

EDITION
27/8/26

67

closer



**ARE YOU LOOKING FOR
PEACE? OR CONTROL?**

Because real peace is far quieter

27 Aug 2026



Closer

by aa

your curated weekly spiritual booster delivered straight to your Inbox

If your peace
depends on everything
going right,
that's not peace.
That's control.

Assalamualaikum my Champions,

There is a quote that I came across last week that has stayed with me since: *If your peace depends on everything going right, that is not peace. That is control.*

We can be praying, making du'a, and saying *Alhamdulillah* with our tongues - yet still panicking, and quietly holding our breath until the outcome that we want arrives. Or until the test results come out. Or till the message gets a reply. Or the diagnosis, the offer, or the delay resolves itself in the way we hoped.

And when it finally does, we call that relief peace.

But it was never peace.

It was just the illusion of control, granted to us for a minuscule moment.

Real peace is far quieter.

It is receiving the very answer you were dreading, and still being able to sleep that night. It is making the same du'a for the tenth year in a row, unanswered, and raising your hands again the next morning — not through gritted teeth, but with open hands. **The heart stays steady always, because its calm was never anchored to the outcome in the first place. It was rooted in the One Who owns all outcomes.**

And to be honest, I'm not writing this from a place of having it all figured out. I realised even wanting to have everything figured out is just another subtle craving for control!

So what is left for us to do?

We keep on trying. We keep on giving our sincere effort. And then we rest in the truth that Allah will carry us through. That is the whole of it. The effort is ours to give; the outcome was never ours to hold.

Champs, I'll leave you with these wise words from Ibn al-Qayyim (رحمه الله).

*"Whoever entrusts his affair to his Lord is pleased with what He chooses for him, and hands over the reins of his matters to Him is **relieved from the worries of micromanagement and the distress of anxious choice, and is spared from burdening himself with what he was never made responsible for.***

*But whoever insists on managing everything himself falls into **fatigue, hardship, constriction of the chest, and a troubled life.**"*

May Allah SWT grant us the strength to keep trying, the wisdom to release what was never ours to hold, and the clarity to know the difference. *Amin.*

coming up on aa plus:



Sept

events



You Have More Than Enough
Rediscovering abundance & contentment in a culture obsessed with more

6th Sept, Sun
8pm SG & 1pm UK
Ustazah Nur Hidayah Azman

RECORDED



Adab in Today's Digital World
Bringing Prophetic Manners to the Screen

20th Sept, Sun
8pm SG & 1pm UK
Ustazah 'Alimatunnisa Abd Ghani

RECORDED



Before the Stories Go Quiet
On preserving the wisdom your elders are still carrying.

29th Sept, Tue
8pm SG & 1pm UK
Champ Aliah Mazli

RECORDED



Champs, I am so grateful for another new month with you, In Sha Allah! I don't take it lightly - that you keep showing up, that you keep making room for this community in lives that are already full. All of our Sessions for September are recorded - come live if you can, watch the replay if you can't, and please don't let a missed session become one more thing you feel behind on. Whatever September brings us, In Sha Allah we'll be here for it, together!

[Join the Sessions here!](#)

[Sync Session to Your GCal Here](#)

