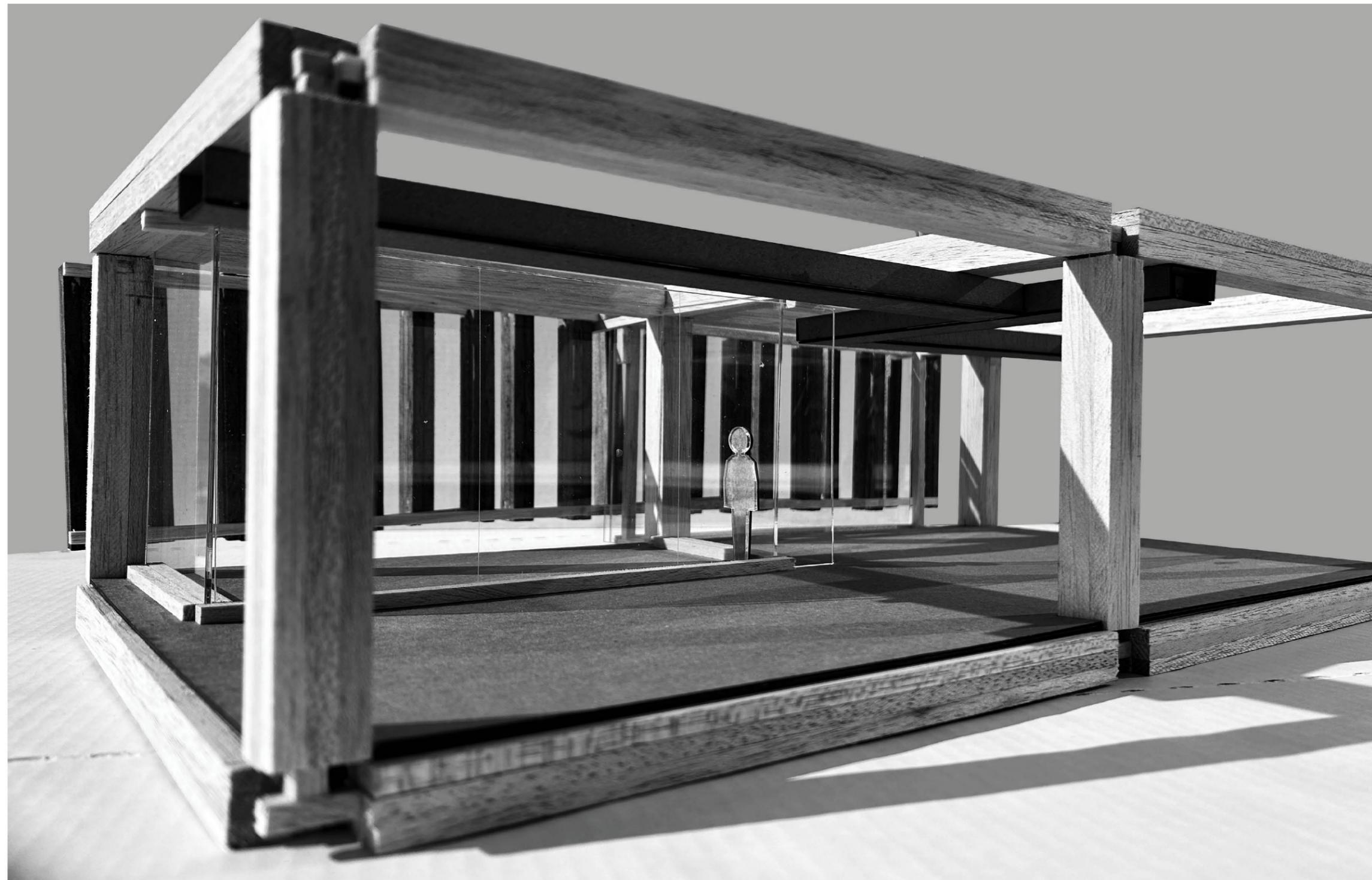
This model showcases the facade and grid structure at work. Look closely, you can identify where spaces connect vertically through holes in the floorplates.







This model details complex components such as the curtain wall and how the facade protrudes and intrudes upon the grid.



