



IMPACT

REPORT

**WELLBEING
PROGRAMS IN
MENA SCHOOLS**

2020-2022

About Us

Founded in 2020, Elggo offers schools a complete digital curriculum and evidence-based well-being program for classrooms across the MENA region.

Our Impact at a Glance

32

SCHOOLS
REACHED

12,000

STUDENTS
COMPLETED
THE PROGRAM

30%

INCREASE IN
GENERAL
WELLBEING

Our Mission

Our mission is to leverage technology and innovation to provide a comprehensive, user-friendly, and evidence-based platform that addresses the unique needs of young people. Through our cutting-edge tools, resources, and programs, we seek to empower educators, parents, and students to identify and address mental health challenges early on and provide intervention.

Our Program

Elggo is a digital solution for optimizing school-wide well-being, featuring evidence-based assessment tools for awareness, prevention, and intervention to equip students with tools for navigating lifelong mental health and promoting wellbeing.

Elggo programs align with international benchmarks like CASEL, WHO, and OECD. It also integrates the key pillars of both the KHDA well-being strategy and the UAE framework for inspection.

Elggo's curriculum was designed by a team of international and regional education and psychology researchers, professors, and practitioners to create a universal school-based program.

OUR GOALS

1

Increase student, teacher, and school-wide wellbeing

With the primary aim of the program as increasing student wellbeing, classroom sessions will facilitate & measure such changes.

Our team of psychology researchers work to assess the changes in individual general wellbeing before and after the program. Where all program results and impact reports are shared with schools on a semi-annual basis. Additionally, all data collected is encrypted and kept confidential.

2

Promote positive & inclusive school environments

The program aims to promote a socially inclusive school ecosystem and bully-free environment where students feel supported.

This is achieved by fostering a quality, inclusive, and safe bully-free learning environment, while allowing students to develop self-awareness, positive self-image, awareness of and empathy for others, healthy relationships, and problem-solving and responsible decision-making.

3

Support schools in building their mental health infrastructures

Our work with partner schools ensure that a full mental health infrastructure is set in place, where teachers, students, parents, and school administration are fully equipped with tools to support individual mental health.

This is achieved through the Elggo teacher training, program, as well as a full directory of mental health services available within the school's region.

4

Engage student, teachers, parents, and school administrations

Elggo's platform is designed to have user interface curated for student, teacher, parent, and school administration login! Our hope is to be able to provide all users with a full range of access to the tools and resources featured throughout our platform.

Measuring Changes in Wellbeing

Assessing individual wellbeing before and
after the program's administration



32

Schools
reached

12,000

Students
engaged

Statistical Analyses Method

To examine the efficacy of the Elggo for School's program, students & teachers are asked to complete psychological questionnaires pertaining to general wellbeing at different points in time.

These data points were compared using the repeated-measures ANOVA test to compute the percent change in wellbeing throughout the duration of the program.

All surveys administered were short and non-invasive questionnaires.

TESTIMONIALS

Elggo's trainings have been one of the resources I continue to revisit & use. Highly effective and supportive in managing my classroom!

Ruba,
3rd grade homeroom teacher

The program was easy to navigate and implement! Elggo's game & inquiry-based learning engaged students throughout our sessions, and in engaging with the content & resources after class.

Karim,
10th grade Advisory teacher

The program was very engaging! I really enjoyed the videos, games, & learning about everyday tools to help me manage my mental health!

Manal,
9th grade student

**THANK YOU
TO OUR PARTNERS &
SUPPORTERS!**