icymi

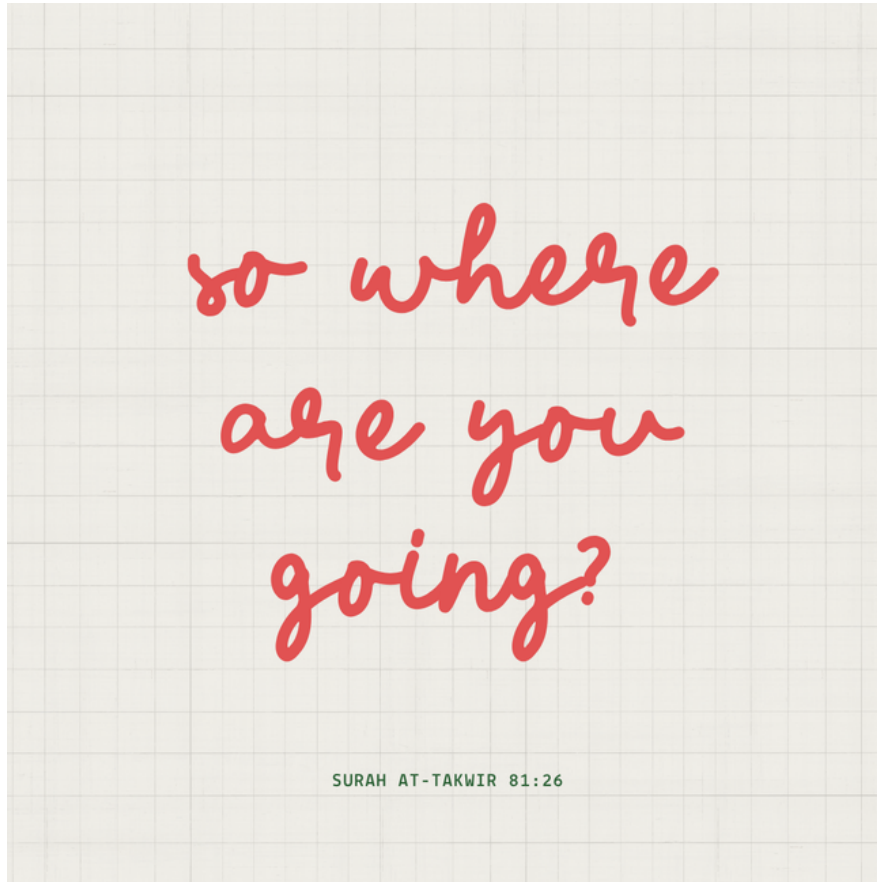


Ustazah Huraidah took us through the day Rasulullah ﷺ himself called the hardest of his life: Ta'if. It's a story for us, but Rasulullah ﷺ lived every bit of it. Ustazah's storytelling really moved my heart in the Session. Rasulullah ﷺ had walked nearly 100km on foot to bring people something beautiful, and was answered with mockery and abuse. But Rasulullah ﷺ did not complain about the people of Ta'if. He ﷺ complained about his own weakness. And when Jibril عليه السلام offered to bring the mountains down on Ta'if, Rasulullah ﷺ said no. His wounds were still open, his pain apparent, but mercy and hope were what he ﷺ chose. I think this is a session I'll go back to again and again. 🥹🥹🥹

[Watch the Replay Here](#)

[Read the Notes Here \(5 Mins\)](#)

Questions from the Quran



In Surah At-Takwir, Allah SWT opens the Surah with a breathtaking scene of the Day of Judgment: the sun wrapped in darkness, stars losing their light, mountains blown to dust, and oceans set ablaze. Everything we assume is permanent unravels in an instant. Then, Allah SWT asks a piercing question: فَأَيْنَ تَذْهَبُونَ "So where are you going?" The early scholar Abu Bakr al-Wasiti reflected on this Ayah, saying: ***"Where are you going, running from one weakness to another weakness? Return to the expanse of Allah's Lordship so your heart may finally find rest."*** This hits hard because I know my ultimate destination - meeting Allah SWT - so why do I live like someone who doesn't? It's like having a flight to Makkah and spending the entire layover in Dubai running laps around the terminal: not lost, exactly - just exhausted, endlessly busy, and nowhere near the boarding gate. :(

gratitude garden



GRATEFUL FOR QASIDAHs

During our Session with Ustazah Zahratur on Tuesday (replay coming soon, In Sha Allah!), one of the Champs asked what is the best way to get to know Rasulullah ﷺ. I really loved what Ustazah said,

"Different people fall in love differently. Find your own doorway to falling in love with Rasulullah ﷺ. For me, it's

through Qasidahs." And that resonated so deeply with me. There is something truly special about listening to sacred poetry - verses written from a place of pure, unfiltered love for our beloved Rasulullah ﷺ that soften the heart in ways words alone cannot. PS: Our [mixtapes for the soul](#) are a good place to listen to some Qasidahs sung by our

Champs!

a beautiful du'a

Ya Allah, make me
content and pleased with
Your Qadr, and bless me
in it, so that I never wish
to hasten what You've
delayed, or delay what
You've hastened.

aaplus.co

#abeautifuldua

This is actually an English translation of the beautiful Du'a made by Umar ibn Abd al-Aziz (رحمه الله) the great-grandson of Sayidina Umar ibn al-Khattab (رَضِيَ اللَّهُ عَنْهُ) and the righteous 8th-century caliph based in Damascus, often honoured for his uprightness and detachment from the world. I love this Du'a so much because most of our anxiety doesn't come from the situation itself; it comes from fighting the Divine timeline to make it match our own. We rush what Allah SWT is holding back for our protection. We dread what He is bringing toward us for our growth. **Either way, we are arguing with the timing of the One who can see the whole picture, while we can only see a tiny pixel.** But notice what the du'a is asking: for our hearts to be content, not for the timeline to move. May Allah SWT make us from those who are always content with His decree, Amin!

FIN.
X