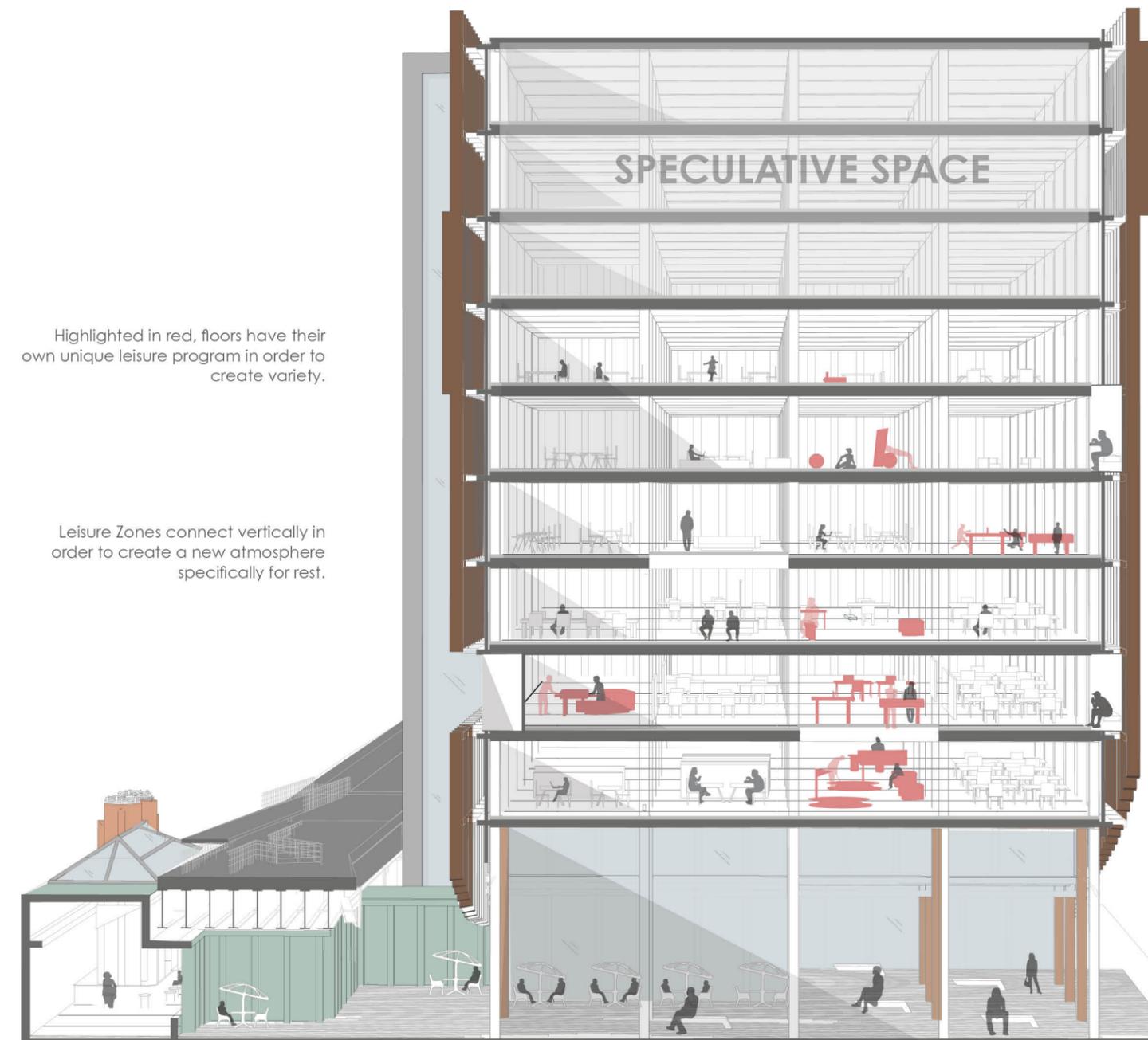


Roastery on
Ground Level

Roastery functions as an alternative work or rest program, either being a quick spot to take a break and get a cup of coffee or as a place to get some work done.

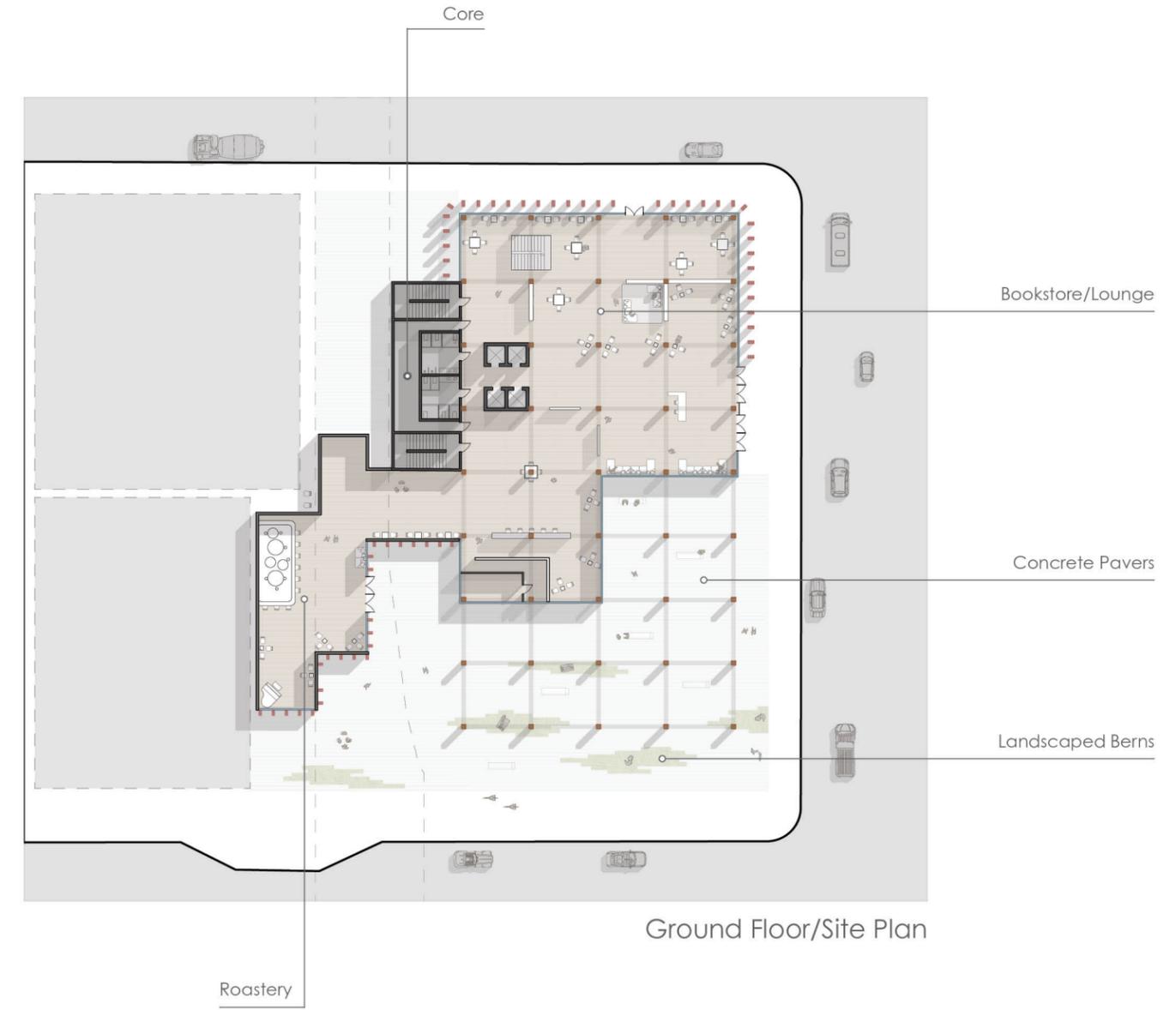
Highlighted in red, floors have their own unique leisure program in order to create variety.

Leisure Zones connect vertically in order to create a new atmosphere specifically for rest.





Urban Plaza at Ground Level

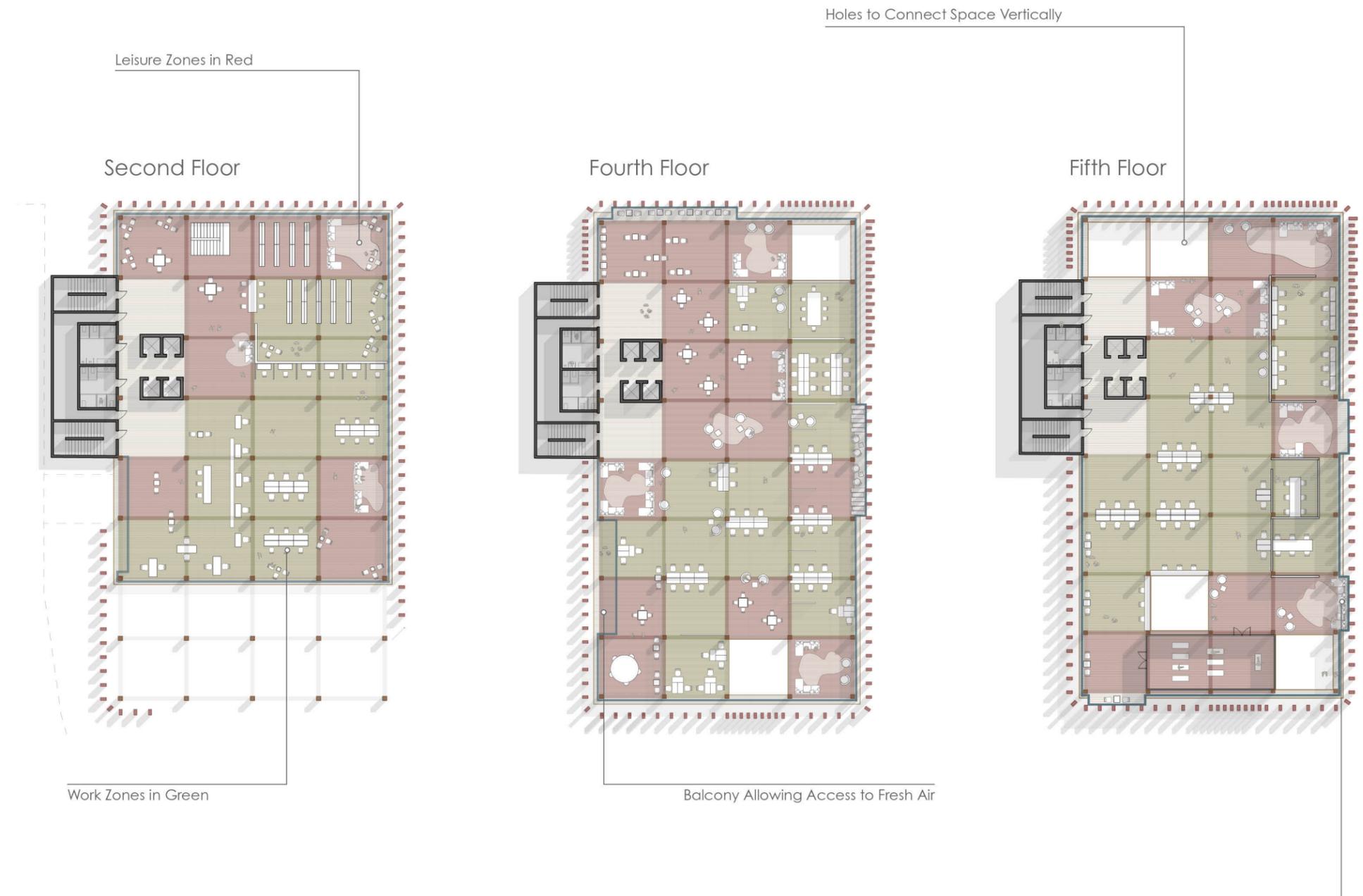


Ground Floor/Site Plan

Plaza functions as funnel in order to lead pedestrians into our ground floor programs with a typology that references the longitudinal nature of the highline rail tracks.



Rendered Perspective of Vertically Intersecting Leisure Spaces. These spaces allowed for workers to regiment their workday and prioritize the proper quantity and quality of rest.



Alcoves Creating Intimate Spaces and Panoramic Views